

Baby feeding cues (signs) Term

"I'm hungry"



Stirring



Mouth opening



Turning head Seeking/rooting

"I'm really hungry"



Stretching

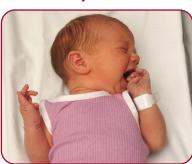


Increasing physical movement



Hand to mouth

"Calm me, then feed me"



Crying



Agitated body movements



Colour turning red

Tips to calm a crying baby

Cuddling

Skin-to-skin on your chest

Talking

Stroking

For more information refer to the Queensland Health booklet - *Child Health Information: Your guide to the first twelve months*Visit the Queensland Health breastfeeding website: https://metronorth.health.qld.gov.au/rbwh/wp-content/uploads/sites/2/2017/07/feeding-cues-term.pdf





