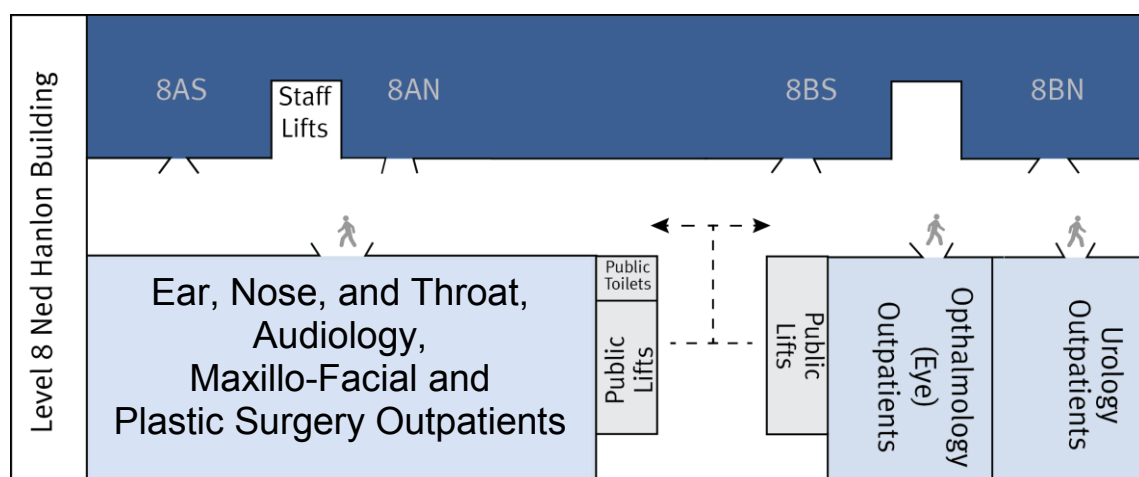


# INSTRUCTIONS FOR ALL PATIENTS BOOKED FOR ENG/VNG & CALORICS

- Your ears will need to be free of wax for this test so you will need to visit your GP to see if they need cleaning. Please do not attempt to clean the wax out yourself as you risk pushing the wax further down the ear canal and damaging your ear drum.
- Medications
  - Ideally please stop tranquilizers, sedatives and vestibular suppressants for at least 48 hours before the test. Continue other medications. However, please consult with your doctor before stopping any medications
  - If you are taking medication for your dizziness, please bring it with you as you can take it after the test if needed.
- No alcohol for 48 hours before the testing
- No facial make-up including moisturisers, foundation, powder, eye make or mascara
- Do not eat or eat a light meal 2 hours before testing
- Wear comfortable clothing
- The test will take approximately 1 hour
- There is one section of the test that can make you feel a bit dizzy. Not everybody does and it does not last very long. Our clinicians are highly trained to look after you and will explain the test procedure to you in detail at your appointment and answer any questions you might have.
  - Due to this, it is recommended that you do not drive after the test in case you feel a little unsteady. Arrange for someone to drive you home or arrange to take public transport if you can.

If you have any queries, please phone (07) 3646 1700.



Partnering with Consumers National Standard 2.4.1

Consumers and/or carers provided feedback on this publication. ID : 2290  
Reviewed: 29 / 09 / 2017

V1.0 Effective: Date 09/2016 Review: Date 09/2019