

(Formerly known as EDOS)

2 Finney Road

Indooroopilly Qld 4068

Fax: (07) 3100 7555

Intake phone: (07) 3114 0809

Contact email: QuEDS@health.qld.gov.au

QuEDS are taking referrals for our Day Program for Eating Disorders

The Queensland Eating Disorder Service (QuEDS) is government funded to provide outpatient services for eating disorder recovery, which include assessment, evidenced based individual therapy and more recently an intensive Day Program.

- **The Day Program runs over 8 weeks, four days per week, and includes therapeutic groups and supported meals facilitated by a specialised multidisciplinary team. Therapeutic groups focus on practical (e.g. food preparation), psychological (e.g. working with difficult thoughts and feelings) and nutritional (e.g. improving variety in eating) aspects of recovery.**
- The Day Program offers more intensive support for eating disorder clients who are struggling with their current level of community treatment and provides much needed meal support several days per week, while being in a comfortable residential (rather than hospital) setting
- The Day Program is publically funded with only minor costs for clients. We require participants in the Day Program to be BMI 16 or above and medically stable. We accept referrals ages 18 years and above from GP's (plus ages 16 and above through CYMHS).

How do I refer patients to the Day program

- **We require a completed referral from a GP which can be faxed (07 3100 7555) or emailed to QuEDS@health.qld.gov.au.** Referral forms are available from QuEDS (ph: 07 3114 0809 or via the QH intranet or internet sites).

