



## Risk factors for central venous access device failure: an analysis of 1893 catheters

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### Purpose

Central venous access devices (CVAD) are a vital medical device but develop complications necessitating removal.

We examined risk factors for CVAD failure in hospitalised patients  $\geq 16$  years.

### Methods

In this secondary analysis of data from a 10-site RCT assessing IV administration set change frequency, central line-associated blood stream infection (CLABSI), occlusion and dislodgement were examined.

Cox proportional hazards regression models were informed by Bayesian information criteria.

### Results

1893 CVADs were included: 814 non-tunnelled CVADs, 757 peripherally-inserted central catheters (PICCs) and 322 tunnelled CVADs.

#### Factors associated with increased CLABSI:

- Mechanical ventilation (HR 1.70,  $p=0.047$ )
- Administration of blood products (HR 1.70,  $p=0.045$ )

#### Factors protective of CLABSI:

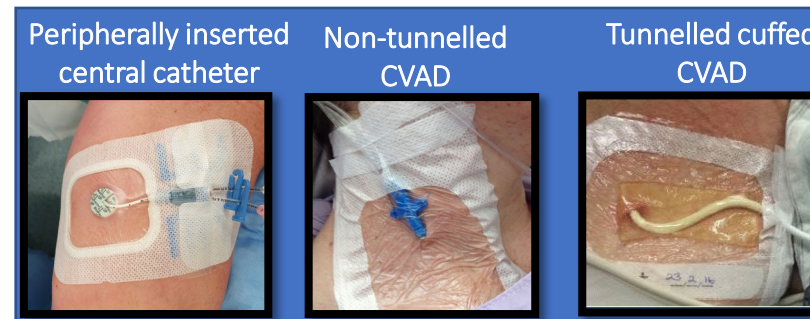
- PICC insertion compared to jugular or subclavian CVAD (HR 0.46,  $p=0.01$ )

#### Factors associated with higher risk of occlusion:

- Administration of propofol (HR 2.49,  $p=0.01$ ) and insulin (HR 2.82,  $p<0.01$ )

#### Factors associated with increased dislodgement:

- Insertion in other hospital (HR 10.59,  $p=0.003$ )



### Conclusions

Modifiable risk factors for CVAD complications have been identified.

- Enhanced infection prevention vigilance is required during CVAD care in mechanically ventilated patients and those receiving blood products.
- Increased CVAD securement is needed in patients requiring inter-hospital transfer.

These findings inform practice change to reduce preventable CVAD complications and improve patient outcomes.