



## The delivery of patient centred dietetic care in subacute rehabilitation units:

### A scoping review

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#### Introduction:

- Patient centred care (PCC) is a fundamental component of rehabilitation.
- National standards also advocate for the delivery of patient centred nutrition care (PCNC).
- So, what literature is available to support patient centred dietetic care delivery in rehabilitation units?

#### Methods:

- A scoping review was completed as per the JBI guidelines and PRISMA-ScR checklist.
- Published and unpublished literature was searched.
- Data was extracted to describe the article, study design and outcomes, as well as how PCC was defined, measured and delivered.

#### Results:

- 675 studies were identified with 6 included for data extraction following a screening process.



Information was considerably  
lacking re: the conceptualisation  
and delivery of patient centred  
dietetic care in rehabilitation.



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#### Findings:

- Documentation was lacking re: the conceptualisation and delivery of dietetic PCC.
- None of the included studies detailed how PCNC was delivered, nor defined or measured PCC.
- One provided indicators for patient centred dietetic services and another mentioned the measurement of “patient centred outcomes”.



#### Conclusions/Future Directions:

- This review highlighted a gap in the literature and raised the question: is the delivery of nutrition care in the rehabilitation sector genuinely patient centred?
- An ethnographic study is planned to further investigate the delivery of nutrition/mealtime care in this setting.
- This will explore the patient-centredness and interprofessional nature of nutrition care.