HERSTON HEALTH PRECINCT SYMPOSIUM 2021

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Hospital nurses' perspectives on assessing and responding to elder abuse

"It can be a picture that's grown over time. Because you see relatives coming in and you can see changes in behaviour... They're just not the person they were".

Purpose:

Nurses caring for hospitalised older people are in a unique position to identify elder abuse. This study investigated how nurses at RBWH currently detect, assess and respond to elder abuse.

Method:

Focus group interviews were conducted with ward nurses and nurse educators (n = 19) working in both acute and subacute care at RBWH. Transcribed interviews were coded and analysed thematically.



"I get told things that no-one else gets told because I've got the time to sit there. And I often get them to talk about themselves first."



Results:

Primary themes identified included:

- Perceived 'flags' for elder abuse
- Challenges in substantiating abuse
- Importance of relationship building and privacy to elicit disclosures of abuse
- Dealing with uncertain outcomes

Difficulties encountered in substantiating abuse were often compounded by organisational factors and time constraints. Having the time to build a relationship with the older person enabled a more comprehensive assessment of risk factors, but for those working in fast-paced wards this was not always possible.

Conclusion:

Relationship-based care is enabling nurses to detect elder abuse in the hospital setting.

This approach may afford opportunities for planning interventions and timely referral to social work or other advocacy services for older people at risk of abuse or neglect.

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