



Eating Disorders in the Emergency Department: Nutrition is the Prescription

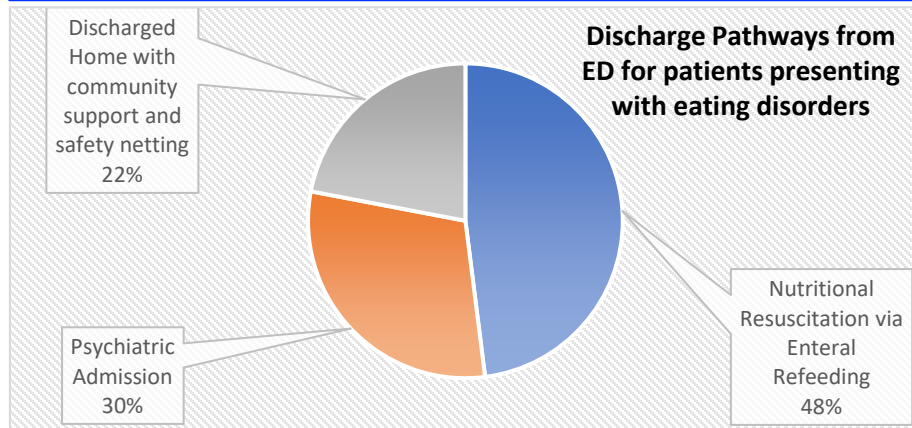
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Background: An anecdotal observation was made that patients requiring refeeding were experiencing extended waits for formal treatment to commence. Auditing confirmed that patients were waiting an average of 11 hours for enteral refeeding to be commenced. This data formed the foundation of the EDs in the ED Quality Improvement Project.

Patients Presenting to RBWH ED with Eating Disorders:
~26 a month



Intervention

Formation of a working group
Targeted education
Pathway clarification
Early identification at Triage

Clinician chart packs
Equipment box
Distraction therapy
Patient brochure

Pre and post intervention results

35 minutes to complete
assessment including blood
collection

375 minutes to commence
enteral refeeding

Goal = 60 minutes

Goal = 240 minutes

Initially = 90 minutes

Initially = 660 minutes

*Based on July 2021 Audits