Tubulointerstitial diseases



Step 1

Document the following clinical information to assist in phenotyping:

- Kidney function
- Blood biochemistry
- Urine analysis
- Kidney imaging
- Kidney biopsy, where indicated
- Extrarenal features
- Family history of kidney disease, including kidney phenotype

For patients with a negative or unknown family history:

If possible, assess the phenotype of both parents with kidney imaging, urine analysis, and kidney function testing.

For patients with a positive family history:

If a family member has had genetic testing and a disease-causing variant has been identified:

- Do not proceed to genomic testing
- Refer to Genetic Health Queensland to discuss targeted confirmatory genetic testing

Consider genomic testing if there are any of the following indications for testing:

- Diagnostic uncertainty
- Genotype-specific management
- Family planning
- Risk clarification for family
- Transplant planning (particularly if donor is a blood relative)

Step 2

The following are the key clinical diagnostic features from investigations:

Urine

Bland

Imaging

- Normal
- Microcysts
- Medullary cysts
- Increased echogenicity
- Decreased corticomedullary differentiation

Biopsy

- Tubular atrophy
- Interstitial fibrosis

Blood

- High urate
- Low Mg²⁺

Step 3

The following pathway guides genomic testing based on family history, suspected inheritance pattern, and extrarenal features.

