

Think about what is important to you



Know your healthcare team



Tell your healthcare team what is important to you



Set goals for your care

It helps your healthcare team support you

Ask for the information you need to understand



You can have several goals



Share decisions about care and treatment choices



Goals can change everyday



Thanks to the Australian Commission on Safety and Quality in Health Care for this resource, which has been adapted for use by RBWH consumers.

For more information, ask your healthcare provider or visit safetyandquality.gov.au/care-goals