## Musculoskeletal Physiotherapy Screening Clinics and

## **Multidisciplinary Service (MPSC & MDS)**

Welcome to the **RBWH Physiotherapy Department.** You will be seeing one of our highly trained physiotherapists who will create a plan with you to help with your spine or joint condition.

## How our service works:

- 1. Your doctor has asked for a review of your spine or joint condition.
- 2. The RBWH MPSC & MDS works **together** with the surgeons to see many patients like you.



- 3. You will be contacted to have an appointment with a **highly trained physiotherapist**. They will **create a plan with you**, to help you.
- 4. Your plan may include non-surgical treatment with our team of health professionals and/ or involvement of surgeons.

## How to prepare for your appointment:



- 1. The average waiting time for an appointment is: 2-6 months
- 2. See the 'Getting to the RBWH' sheet for information about parking and transport.
- 3. Wear **comfortable and loose clothing**. Depending on where your pain is, your physiotherapist may ask you to remove clothing so they can assess you properly.
- 4. You're welcome to bring a **family member, carer or support person** into the appointment with you.
- 5. You're welcome to ask your physiotherapist **any questions** about your condition. It is a good idea to think of some before your appointment.

**If you have any questions** or would like further information, scan the QR code or please contact:

Musculoskeletal Physiotherapy Screening Clinics and Multidisciplinary Service, RBWH

**Tel:** 07 3646 4464 (Mon-Fri 7:30am to 4pm)

Email: SPSC-RBWH@health.qld.gov.au



