

## Keeping you and your baby healthy and germ-free

Wash your hands before handling your baby and after nappy changes.

Limit close contact of visitors with your baby, especially people with coughs, colds, rashes, sores, or who have been in contact with people with infectious diseases.

## Grantley Stable Neonatal Unit (GSNU)

If your baby is admitted to the Grantley Stable Neonatal Unit and you are still in hospital, the nurses looking after your baby will keep you up to date about your baby's health and progress. You are welcome to call the nurses anytime, to ask about your baby. If you are well and able to walk, you can visit your baby at any time. The nursery staff will give you an access code for the nursery's secure door. Please let your midwife on 6B know when you are visiting your baby so you can plan for when any medications, pain relief or observations are due. Your midwife can arrange a wheelchair for you, if needed.



## Visitors

We welcome all visitors and support persons to Women's and Newborn Services.

To ensure a safe and supportive environment during your birth experience, we encourage you to discuss your preferences for the number of visitors in the Birth Suite and Birth Centre with your midwife, who will work with you to create a calm and positive atmosphere during this special time.

We welcome and support flexible visiting arrangements and your partner is encouraged to be present and to participate in the care of you and your baby. On some occasions not all requests may be supported. Your partner is not able to stay overnight unless in special circumstances when, if possible, you will be accommodated together in a single room. These rooms are limited in number.

Visitors/partners should be considerate and not disrupt other patients rest, activity, or privacy. The number of visitors in a shared room may be limited at times to ensure that other patients' concerns are considered.

Limiting your visitors may allow you to make the most of the midwifery support that is available to you in hospital and ensure you are able to rest and recover.

# You and your baby's safety in hospital

Information for parents on what you need to know to stay safe and secure in hospital.



Keeping you and your baby safe in hospital is a priority. Partner with us, as together we play an important role in keeping you and your baby safe and well cared for during your time with us.



Consumers contributed  
to this information.

## Concerns

Report any safety or security concerns to your midwife or nurse. If there is an emergency, press the red emergency button located in your room.

Alert your midwife or nurse to any family issues, such as disputed paternity or custody, which could cause security problems.

## Rooming-in

Rooming-in with your baby is standard practice in hospital. It allows you to stay close to your baby and respond to your baby's cues and helps develop confidence in handling your baby.

It is important **if you feel tired to place your baby in the cot** to avoid the baby rolling from the bed/chair to the floor if you fall asleep.

## Bed sharing & co-sleeping.

Sharing a sleep surface with a baby is not safe in hospital. It can increase the risk of sudden unexpected death in infancy (SUDI), including sudden infant death syndrome (SIDS) and fatal sleep accidents. The safest place to sleep a baby is in their own safe sleeping place in the same room as an adult caregiver. For more info visit [www.rednose.com.au](http://www.rednose.com.au)



Find out more

## Supervision

**Your baby must always be supervised.** You should take your baby with you, in the cot, when you go to the shower or toilet, unless you have a support person with you.

If you need to leave the ward, please discuss alternative arrangements with your midwife or nurse, or arrange a family member to care for your baby.

If your baby requires any tests or treatment outside of the ward, a midwife/ doctor will accompany them. We always recommend you or your partner go with your baby.

Whilst your baby is a patient of the hospital, we recommend your baby stays within the ward. If you have visitors, you are welcome to use the Parent Lounge.

We recommend you:

- use the cot to change your baby's nappy or clothes (not the bed)
- use the cot to transport your baby within the ward area.
- avoid carrying your baby in your arms within the ward area.
- avoid drinking hot fluids while holding your baby.

## Safety & security in the hospital

Ward 6B and the birthing areas are secure units. If you are admitted to 6B, you will be issued with a unique code, which your visitors will need to enter the ward. At night, the code system is turned off. If you leave the ward at night you will need to be buzzed back into the ward.

## Identification

Your identification (ID) band will ensure you receive the right care. Make sure the details on it are correct. Staff will check your ID before giving you medication and before you undergo tests, procedures, or therapies.

Your baby always requires two name bands and micropore tape identification (on baby's back) – please notify your midwife immediately if either becomes loose or falls off. The micropore tape can be gently removed in the bath in the first few days following discharge.

**If your baby has been away from you, it is important that your baby's arm bands, and back tag are checked with your own ID band when you are reunited.**

Your baby's ID will be checked against your ID prior to discharge. Please do not remove any forms of ID until you have left the hospital.

While in hospital your baby will be identified by mother's family name. However, when registering the birth, you may choose to use mother or father's family name.

All staff caring for you and your baby will be wearing visible ID – if you don't know who someone is, please ask.