

Infant CPR

D.R.A.B.C.

01 DANGER

- Check to make sure the area is safe!



02 RESPONSE

- Call out to your baby, gently squeeze their toes.
- If there is no response, call "000"



03 AIRWAY

- Check your baby's mouth for food, vomit, or blood.
- Put your little finger in their mouth to clear any blockages



04 BREATHING

- Look to see if the chest is moving up and down, listen for air coming in and out of your baby's mouth or nose, feel for movement of the chest or air against your cheek.
- If your baby is not breathing or breathing in gasps, put your baby on their back, support your baby's head with one hand on their forehead and cover your baby's nose and mouth with your mouth. Gently puff into your baby's mouth until the chest rises.
- Give two puffs.
- If your baby starts breathing, place them on their side and wait for the ambulance.
- Keep checking that they are still breathing.

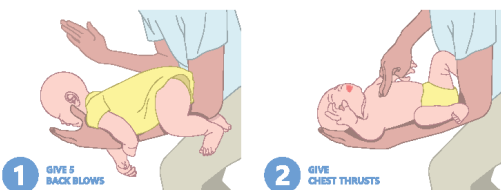


05 CPR

- If your baby is NOT breathing after 2 puffs, start CPR.
- Place 2 fingers on their sternum, just below the line of their nipples.
- Press down about 1/3 of the depth of their chest.
- Do 30 compressions then give 2 breaths.
- Repeat the cycle – 30 compressions to 2 breaths.
- Keep going until the ambulance arrives or your baby starts to breath.



CHOKING FIRST AID FOR INFANT



REPEAT STEP 1 AND 2 UNTIL THE OBJECT IS EJECTED OR THE PERSON FORCEFULLY COUGHS

DIAL FOR AN AMBULANCE IMMEDIATELY IF THE OBJECT HAS NOT DISLODGED AFTER 3 REPEATITIONS OF STEP 1 AND 2

- If your baby is not crying, coughing, or breathing, put your baby face down over your arm or on your lap.
- Give 5 back blows.
- If your baby does not start breathing, turn them face up and do 5 thrusts on their chest, just like you would for CPR.
- If your baby is still not breathing, start CPR and call 000.
- Keep doing CPR until your baby starts breathing or the ambulance arrives.

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Consumers contributed
to this information.