

Do you experience any of the following:

- Period worries, including Polycystic
 Ovarian Syndrome (PCOS)
- Menopause symptoms
- Pelvic pain including painful periods, painful sex, endometriosis
- Bowel or bladder leakage

- Pelvic organ prolapse
- Contraception concerns
- Other vaginal or vulval worries
- Dietary concerns for any of the above

See your GP for a referral to our service. For more information call or text 0476 842 686.







This initiative is supported by the Aboriginal and Torres Strait Islander Leadership Team, Metro North Health







