

## Some useful websites for more information:

National Prescribing Service

<http://www.nps.org.au/>

Heart Foundation

<http://www.heartfoundation.org.au/>

National Asthma Council

<https://www.nationalasthma.org.au/>

Lung Foundation Australia

<http://lungfoundation.com.au/>

Diabetes Australia

<https://www.diabetesaustralia.com.au/>

Arthritis Foundation

<http://www.arthritisaustralia.com.au/>

Arthritis & Osteoporosis Queensland

<http://www.arthritis.org.au/>



Redcliffe Hospital Pharmacy  
Metro North Hospital and Health Service  
Anzac Ave, Redcliffe QLD 4020

Ph 07 3883 7465

Appointment  
Day/Date \_\_\_\_\_

Time \_\_\_\_\_

## PREVENT Clinic (Pharmacist Review and Evaluation of Existing and New Therapies)

Ensuring best use of your medicines to achieve better health outcomes

Redcliffe Hospital Pharmacy  
Metro North Hospital and Health Service



## What do we do?

We are providing a medication review for people who take a lot of medicines and may be at risk of experiencing side effects or bad reactions from their medicines.

We will arrange an appointment to speak to one of our experienced pharmacists to discuss each medication with you and what you are taking it for.

If you have any difficulty managing your medicines we can provide some tips on how this can be made easier.

We will provide you with a current list of your medicines to help keep track of your doses and improve your understanding of what they are for.

## Why is this important?

Medicines can be the cause of many hospital admissions.

Side effects from medications can deter people from using them as prescribed and there may be better options or ways of managing these side effects.



Some devices like inhalers or injections can be difficult to use.

Understanding your medicines and the risks and benefits of them may help you discuss your concerns or health goals with your doctor.

## Why have you been referred?

- Taking more than 5 medicines (or 12 doses) every day
- Forget to take your medicines occasionally
- There were many changes to your medicines while you were in hospital
- Difficulty managing some of your medicines, devices or containers
- Multiple medical conditions

- You may have previously experienced side effects from medicines
- Would like further information about your medicines
- Prefer to avoid taking medications
- Swallowing difficulties
- Vision impairment
- Dexterity difficulties
- You would like your family or carer to learn more about your medicines
- Potential interactions between your medications
- You are taking medications that need close monitoring
- Any other reason