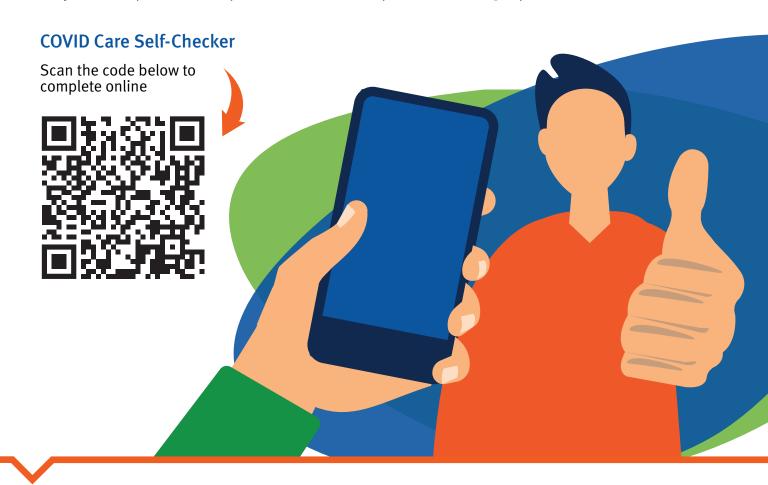# Check your COVID-19 symptoms

If you've got COVID-19 or you've got COVID-19 symptoms, you can assess your own symptoms to find out what care, if any, you might need. You can do this even while you're waiting for your COVID-19 test results.

Complete the online COVID Care Self-Checker at **www.qld.gov.au/health/covid-self-checker**, or call the National Coronavirus Helpline 24/7 on 1800 020 080. Call the helpline if you need an interpreter or want to talk to a person about you or someone you care for.

Remember, if you have COVID-19 you'll need to take a number of steps to protect your family, the community and manage your health.

COVID Care Self-Checker

Scan the code below to complete online

Queensland Government