

# The Rehabilitation Team

When you are admitted to STARS you will work with a multidisciplinary team throughout your admission. The team will work with you to identify and achieve your goals.

Your support people (i.e., family and friends) are also part of your team. It may be appropriate for them to be involved in your therapy session, however sometimes, it might be important for just you and the health professional to work together.

The rehabilitation team includes:

**Consultant Rehabilitation Medicine Specialist** – they have overall responsibility for the management of your rehabilitation journey

**Registrar and Intern or Resident Doctor** – they help to manage the day-to-day medical care whilst you are an inpatient along with the Consultant Rehabilitation Medicine Specialist

**NUM, CNC, and Ward nurses** – The Nurse Unit Manager is responsible for the ward and can be your contact point to raise concerns with your care. The Clinical Nurse Consultant is a specialist nurse who will help support you and the team throughout your rehabilitation. The ward nurses provide 24-hour care through your admission. They will provide your medications, encourage independence, and provide education to you and your support people

**Physiotherapists** – they are specialists who deal with the physical problems caused by your injury or illness in order to maximise physical functioning

**Speech Pathologists** – they assess and treat and communication and/or swallowing difficulties to get you talking, understanding, and eating better

**Occupational Therapists** – they have expertise to improve or maintain independent functioning in all aspects of daily living

**Dietitians** – they are experts in food and nutrition. They will support your recovery and rehabilitation by assessing and monitoring your nutrition status and providing tailored nutrition advice based on your individual goals

**Social workers** – they provide a wide range of social services including support, information, referral and counselling. Social workers will also assist you with discharge planning and ensure you are linked in with appropriate community supports and organisations

**Clinical Psychologists** – they help you and your support people understand your physical illness by assisting with grief, stress, worry and mood

**Neuropsychologists** – they provide assessment and treatment recommendations if you are experiencing difficulties with aspects of behaviour and thinking abilities

**Rehabilitation Engineers** – they provide advice, build, or modify assistive technology and mobility equipment to suit patients' personal needs

**Pharmacists** – they check your medications and provide you with advice on discharge

**Orthoptists** – they specialise in the assessment, diagnosis, and non-surgical management of eye disorders. They may provide management programs for those with conditions including double vision or visual field impairments as well as aiding in the rehabilitation of impaired vision.

**Prosthetists** or **Orthotists** – they assist with making and fitting splints or braces, if required

**Clinical Assistants** or **Allied Health Assistants** – they assist the allied health professionals in providing you with safe and high-quality therapy and support that you need

**Student health professionals** - STARS is a teaching hospital and as such a wide range of students who are on their clinical placements at STARS may also be part of your team.

## Contact Details

**STARS General Enquiries:** 07 3647 7111

## More Information

