

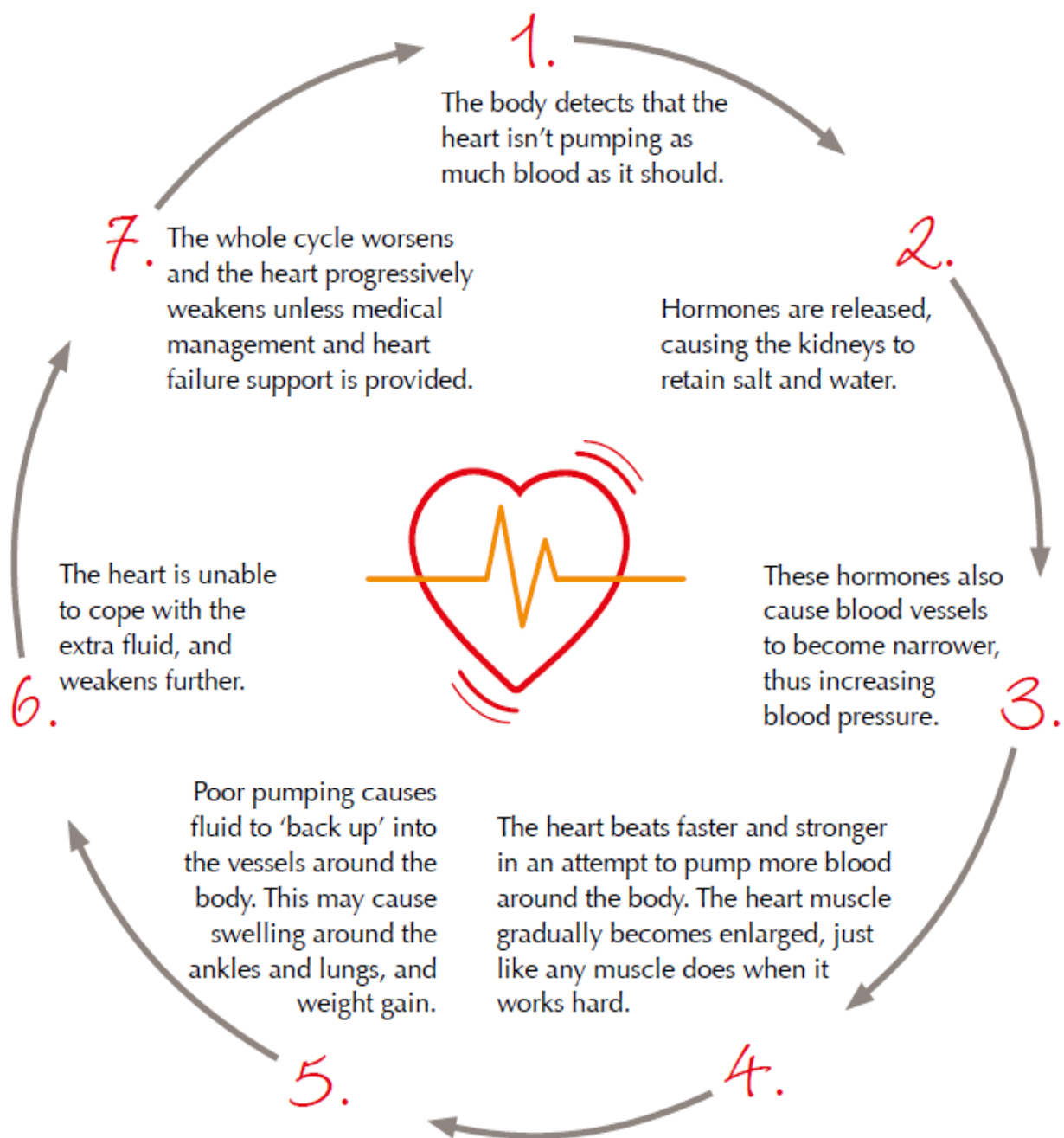
Daily Weight Diary



Managing Your Heart Failure

The heart failure cycle

Following the initial 'trigger' for heart failure (e.g. heart attack), the heart has difficulty delivering sufficient blood throughout the body. The body's attempts to fix the problem ultimately become counter-productive. The diagram below illustrates the sequence of events and the vicious cycle that often occurs.



Your Heart Failure Support Service

