

The Prince Charles Hospital
Metro North Hospital and Health Service


Electrophysiology (EP) Laboratory



Important information about your procedure

The Prince Charles Hospital
Rode Road
Chermside, QLD, 4032
Ph: (07) 3139 4000





The Vision of The Prince Charles Hospital is to *“Operate at the leading edge of care, practice and service, and to extend these boundaries for the benefit of patients through service, education and research.”*

The Prince Charles Hospital is one of the largest cardiac units in Australia. It is the key provider of heart-related medical services, teaching and research for Queensland, Northern New South Wales, Northern Australia, and a large area of the Pacific region.

Preparation for coming into hospital

- Patient questionnaire

In your admission pack, you will find a patient questionnaire. **Please complete it immediately and return it to the hospital in the envelope provided.** The booking nurse will contact you regarding any issues. Some people need to attend a Preadmission Clinic (PREAC) before their procedure. If so, the appointment time for this will be on your letter.

Tests

You may be required to have a chest x-ray and blood tests prior to your procedure. Please make arrangements with your local doctor to have these done. An information sheet is provided in your admission pack for your doctor.

Allergies

If you are **ALLERGIC TO LATEX**, please contact the Electrophysiology Booking office on (07) 3139 5243

Medications

Continue to take all your regular medications as prescribed by your doctor unless otherwise instructed. If you are unclear about whether to stop a particular medication, please contact the electrophysiology booking office on (07) 3139 5243.

NOTE: You **DO NOT** need to stop taking your aspirin or Clopidogrel.

If you are on **WAFARIN, CLOPIDOGREL, ISCOVER OR PLAVIX** and have not received instructions regarding these medications, return the questionnaire from this admission pack and the booking nurse will contact you with instructions.

Fasting

Your admission letter will have instructions about when to stop eating and drinking before your procedure. This will be confirmed at your preadmission clinic appointment or via phone if you do not have a preadmission clinic appointment. Please take your morning medications with only a sip of water.

If you need to stay overnight

Your admission letter will indicate if you are staying overnight. Occasionally, you may find that you are unexpectedly admitted following a procedure.

What to bring to hospital

- Your Medicare card.
- A list of current medications and doses.
- Recent X-rays and recent blood test results, plus any other recent test results.
- **A SMALL** overnight bag and toiletries in case a stay in hospital is necessary. Small secure lockers are available for your belongings however *please leave all your valuables at home.*

Directions and Parking

The Prince Charles Hospital is located on the corner of Rode Road and Webster Road, Chermside. Vehicle access to the main hospital entrance is via Rode Road. Paid parking is available in the multi-storey car park facility, located adjacent to the main hospital entrance.

Upon arrival at The Prince Charles Hospital

Please enter via the main entrance. Note that an information desk is located inside the front doors. Attendants can assist you if required. Proceed toward the lifts and turn right into the main hospital corridor. The Cardiac Investigations Unit (CIU) reception is located on the left side along the corridor. On arriving at CIU reception, please inform the receptionist.

Preparation for going home after your procedure

- You will not be able to drive any type of vehicle home.
- You will require a responsible adult to be with you once you are home, to provide assistance after the procedure.
- It is important that you rest quietly on the day of the procedure.
- Before you leave the hospital, you will be given discharge instructions and information regarding activity and driving.

continued overleaf



Visitors

On the day of your procedure, no relatives or visitors are able to stay in the unit. Once the procedure is completed, you will be able to phone your contact person. The Electrophysiology Booking Office is unable to provide information regarding the procedure or the patient's condition.

Cigarette smoking

If you are currently smoking, we recommend that you stop immediately. If you need assistance doing this:

- contact your GP or
- the QUIT line on 1300QUIT (137848) or
- go to www.health.qld.gov.au/quitsmoking/

Accommodation

It is your responsibility to make your own travel and accommodation arrangements. Please refer to the Accommodation Information sheet included in your admission pack.

If you live outside the Brisbane area, the Patient Travel Department of your local hospital will be able to assist you. If you need assistance with your arrangements, contact the Social Work Department of your local hospital or speak with your local doctor.

Some useful hospital facilities:

Breeze Café: Located on the ground floor of the hospital

Internet services: Located in the Breeze Café

ATM: Located in the main hospital foyer

Phone charging facility: Located in the main hospital foyer

Public telephones: Located in the main hospital foyer

Taxi phone: Located in the main hospital foyer

Your Questions: (Please use this space to write any questions you may want to ask)