



Restorative Practice in the Community Mental Health Service Teams at The Prince Charles Hospital (TPCH) and the SMHRU

RESTORE

REPAIR

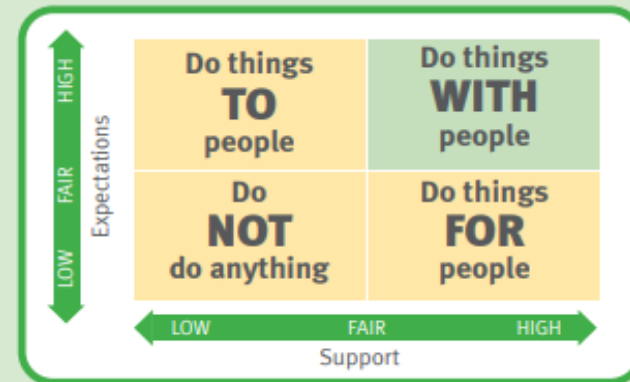
RELATIONSHIPS

Restorative practice principles

- Restoration – those most impacted involved
- Voluntary
- Non-judgemental – supportive to all participants
- Safety – do no further harm
- Accessible – Empowerment and participation
- Do with (not 'for' or 'to')
- Respect

Social discipline window – the restorative framework

Adapted from Paul McCold and Ted Wachtel



Restorative practice continuum

AFFECTIVE STATEMENTS

- Brief 'I' statements about how others affected by behaviour
- Inserting feeling and impact of behaviour into statement
e.g. "I'm worried when you use that language that it is hurtful for others"
See poster for more details.

AFFECTIVE QUESTIONS

- One step further - asking 'who' was affected and 'how'
- Using the Restorative Questions card with the person who caused harm (Qs 1 on card), and separately with the person harmed if possible (Qs 2 on card)

IMPROMPTU RESTORATIVE MEETING

- If safe, and consented to by both parties separately using the Restorative Questions, bringing the people most impacted by an incident to meet/communicate to help resolve the issue

RESTORATIVE CIRCLE

- Group discussion allowing all participants to have a say, Check in/Check out circles can be used to support relationship building, goal setting, or to address a particular issue for example

← Informal/no or minimal preparation required

RESTORATIVE PRACTICE CONTINUUM

→ More formal/more preparation required

RESTORATIVE MEETING

(using external facilitator)

- Bringing the person who caused harm and the person who has been harmed (or a proxy/rep if appropriate) together to promote relationship repair, support repair of harm, and promote healing
- Using Adult Restorative Justice Conferencing to facilitate
- Shuttle communication also possible if appropriate

For more information you can contact: Restorative Practice Lead 0439 428 317 | restorative@health.qld.gov.au

Social Discipline Window and Restorative Practice Continuum adapted from International Institute of Restorative Practice <https://www.iirp.edu/restorative-practices/defining-restorative/>

Metro North Health



Queensland Government