

# Medications to withhold.

## Bronchoprovocation Testing

Please check the name of your medication as well as the **Active Ingredient** - the active ingredient is the medicine component. Some brand names are listed below. This is not a complete list of all brands available.

Please see list below for **oral medicines** that you need to stop and for how long:

Oral medicine brand name	Active ingredient	Time to withhold
Nuelin (tablet or liquid)	<i>Theophylline</i>	<b>24 hours</b>
Singulair, Lukair, Respikast	<i>Montelukast</i>	<b>4 days</b>
<b>All Antihistamines (tablets, syrups or sprays)</b>		
Claratyne, Allersoothe, Phenergan, Telfast, Zyrtec, Demazin, Avil, Benadryl, Dimetapp, Polaramine, Aeriur, Livostin, Periactin, Vallergran	<i>Loratadine, Promethazine, Fexofenadine, Cetirizine, Pheniramine, Azelastine, Diphenhydramine, Desloratadine, Chlorphenamine, Brompheniramine, Doxylamine, Levocabastine, Cyproheptadine, Dexchlorpheniramine, Alimemazine, Trimeprazine</i>	<b>3 days</b>
Any cold or flu or cough medicine or sleeping tablets containing antihistamines		
<b>Antidepressants</b>		
Endep, Entrip	<i>Amitriptyline</i>	<b>Do not stop taking</b> Please contact Respiratory Investigation Unit on <b>3139 4744</b> to inform staff of medication
Placil, Anafranil	<i>Clomipramine</i>	
Tofranil	<i>Imipramine</i>	
Dothep	<i>Dosulepin (Dothiepin)</i>	
Deptran, Sinequan	<i>Doxepin</i>	
Allegron, NortriTABS	<i>Nortriptyline</i>	

Please see below for **inhaled/nebulised medications** that you need to stop and for how long:

Inhaled medicine brand name	Active ingredient	Time to withhold
Intal inhaler, Intal Forte inhaler	<i>Sodium cromoglycate</i>	<b>4 hours</b>
Tilade inhaler	<i>Nedocromil sodium</i>	
Fluticasone cipla inhaler, Flixotide (inhaler, accuhaler, junior inhaler, junior accuhaler), Fluair, Arnuity ellipta	<i>Fluticasone propionate</i>	<b>6 hours</b>
Pulmicort (turbuhaler and respules)	<i>Budesonide</i>	
Qvar (inhaler and autohaler)	<i>Beclomethasone</i>	

Inhaled medicine brand name	Active ingredient	Time to withhold	
Asmol (inhaler, uni-dose nebulers), Ventolin (inhaler, rotacaps powder, sugar free syrup, nebulers), Airomir autohaler	<i>Salbutamol</i>	<b>8 hours</b>	
Bricanyl turbuhaler	<i>Terbutaline</i>		
Atrovent (metered aerosol, unit dose vials, inhalation solution), Aeron nebuliser solution, Ipratrin (adult uni-dose, uni-dose)	Ipratropium	12 hours	
Alvesco metered dose inhaler	Ciclesonide	24 hours	
Arnuity (inhaler and ellipta)	Fluticasone furoate		
Oxis turbuhaler, Foradile powder for inhalation	Formoterol (Eformoterol)	36 hours (1 and a half days)	
Serevent accuhaler	Salmeterol		
Symbicort (rapihaler, turbuhaler), DuoResp Spiromax “dry powder inhaler” (or “inhaler”)	Budesonide / Formoterol (Eformoterol)		
Seretide (MDI, accuhaler), SalplusF inhaler, Fluticasone + Salmeterol cipla inhaler	Fluticasone propionate / Salmeterol		
Fostair	Beclometasone / Formoterol		
Flutiform metered dose inhaler	Fluticasone propionate / Formoterol (Eformoterol)		
Onbrez breezhaler	Indacaterol		2 days
Breo ellipta	Fluticasone furoate / Vilanterol		
Aectura breezhaler	Indacaterol / Mometasone furoate		
Bretaris genuair	Aclidinium	3 days	
Incruse ellipta	<i>Umeclidinium</i>		
Seebri breezhaler	<i>Glycopyrronium</i>		
Spiriva (handihaler, respimat)	<i>Tiotropium</i>		
Brimica genuair	<i>Aclidinium / Formoterol</i>		
Anoro ellipta	<i>Umeclidinium / Vilanterol</i>		
Ultibro breezhaler	<i>Indacaterol/ Glycopyrronium</i>		
Breztri Aerosphere	<i>Budesonide/ Glycopyrrolate/ formoterol fumarate</i>		
Spiolto respimat	<i>Indacaterol / Glycopyrronium</i>		
Berespi inhaler	<i>Tiotropium / Olodaterol</i>		
Trimbow inhaler	<i>Formoterol fumarate / Glycopyrrolate</i>		
Energair Breezhaler	<i>Beclometasone/ Formterol/ Glycopyrronium</i>		
Trelegy ellipta	<i>Mometasone furoate / Indacaterol / Glycopyrronium</i>		

If you have any further questions regarding withholding medicines or having trouble withholding medicines, please contact the Respiratory Investigation Unit on **3139 4744**