

Discharge Information: After Transoesophageal Echocardiogram

What to expect when you are discharged from hospital/service

- Most people will feel drowsy for some time after the procedure
- Although you may feel awake and alert, the medication/sedation you have received can take several hours to completely wear off. It is therefore important that you:
 - Rest for the remainder of the day.
 - Do not drive a vehicle or operate machinery for at least 24 hours.
 - Do not sign any legal documents.
 - Take frequent sips of cool water if your throat continues to feel irritated. This can help ease the discomfort.

When and where to see medical attention

- Please contact your GP or Emergency Department of your nearest hospital if you feel unwell after discharge.

Contact number for The Prince Charles Hospital is (07) 3139 4000

Frequently Asked Questions / What else should you know?

Follow-up arrangements

- The cardiologist may or may not speak to you about your results on the day, however a report will be filed in your chart and a copy will be sent to your GP and referring cardiologist, advising them of the results.
- Your specialist will clarify any questions you have regarding the results of your Transoesophageal Echocardiogram (TOE) at your next appointment.

What do I need to know about going home

Please make sure you

- Ask for a medical certificate if needed
- Have a friend or relative to pick you up

Do:	Don't:
Rest quietly the day of the procedure	Do not sign any legal documents for 24 hours
Drink cool water if your throat is irritated	Do not drive a vehicle or operate machinery for at least 24 hours
See your GP or local hospital if you have ongoing issues and feeling unwell	Do not drink alcohol for a minimum of 24 hours

Who do you contact if you need advice or help?

If you have any questions about this information, contact:

Your local GP

Your questions

If you are unsure about anything in the fact sheet, please write down questions for your care team:

People who use this service have given feedback on this information.