



# *Vision* for Brighton

## Join us on Friday 24 August 2018

# Healthy Ageing Expo

Brighton Health Campus  
449 Hornibrook Highway, Brighton  
9am–1pm in the Auditorium

### COMMUNITY EVENT – SENIORS WEEK

- Heart Foundation Walking Group (9.00am start foreshore walk)
- Official opening (9.45am – Auditorium)
- Tai Chi Activity (10.00am – grassed area, Wellbeing Garden)
- Garden Workshop (11.00am – grassed area, Wellbeing garden)
- Wellbeing Garden – Official Opening (11.30am – grassed area, foreshore)
- Lunch and Stage Band (12.00pm)
- Health screening and testing on offer and health information available in the Auditorium. Brighton staff, other health and service organisations and local community groups represented (9.00am – 1.00pm in the Auditorium)

**Further information:**

**Email:** [vision4brighton@health.qld.gov.au](mailto:vision4brighton@health.qld.gov.au) **Phone:** 3631 7568