

27TH ANNUAL RBWH HEALTHCARE SYMPOSIUM

Kaa'th a' Pul
many iian pul

{ Women's and baby's journey }



Motherhood by David Williams of Gilimbaa

PROGRAM 2018

27TH ANNUAL RBWH HEALTHCARE SYMPOSIUM

11-13 SEPTEMBER 2018

RBWH Education Centre
Royal Brisbane and Women's Hospital
Butterfield Street, Herston, Brisbane

For more information visit <https://metronorth.health.qld.gov.au/events/rbwh-healthcare-symposium> or contact the events office on 07 3646 1525

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ACKNOWLEDGEMENT

The Wik and Kugu people living in Aurukun are some of the few remaining groups of Indigenous people in Far North Queensland still fluent in their language. Most of the Indigenous people living in Aurukun belong to five tribal groups from the surrounding country, Wik-waya, Puch, Apalech, Wynchanam and Wanam. Wik means language and people still identify their belonging by tribal and language groups, such as Wik-waya, Wik-alkan, Wik-ngathan. Today Wik-mungkan is the common language spoken in Aurukun, with mostly only the older people remembering the other Wik and Kugu languages, although everyone is proud of their clan, country and language.

The steering committee for the 27th annual RBWH Healthcare Symposium would like to acknowledge and thank the Wik and Kugu communities for allowing us to use their languages to theme this Symposium.

TUESDAY 11 SEPTEMBER 2018

TIME	SESSION
9am-9.30am	Coffee
9.30am-9.45am	Welcome to Country Song Women Maroochy of the Turrbal people
9.45am-10am	Official opening Dr Amanda Dines, Executive Director, Royal Brisbane and Women's Hospital (RBWH), Metro North Hospital and Health Service (MNHHS)
10.00am-12.30pm	CELEBRATING 80 YEARS OF CARING FOR WOMEN AND BABIES Chair: Katie Foxcroft, Clinical Trial Coordinator, Women's and Newborn Services (WNBS), RBWH, MNHHS
10am-10.15am	Celebrating 80 years of caring for women and babies Dr Mark Mattiussi, Acting Executive Director, Women's and Newborn Services, Royal Brisbane and Women's Hospital and Executive Director, Critical Care & Clinical Support Services
10.15am-11am	KEYNOTE Life and other catastrophes Rebecca Sparrow, columnist, author, speaker and Sherpa to three small people
11am-12.30pm	HYPOTHETICAL Advances and controversies in premature birth Chair: Professor Leonie Callaway, Interim Director Research, WNBS Panel: Dr Christoph Lehner, Consultant O&G and Fellow MFM; Professor Paul Colditz, Director, Research, Perinatal Research Centre and Neonatologist; Professor Roslyn Boyd, Professor Cerebral Palsy and Rehabilitation Research; Dr Lucy Cooke, Director, NeoRESQ; Rebecca Sparrow, keynote speaker and author; Anndrea Flint, Neonatal Nurse Practitioner
12.30pm-1.30pm	LUNCH
12.45pm-1.20pm	Oral and poster presentations: Complex health challenges and health services implementation research

TIME	SESSION
1.30pm-3.00pm MOTHER'S AND BABIES IN MEDICAL IMAGING SESSION	
Chair: Dr Marita Prior, Research Development Officer, Medical Imaging, RBWH, MNHHS	
1.30pm-1.45pm	Multi-modality imaging of child abuse Dr Michael Guandalini, Senior Staff Specialist, Paediatric Radiology, RBWH, MNHHS
1.45pm-2pm	Myelomeningocele and recent advances in treatment Christine McHenery, Senior radiographer, MRI Team Leader, RBWH, MNHHS
2pm-2.15pm	Female pelvic pain and its causes Dr Shohreh Rezaei, Senior Staff Specialist, Women's Imaging, RBWH, MNHHS
2.15pm-2.30pm	Prenatal ultrasound in management of gestational diabetes Donna Traves, Senior Sonographer; Team Leader, Ultrasound
2.30pm-2.45pm	Boobs and Babies Margaret Gockel, Senior Sonographer, Advanced Clinical Specialist in Mammography, RBWH, MNHHS
2.45pm-3pm	Advanced fetal imaging with MRI Dr Stephen Sinnot, Senior Staff Specialist, Women's Imaging, RBWH, MNHHS
3pm-3.30pm	Afternoon tea
3.30pm-5.30pm CANCER CARE SERVICES	
Chair: Dr Steven Lane, Director of Cancer Research, Cancer Care Services (CCS), RBWH	
3.30pm-3.35pm	Introduction Dr Steven Lane, Director of Cancer Research, Cancer Care Services (CCS), RBWH
3.35pm-3.55pm	MEDICAL ONCOLOGY Management of gBRCA/HRD mutation associated high-grade serous ovarian cancer Dr Jeffrey Goh, Medical Oncologist, Medical Oncology, CCS, RBWH, MNHHS
3.55pm-4.15pm	PHARMACY The evaluation of hyperhydration for high-dose Melphalan in stem cell transplantation Midori Nakagaki, Pharmacist, Pharmacy, RBWH, MNHHS
4.15pm-4.35pm	NURSING Early insights into implementing patient reported outcomes measures (PROMs) into a busy healthcare setting Natasha Roberts, Clinical Trial Coordinator, CCS, RBWH, MNHHS
4.35pm-4.55pm	HAEMATOLOGY Improving GVL with Interferon alpha Dr Andrea Henden, Senior Medical Officer, Haematology and Bone marrow Transplant Unit, CCS, RBWH, MNHHS
4.55pm-5.15pm	ALLIED HEALTH Investigating tolerance and clinical outcomes of early enteral nutrition versus parenteral nutrition support during allogeneic transplantation Sarah Andersen, Dietitian Nutritionist, Nutrition and Dietetics, RBWH, MNHHS
5.15pm-5.30pm	RADIATION ONCOLOGY Inspiring spirometry: the Royal DIBH experience Jemma Devereaux, Radiation Therapist, CCS, RBWH, MNHHS Catalyst: surface-guided radiation therapy for DIBH breast treatments Chris Walsh, Charge Radiation Therapist, Oncology, CCS, RBWH, MNHHS

WEDNESDAY 12 SEPTEMBER 2018

TIME	SESSION
8.30am-9am	Coffee
9.00am-11.00am	WOMEN, TRAUMA AND MENTAL HEALTH Chair: Associate Professor Brett Emmerson AM, Executive Director, Metro North Mental Health
9am-9.05am	Welcome and opening remarks Associate Professor Brett Emmerson AM, Executive Director, Metro North Mental Health
9.05am-9.35am	Treatment of Personality Disorder Professor Brin Grenyer, Professor of Psychology, University of Wollongong, Australia
9.35am-9.40am	Questions
9.40am-9.55am	Depression – gender and risk Dr Alize Ferrari, Conjoint NHMRC Early Career Fellow, School of Public Health
9.55am-10.40am	Principles and application of Dialectical Behaviour Therapy/trauma informed care Sarah Swannell and Kate McDonald, Psychologists, MNHHS A mile in her shoes; a patient’s perspective of navigating the mental health system after trauma Nellie Worringham
10.40am-10.55am	PANEL DISCUSSION Trauma informed care across the HHS
10.55am-11am	Closing remarks Associate Professor Brett Emmerson AM, Executive Director, Metro North Mental Health
11.00am-12.30pm	INTERNAL MEDICINE Chair: Professor Emma Duncan, Eminent Senior Staff Specialist, Department of Endocrinology and Diabetes, RBWH, MNHHS
11am-11.40am	The swinging pendulum of HRT - where are we now? Professor Rod Baber, Clinical Professor of Obstetrics and Gynaecology, The University of Sydney, Past President, International Menopause Society, Editor in Chief, Climacteric
11.40am-12.05pm	Feast or famine: how your parents shaped your future (epigenetics and the obesity epidemic) Dr Marloes Nitert Dekker, Senior Lecturer, School of Chemistry and Molecular Biosciences, UQ
12.05pm-12.30pm	The female athlete: running on broken bones? (the endocrine abnormalities of excessive exercise) Dr Tom Dover, Specialist Endocrinologist at The Mater and Ipswich Hospitals
12.30pm-1.30pm	LUNCH
12.45pm-1.20pm	ORAL AND POSTER PRESENTATIONS: CLINICAL RESEARCH
1.30pm-3pm	CLINICO-PATHOLOGICAL CONFERENCE (CPC) A thirty-three-year-old woman at 34 weeks gestation in her second pregnancy was transferred to RBWH from a regional centre with breathlessness, haemoptysis and an abnormal chest x-ray Moderator: Dr Andrew Redman, Senior Staff Specialist, Infectious Diseases Unit, Director Advanced Physician Training
3pm-3.30pm	Afternoon tea
3.30pm	ORAL PRESENTATIONS: CLINICAL RESEARCH AND DISCOVERY AND INNOVATION

THURSDAY 13 SEPTEMBER 2018

TIME	SESSION
9.30am-11.00am WOMEN'S AND BABY'S JOURNEY Chair: Assoc Prof Karin Lust, Clinical Director, Obstetrics and Gynaecology, WNBS, RBWH, MNHHS	
9.30am-9.45am	State-wide Paediatric and Adolescent Gynaecology Service – Management and developments in diagnosis of complex congenital reproductive tract disorders Assoc Prof Rebecca Kimble, Director Statewide Paediatric and Adolescent Gynaecology Services, RBWH and LCCH, and Dr Brooke O'Brien, Paediatric and Adolescent Gynaecology Registrar
9.45am-10am	NeoSTRESS: study of transfer and retrieval environmental stressors upon neonates via a smartphone application Dr Deborah Gilmour, Neonatal Fellow, NeoRESQ
10am-10.15am	Gynaecology physiotherapy screening clinics improve access to care for women on gynaecology outpatient waiting lists Sonia Sam, Physiotherapist, RBWH, MNHHS
10.15am-10.30am	Fostering a neglected child – obstetric research at RBWH Dr Christoph Lehner, Consultant Obstetrician and Fellow in Maternal Fetal Medicine
10.30am-10.45am	Can new developments in assisted reproductive technology (ART) address current threats to fertility? Professor Hayden Homer, Subspecialist in Reproductive Endocrinology and Infertility and UQ Chen Chair in Reproductive Medicine
10.45am-11am	Research into perinatal mental health – the Redcliffe and Caboolture experience Dr Alka Kothari, Staff Specialist, Obstetrics and Gynaecology and Dr George Bruxner, Consultant Psychiatrist
11.10am-12.30pm WE ARE HERE TO HELP: CRITICAL CARE AND CLINICAL SUPPORT GROUP Chair: Dr Dianne Smith, Senior Medical Officer, Multidisciplinary Skin Integrity Service and Multidisciplinary Lymphoedema Service	
11.10am-11.20am	Genetic Health Queensland: Genomics in acute care – NICU/PICU Dr Chirag Patel, Consultant Clinical Geneticist and co-Lead, Queensland Renal Genetics Program
11.20am-11.40am	Intensive Care: Pharmacy initiatives to support care of critically ill patients Christina Kelly, Clinical Pharmacist
11.40am-12pm	Professor Tess Cramond Multidisciplinary Pain Centre: Pelvic pain management initiatives Dr Jacqueline Evans, Consultant, Professor Tess Cramond Multidisciplinary Pain Centre
12pm-12.20pm	Skin Integrity Service: Preoperative preparation for vulvectomy patients to improve outcomes Dr Jill Campbell, Clinical Nurse, Skin Integrity Service
12.30pm-1.30pm LUNCH	
12.45pm-1.20pm ORAL PRESENTATIONS: JUNIOR DOCTOR AND NEW RESEARCHER	
1.30pm-3.30pm NURSING AND MIDWIFERY – CHOOSING WISELY Chair: Professor Joan Webster, Nursing and Midwifery Director, Research	
1.30pm-1.40pm	Welcome and introduction Kerri McLeod, Acting Executive Director, Nursing and Midwifery Services, RBWH, MNHHS
1.40pm-2.10pm	Patient engagement: Spreading the Choosing Wisely message Lyndell Coutts, Communications Lead, Choosing Wisely, NPS MedicineWise
2.10pm-2.40pm	It's not just an IV for me! An international survey of consumers perspectives Professor Marie Cooke, School of Nursing, Menzies Institute, Griffith University

TIME	SESSION
2.40pm-3.00pm	Low value care: use of negative pressure wound therapy to prevent surgical site infection in clean wounds Professor Joan Webster, Nursing and Midwifery Director, Research
3.00pm-3.30pm	Don't just do something, stand there Associate Professor Louise Cullen, Senior Staff Specialist, Department of Emergency Medicine, RBWH
3.30pm-5.00pm CLOSING THE GAP: ABORIGINAL AND TORRES STRAIT ISLANDER HEALTH session will take place on the grassed area outside the Education Centre, weather permitting	
3.30pm-3.45pm	Acknowledgement to Country and overview of Metro North Indigenous health initiatives and plans Paul Drahm, Director, Aboriginal and Torres Strait Islander Health Unit (ATSIHU), MNHHS
3.45pm-4.05pm	Ngarrama maternity program overview and highlights Nicole Moller, Indigenous Midwife, Ngarrama Maternity Service, RBWH
4.05pm-4.15pm	Q&A from audience regarding maternal health for Indigenous families
4.15pm-4.30pm	A personal story from a man on being both a mum/dad for his children Horace Nona, Cultural Capability Officer
4.30pm-4.50pm	Yarning with Phyllis Yunkaporta and Sandra Bowenda from Aurukun – discussion regarding their community, their roles within the community and their personal obligations as female leaders
4.50pm-5pm	Q&A from audience with Phyllis and Sandra
5.00pm AWARDS CEREMONY AND RECEPTION	



KEYNOTE SPEAKER

REBECCA SPARROW

COLUMNIST, AUTHOR, SPEAKER, SHERPA TO 3 SMALL PEOPLE

Over the past 25 years Rebecca Sparrow has been a travel writer, a magazine editor, a newspaper columnist, a TV scriptwriter and a novelist. She is the author of three best-selling novels *The Girl Most Likely*, *The Year Nick McGowan Came to Stay* and *Joel and Cat Set The Story Straight* (co-authored with Nick Earls).

Since 2009 Rebecca has focused on writing non-fiction books for teenage girls to help them navigate those tricky high school years. Those books include *Find Your Tribe (and 9 other things I wish I'd known in high school)*, *Find Your Feet (The 8 things I Wish I'd Known Before I Left High School)* and the best-selling *Ask Me Anything (heartfelt answers to 65 anonymous questions from teenage girls)*.

Aside from writing books Rebecca hosts several podcasts and talks to thousands of high school students every year about friendship, resilience, giving back and life online.

Rebecca is an ambassador for The Pyjama Foundation and #TeamGirls a joint initiative by Suncorp, ReachOut and Netball Australia. In 2018 she was invited to be a member of the Queensland Government's Anti-Cyber Bullying Taskforce.