Metro North Hospital and Health Service Putting people first

RESEARCH IN METRO NORTH

MARCH 2018



WHO ARE OUR Researchers In Metro North?

WHAT Areas Are We working In?

Across Metro North, we have over 1,500 staff members who are leading or directly involved in conducting research.

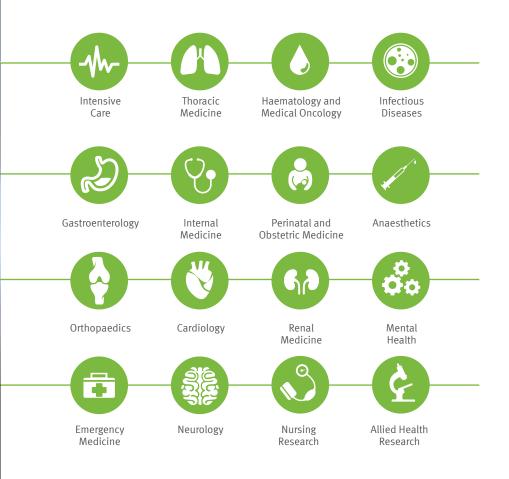
APPROX. 10% OF METRO NORTH CLINICAL AND SCIENTIFIC STAFF

ARE RESEARCHERS

Research is undertaken in all clinical fields by all disciplines across MNHHS.

Much of the work is collaborative across fields and disciplines and is truly multi-disciplinary in its scope. Many projects involve more than one site within MNHHS.

Internationally renowned fields of research include:



HOW HOW Many Clinical Research Projects?

THERE ARE OVER 1,300

CURRENTLY UNDERWAY ACROSS METRO NORTH

of this, there are over **390** CLINICAL TRIALS

underway – including three first-in-man clinical trials, over 100 drug trials and 30 new devices. DRUG AND DEVICE CLINICAL TRIALS ARE UNDERTAKEN ACROSS THE ENTIRE RANGE OF CLINICAL TRIAL PHASES (FIRST IN MAN PHASE I-IV), WITH A CONCENTRATION OF PHASE II AND III STUDIES. THE CLINICAL TRIALS SPAN THE COMPLETE SPECTRUM OF THERAPEUTIC AREAS AND ARE UNDERTAKEN AT RBWH, TPCH, CABOOLTURE AND REDCLIFFE.

PROJECTS UNDERWAY AT METRO NORTH INCLUDE

400 HEALTH RESEARCH PROJECTS **540** CLINICAL RESEARCH PROJECTS

OVER 1,400 PUBLICATIONS

CO-AUTHORED PAPERS IN OVER 65 COUNTRIES **54** SYSTEMATIC REVIEWS 9 PUBLISHED IN THE COCHRANE DATABASE OF

SYSTEMATIC REVIEWS

WHO DO WE PARTNER WITH?

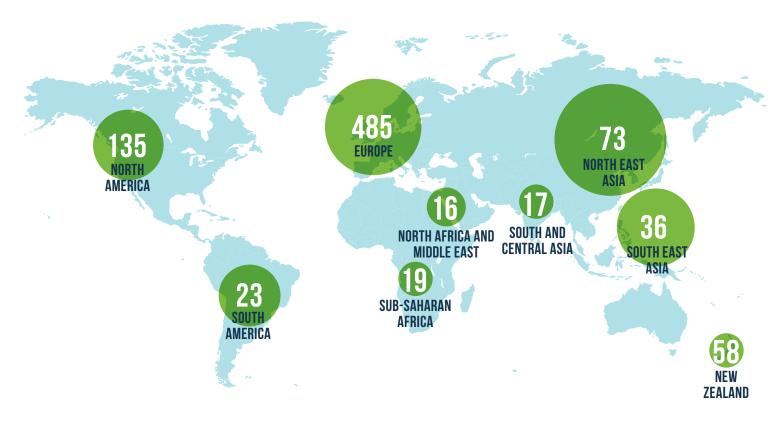
LOCAL HEALTH PARTNERS: MSHHS, CHQ, SCHHS, MATER HS, PATHOLOGY QLD INSTITUTION PARTNERS: UQ, QUT, QIMRB, TRI, CSIRO, ACU, GRIFFITH, SCU, CQU

Metro North is one of 10 partners in the Brisbane Diamantina Health Partnership.

Extensive partnerships both nationally and internationally with leading Medical Research Institutes, Universities, industry, commercial sponsors, specialist societies and not for profit partners.

INTERNATIONAL RESEARCH ENGAGEMENT*

* Numbers of publications with co-authored collaborators in 2017.



EXEMPLAR CLINICAL TRIALS

The following are examples of clinical trials and trial programs, both investigator-led and industry-sponsored:

- **Mental Health:** Royal Brisbane and Women's Hospital Mental Health investigators are assessing neuro-inflammation and degeneration in people at high risk of or who have experienced their first episode of psychosis.
- **Cystic Fibrosis:** Researchers from The Prince Charles Hospital Adult CF Centre have participated in novel modulator trials to address the underlying cause of CF.
- **Coeliac Disease:** Gastroenterologists at The Prince Charles Hospital are coordinating a multi-centre clinical trial to test the safety of sustained and escalating gluten challenges in people with coeliac disease.
- Intensive Care: Researchers from Metro North are leading the BLING 3 international study to test the optimal dose of beta-lactam antibiotics for sepsis in 7,000 patients across up to 100 intensive care units.
- **Malaria:** Royal Brisbane and Women's Hospital and QIMR Berghofer researchers are testing the safety and tolerability of a potential antimalarial drug in healthy adult participants.
- **Cardiology:** Cardiologists at The Prince Charles Hospital are trialling new drugs and devices with a focus on the impact on clinical and quality of life outcomes of percutaneous delivery.
- **Headaches:** Emergency medicine researchers at Redcliffe Hospital are investigating the safety and effectiveness of intravenous propofol for refractory migraine-like headaches.

Prepared by Dr Tania Crough, Dr Roxanne Machen, Professor Scott Bell Office of Research, Metro North HHS.