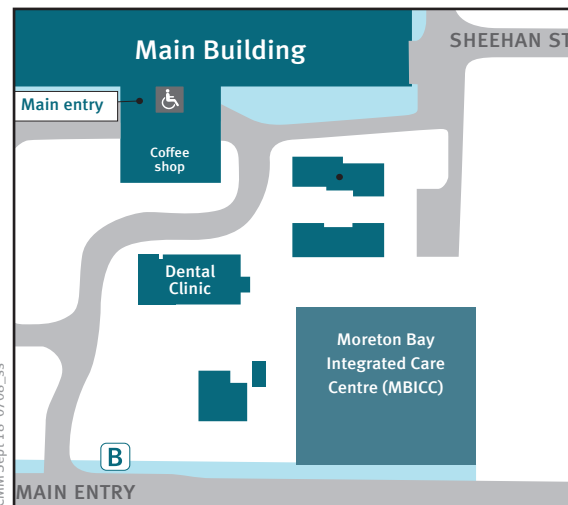


How to refer?

Women can self-refer or GPs can refer a woman who is planning a pregnancy, pregnant or breastfeeding directly to the pharmacist by emailing: redh-pharmacy@health.qld.gov.au or via fax to 3883 7908

Please include name, and date of birth along with a brief summary of reason for referral.

The pharmacist is also available to provide advice directly to GPs via email redh-pharmacy@health.qld.gov.au or via phone 3883 7160 Monday to Friday.



Recommended resources

Redcliffe Hospital Maternity Services website
<https://metronorth.health.qld.gov.au/redcliffe/healthcare-services/maternity-services>

For any concerns regarding your or baby's health 13 HEALTH (13 43 25 84)

Advice to support parents from pregnancy to preschool
<https://www.pregnancybirthbaby.org.au/>

For emotional health and wellbeing advice 1300 22 4636

Beyondblue's Just Speak Up
<https://healthyfamilies.beyondblue.org.au/pregnancy-and-new-parents>

www.moodgym.anu.edu.au

For assistance with giving up smoking
<http://www.quitnow.gov.au/>

For breastfeeding advice
<https://www.breastfeeding.asn.au/>

Antenatal Pharmacist Clinic



Moreton Bay Integrated Care Centre
Level 3 Outpatients
Phone: 3883 7160

What is the antenatal pharmacist clinic?

The antenatal pharmacist clinic is an out-patient based clinic at Redcliffe Hospital.

An antenatal pharmacist gives advice and answers queries regarding medications, vitamins, supplements, illicit drugs and substances during pregnancy and breastfeeding.

Information will be provided about the safety of medication and other substances from the pre-conception stage, throughout pregnancy and breastfeeding stage.

The pharmacist will give individualised information to women using evidence-based resources available and published case reports along with patient information leaflets written specifically for the pregnant woman.

Establishing a current medication list is essential in planning for a safe birth and continuity of care.

Women will also have the opportunity to have future reviews with the pharmacist.

Why have we set up the clinic?

Most women have fears, concerns and questions about which medications and supplements can be taken safely during pregnancy and breastfeeding.

Many women also need to take prescribed medication to treat chronic conditions and may be concerned about the affect on their developing baby.

In these cases, we assess the risks and benefits of the medications.

We look at the recent research about risks of the medication.

The pharmacist can provide advice to women regarding

- prescribed medications
- folic acid and iodine requirements
- treatment of iron deficiency
- treatment of “morning sickness”
- treatment of other common ailments related to pregnancy such as indigestion, constipation and pain.

What needs to be considered when taking medication?

Will the untreated conditions impact pregnancy outcome?

What is effect of the medication on baby’s development whilst pregnant and after birth?

How can we give ourselves the best chance for a healthy mum and a healthy baby?

Who is eligible for this clinic?

The clinic is available for women in the Redcliffe area who are planning a pregnancy or pregnant and referred to the antenatal clinic or planning to birth at Redcliffe hospital.

