



# **Tools for GPs**

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Brisbane North PHN & Metro North HHS

# Today's presentation

- Health Pathways
- Health Provider Portal (The Viewer) & My Health Record
- Service Directories
- Improving communication
- Past GP education resources
- Improvements, suggestions, feedback





### Brisbane North

Allied Health

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About HealthPathways

Brisbane North Localised Pathways

Acute Services

Child and Youth Health

End of Life

Investigations

Lifestyle and Preventive Care

•

Medical

Mental Health

Older Adults' Health

Pharmacology

Public Health

Specific Populations

Surgical

Women's Health

Our Health System



# **HEALTHPATHWA**

### Latest News

14 May

A new look Brisbane MIND model

From 1 July 2019, Brisbane MIND will change to deliver more targeted and specialist psychological services to people from underserviced population groups. Read more...

14 May

Talking through the warning signs of suicide

A person contemplating suicide may provide warning signs or clues to those around them, including their GP. Read more...

2 May

Feedback sought on community palliative care

Brisbane North PHN is conducting a situation analysis of community palliative care in the Brisbane North region and is seeking your feedback. Read more...

## Pathway Updates

NEW – 14 May Suicide Risk

NEW - 3 May

Older Adults Weight and Nutrition

NEW - 26 April

Diabetes - Screening and Diagnosis

Updated – 11 April Influenza Immunisation

NEW - 9 April

Infant Mental Health

VIEW MORE UPDATES...

HEALTH PROVIDER PORTAL

METRO NORTH HHS

PHN

LOCAL RESOURCES

CLINICAL RESOURCES

A PATIENT RESOURCES

S GP EDUCATION

→ NHSD







/ Our Health System / Resources / Local Resources

# **Local Resources**

- Brisbane North PHN
  - Network Link (Current and previous editions)
  - Hospital EReferral Templates and Specialist list ☑
  - Mental Health Services ☑
  - Named Referrals [2]
  - Other Directories for general practitioners (including paediatric and chronic wounds)
  - Service Navigator ☑
  - Team Care Co-ordination ☑
- · General Practitioner Liaison Officer Program:
  - GP Bulletin − May 2019
  - Top Tips for GPs ☑
  - Useful Resources for Brisbane North GPs ☑
- · Metro North Hospitals (RBWH, TPCH, Redcliffe, Caboolture, and Kilcoy):
  - Central Patient Intake FAO
  - General Information in Outpatient Referrals ☑
  - · Outpatient Waitlist Information:
    - Caboolture Hospital
    - Redcliffe Hospital ☑
    - Royal Brisbane and Women's Hospital 🗵
    - The Prince Charles Hospital
  - Refer Your Patient ☑ (Referral guidelines)
- · Queensland Government:
  - General Practitioners Resources ☑
    - Health Provider Portal ☑ (media release)
    - Preparing to Register for the Health Provider Portal ☑ (factsheet)
    - ∘ Register for Access to Health Provider Portal ☑





# HealthPathways

#### Brisbane North

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Brisbane North Localised Pathways

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Acute Services

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Medical

Assault or Abuse

Cardiology

Dermatology

Diabetes

Endocrinology

Gastroenterology

General Medicine

Genetics Haematology

Hyperbaric Medicine

Immunology

Infectious Diseases

Intellectual Disability

Neurology

Oncology

Pain Management

Palliative Care

Renal Medicine

Respiratory Rheumatology

Ankylosing Spondylitis (AS)

Antinuclear Antibody (ANA)
Testina

Government

#### Brisbane North Localised Pathways

• rijpogijodomia

- Insulin
  - · Patient Education for Insulin Use
- Newly Diagnosed Type 1 Diabetes Adults
- Prediabetes
- Screening in Diabetes
  - · Diabetes Foot Disease
  - · Renal Disease Screening in Diabetes
  - · Retinal Screening in Diabetes
- Self-monitoring Blood Glucose (SMBG)
- . Type 2 Diabetes Risk Evaluation
- Diabetes Requests
  - Acute Diabetes Assessment
  - · Non-acute Diabetes Assessment
  - Diabetes Education
  - · Diabetes Support Services
  - High-risk Foot Assessment

#### Endocrinology

- Amenorrhoea
- Osteoporosis
- Thyroid
  - · Hyperthyroidism
  - Hypothyroidism
  - Thyroid Investigations
  - Thyroid Nodules and Goitre
- . Endocrinology Requests
  - Acute Endocrinology Assessment
  - · Non-acute Endocrinology Assessment
- Endocrinology Advice

#### Gastroenterology

- · Acute Abdominal Pain in Adults
- Bowel Cancer
  - Bowel Cancer Screening
- Chronic Abdominal Pain in Adults
- Coeliac Disease Adults
- Dyspepsia and GORD
- Irritable Bowel Syndrome (IBS)
- · Liver Conditions

· Renai Medicine Advice

#### Respiratory

- · Asthma in Adults
  - Acute Asthma in Adults
  - · Non-acute Asthma in Adults
- · Prescribing Medicines in Asthma Adults
- COPD
  - · COPD Diagnosis
  - · Differentiating COPD from Asthma
  - Stable COPD Management and Review
  - Medications in COPD
  - Home Oxygen
  - Acute Exacerbation of COPD
  - Advanced or End-stage COPD
- · Pulmonary Embolism
- Spirometry Testing and Interpretation
- Respiratory Requests
- · Acute Respiratory Assessment
- Non-acute Respiratory Assessment
- · Respiratory Advice
- · Community Respiratory Services
  - Pulmonary Rehabilitation



### Rheumatology

- Ankylosing Spondylitis
- · Antinuclear Antibody (ANA) Testing
- Connective Tissue Disorders (CTDs)
- Fibromyalgia
- · Giant Cell Arteritis (GCA) or Temporal Arteritis
- . Gout and Pseudogout
- Inflammatory Arthritis in Adults
- Osteoarthritis (OA)
- Polymyalgia Rheumatica (PMR)
- Rheumatology Requests
  - · Acute Rheumatology Assessment
  - Non-acute Rheumatology Assessment
  - Rheumatology Advice

#### Sexual Health

Abnormal Vaginal Discharge

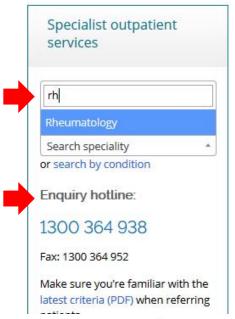


# Refer your patient



Home / Refer your patient

Referral guidelines are changing across Metro North. Make sure you're familiar with the latest criteria when referring patients.













# Rheumatology

# Conditions

- Connective tissue diseases
- Crystal arthropathies
- Other rheumatology conditions
- · Polymyalgia rheumatica
- Rheumatoid arthritis
- Spondyloarthopathies

- Undifferentiated peripheral inflammatory arthritis
- Vasculitis

Other conditions where specialist rheumatology input is sometimes sought:

- Fatigue
- Fibromyalgia
- Osteoarthritis
- Osteoporosis

For established rheumatological conditions requiring referral for ongoing specialist input, please ensure the following information is also included:

- Where and when diagnosed
- Rheumatological medication history / intolerances

Copies of past investigations/specialist letters can significantly speed referral processing

Patients will be allocated to the various facilities based on their postcode, the availability of particular services at those facilities and to improve equity of access across the district.

For urgent referrals please contact the Rheumatology team via the switchboard at your preferred above location.

MNHHS public outpatient rheumatology services are intended for those aged 16 or over. It may be appropriate to accept patients from 14 years depending on clinical circumstances.

For patients under 16, please consider a referral to Dr Ben Whitehead at Children's Health Queensland.

- Mater Young Adult Health Service Information
- Mater Outpatient Referral Information and Forms

# Specialists list

Specialty Facility Clinic type Name

# Send referral

Hotline: 1300 364 938

Fax: 1300 364 952

Electronic: eReferral system

Mail: Metro North Central Patient

Intake

Aspley Community Centre

776 Zillmere Road ASPLEY OLD 4034

# Health pathways ?



Access to Health Pathways is free for clinicians in Metro North Brisbane.

For login details email:

healthpathways

@brisbanenorthphn.org.au

Login to Brisbane North Health

Pathways:

brisbanenorth.

healthpathwayscommunity.org

## Locations

Caboolture Hospital

Redcliffe Hopsital

Royal Brisbane and Women's Hospital

The Prince Charles Hospital

# Specialists list

Clinical Pharmacology/Rheumatology				
		RBWH	Public	
Rheumatology		TPCH	Public	
Rheumatology		RED	Public	
Rheumatology		RBWH	Public	
Rheumatology		CAB	Public	
Rheumatology	Dr Ashleigh Hennessey	RED	Bulk Bill	
Rheumatology	Dr Claire Barrett	RED	Bulk Bill	
Rheumatology	Dr Katherine Poulsen	TPCH	Bulk Bill	
Rheumatology	Dr Laurel Young	RED	Bulk Bill	
Rheumatology	Dr Mukhlesur Rahman	CAB	Bulk Bill	
Rheumatology	Dr Paul Kubler	RBWH	Out of Pocket	
Rheumatology	Dr Paul Kubler	RBWH	Bulk Bill	
Rheumatology	Dr Philip Robinson	RBWH	Bulk Bill	
Rheumatology	Dr Srividya Katikireddi	TPCH	Bulk Bill	
Rheumatology	Dr Swapna Devadula	CAB	Bulk Bill	
Rheumatology	Dr Veera Katikireddi	TPCH	Bulk Bill	
Rheumatology Biological Clinic		RBWH	Public	

Redcliffe Hopsital

Royal Brisbane and Women's Hospital

The Prince Charles Hospital

# Resources

Guideline for the Management of Knee and Hip Osteoarthritis Second Edition (PDF)

Specialists list

Osteoarthritis of the Knee Clinical Care Standard

Named Referral Information Sheet (PDF)

Outpatient clinic information

General referral criteria

eReferral template

Methotrexate

Shared Care Fact Sheet – Low Dose Methotrexate. (PDF)

Notes for prescribers of low dose once weekly methotrexate (PDF)

Handling Low Dose Methotrexate (PDF)

Self injection of low dose MTX (PDF)

Other medications

Shared Care Fact Sheet – Biologic and Targeted Synthetic DMARDs. (PDF)

ARA Position Statement Medical Cannabis (PDF)

Prescribing Medications for Rheumatic Diseases in Pregnancy (PDF)

# Previous GP Education resources

Previous GP education event presentations at http://bit.ly/mngpedu

Metro North Hospital and Health Service

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a patient.

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# GP events



### 2019 Cancer Preceptorship for General Practitioners

Date: 20 July 2019

Venue: Education centre, RBWH



### Rheumatology in Primary Care

Date: Saturday 27 July2019

Venue: Clinical Skills Development Services facility at RBWH.

Arthritis Queensland and the Australian Rheumatology Association (QLD Branch), in partnership with Metro North Hospital & Health Service and Brisbane North PHN, invite you to join us for this one day update for GPs.



Call the GP hotline for enquiries about referring on 1300 364 938

Email: MNGPLO@health.qld.gov.au

Access the referral guidelines to refer

Refer a patient

Presentations and further resources from past GP education events are available.

Read more >>



## **Education resources**

- + Cancer Preceptorship Resources
- Care of Older People Workshop resources



2019 GP Update

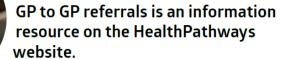


# **GP to GP Referrals**

# Invitation to register for GP to GP referrals

A Brisbane North HealthPathways initiative





It contains the details of GPs who are willing to provide procedural services to other GPs. The page lists specific procedures and the GPs who can provide these services.

This allows GPs to use the skills of other GPs as a convenient alternative to referring to a public or private specialist. Arrangements for follow up can be discussed between the referrer and service provider.

There is no governance provided around this resource, it is purely to give GPs an opportunity to see who provides these services. We suggest that referral should be in writing but all arrangements should be negotiated between the GPs involved, including out of pocket expenses for the patient.

This HealthPathways resource promotes greater visibility of the services provided by GPs, while encouraging collaboration in primary care and improving access for patients.



Visit the Brisbane North HealthPathways GP to GP referrals page for more details: brisbanenorth.healthpathwayscommunity.org

# GP to GP referral services available

Register now to be included in the list of GPs taking referrals for:



:® iron infusion therapy nsertion/removal

® insertion/removal

- Vasectomy
- Wedge resection/phenolisation for in-grown toenail
- Ear toilet/microsuction (not syringing)

If you are interested in providing any of these services to your GP colleagues, please fill in the form overleaf and and your details will be included on the HealthPathways website.

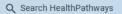




# GP to GP referrals

- Ear Toilet or Microsuction
- Iron Infusion Therapy
- Vasectomy
- Wedge Resection and Phenolisation
- Women's Health
   Etonogestrel implant Removal/Insertion

   IUS Removal and Insertion





1 Our Health System / GP to GP Referrals

### **GP to GP Referrals**

#### About GP to GP Referrals ✓

This page lists general practitioners offering services to other GPs' patients without obligation to continue care. The service is provided and the patient is returned to the referring GP for follow-up. In providing this information, we hope to encourage better networking and skill sharing between general practices and provide better access for patients.

- Brisbane North Health Pathways does not provide any assurance of quality and will not provide governance to any of the services. See Disclaimer for private providers
- · Good communication should be maintained between the referring GP and the GP providing services.
- · Services should be provided in a timely manner.
- The service provider must inform the HealthPathways team ✓ of any changes in their details. Failure to do this may
  result in deletion of the record.

#### Service providers

Complete the listing request form  $\square$  if you would like to be included in the lists of general practitioners who take referrals.

- Ear toilet or microsuction
- Ferinject iron infusion therapy

#### Ferinject iron infusion therapy

See the relevant pathway for details - Parenteral Iron in Primary Care

Albany Creek v

Ascot ~

Aspley **∨** 

Banyo 🗸

Beachmere v

Bowen Hills V





# **Clinical Frailty Scale**



# **Very fit**

People who are robust, active, energetic and motivated. These people commonly exercise regularly. They are among the fittest for their age.



### Well

People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally, e.g. seasonally.



# Managing well

People whose medical problems are well controlled, but are not regularly active beyond routine walking.



# Vulnerable

While not dependent on others for daily help, often symptoms limit activities. A common complaint is being "slowed up", and/or being tired during the day.



# **Mildly frail**

These people often have more evident slowing, and need help in high order IADLs (finances, transportation, heavy housework, medications).

Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation and housework.



# Moderately frail

People need help with all outside activities and with keeping house. Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, standby) with dressing.



# Severely frail

Completely dependent for personal care, from whatever cause physical or cognitive). Even so, they seem stable and not at high risk of dying (within - 6 months).



# Very severely frail

Completely dependent, approaching the end of life. Typically, they could not recover even from a minor illness.



# Terminally ill

Approaching the end of life. This category applies to people with a life expectancy <6 months, who are not otherwise evidently frail.





Easy to use

Indicates to pt

functional level

Please use in referrals

In e-referral templates

# Public Hospital Contact Details FOR GPs

(Note: Most lines available 8.00am - 4.00pm weekdays)

### **Central Patient Intake**

Outpatient Referrals Enquiry line: 1300 364 938

### **Mental Health**

Adult Referral Hotline: 1300MHCall (1300 642 255)

#### Queensland Eating Disorders: 07 3114 0809

(9.00am to 4.00pm, on business days)

The QuEDS consultation service offers treatment advice for GPs providing assistance with assessment, management, discharge planning.

#### Alcohol and Drug Clinical Advisory

Service: 1800 290 928 (8am-11pm / 7 days a week)

ADCAS is a specialist telephone support service for health professionals in Queensland. Medical Addiction Specialists provide free clinical advice. Client calls will be directed to Alcohol and Drug Information Service.

# Residential Aged Care District Assessment & Referral Service (RADAR)

For assessment of patients in aged care facilities Hospital and outreach service: 1300 072 327

# Caboolture Hospital - 07 5433 8888

Emergency Department Hotline: 07 5433 8458 (for GPs who are sending patients to Caboolture ED)

Gynaecology: 07 5433 8035

Maternity - GP Liaison midwife: 07 5433 8800

Paediatrics - An on-call Paediatric registrar or on-call consultant can be contacted via switch 07 5433 8888 for GP advice. Known outpatient: call the consultant seeing the patient. Repeated hospitalisations: call the Registrar prior to ED to save patient time, this may assist direct admission.

# Kilcoy Hospital - 07 5422 4411

# Prince Charles Hospital - 07 3139 4000

GRACE hotline: 07 3139 6896

For patients who live in TPCH area and you are considering sending them to TPCH Emergency Department, please consider calling the GP Rapid Access to Consultative Expertise (GRACE) hotline first. GRACE provides access to internal medicine (not respiratory, cardiology or surgical conditions) expertise to help with assessment, management and treatment.

# Hepatitis B & C, Liver Disease & MN CURE-IT Program: 07 3139 7214 (Mon-Fri 8-4pm)

A Senior Nurse/Dr in Hepatology is available to offer support for GPs in the treatment of Hepatitis C in the community.

**Infectious Diseases** - An infectious diseases physician is available through switch **07 3139 4000** to take GP calls for advice. Outpatient appointments can be discussed and expedited as necessary.

Paediatrics - An on-call paediatric registrar or on-call consultant can be contacted via switch **07 3139 4000** for GP advice

# Redcliffe Hospital - 07 3883 7777

Medical Registrar on call: 07 3883 7188

For advice or direct admission to the Medical Assessment Unit (MAU) bypassing the emergency department. The MAU is appropriate for patients who do not have a medical emergency, have a clear diagnosis, are stable and do not have infection control issues.

#### Cardiac and Respiratory Liaison Service (CARLS): 07 3049 2305

For patients with heart failure, COPD and asthma. CARLS provides education, action plans, home visits, phone follow up and may be able to identify alternatives to admission.

### Hospital in the Home: 07 3883 7456

For patients who would otherwise need daily review at home by a nurse and oversight by a physician.

Cancer Care Coordinator: 07 3883 7237 (7.30am - 3.30pm) Advice from Coordinator about cancer services available in area, advice about current patient.

Gynaecology: 07 3883 7335

Maternity - GP Liaison midwife: 07 3883 7882

Paediatrics - An on-call paediatric registrar or on-call consultant can be contacted via switch 07 3883 7777 for GP advice

# Royal Brisbane Hospital - 07 3646 8111

**General Medicine** - can provide urgent outpatient review and/or day treatments (e.g. chronic anaemia requiring iron infusion and follow-up for investigation) without the need for emergency presentation. Contact the EPIC Registrar on **07 364 73544** to discuss cases.

Advice regarding patients recently discharged or well known to a general medicine team are best facilitated by the team's registrar or consultant directly via switch.

Gastroenterology – Inflammatory Bowel Disease helpline: 07 3636 7020 (Mon-Fri 8.00am – 4.30pm)

OR email rbwh-chrohnscolitis@health.qld.gov.au

Gynaecology: 07 3646 1828

Maternity - GP Liaison Midwife: 07 3647 3960 or 07 3646

**Haematology** (on-call haematologist): **07 3646 1353** for advice concerning abnormal laboratory results or clinical concerns concerning their patients who may require a referral to Haematology.

Malignant Haematology / BMT: 07 3646 7983

Oncology (Medical): 07 3646 7983
Oncology (Radiation): 07 3646 1340
Hepatology – for Hepatitis C enquiries:
RBWH-HepC@health.qld.gov.au

# Metro North GP Liaison Unit

Contact us to provide feedback or comments: mngplo@health.qld.gov.au

The General Practice Liaison Officers Program is a joint initiative between Metro North Hospital and Health Service and Brisbane North PHN.







**Smart Referrals** 

# **Why Smart Referrals?**

- ❖ 2 million referrals annually; most by post or fax
- Supports GPs in provision of required referral information
- Brings referral submission into a digital age
- Safer with electronic submission
- \* Right information, right place, first time
- Facilitate patient journey
- Improve visibility and traceability of the referral lifecycle
- www.bit.ly/sreferrals
- ❖ PCLOs will support installation when available









# Electronic resources for GPs

- STS address book
- Secure messaging e-referrals
- CDA discharge summaries

Haematocrit 0.42

HPP

Investigation	1	Full Blood Count				
Order Date		21-Feb-2016 (Date Requested)				
Order Numbe	er	947843982				
Specimen Ty	pe	Blood				
Specimen Collected		21-Feb-2016 23:30				
Investigation Status	1	Final				
Observation	Value		Result	Units	Ref. Range	Status
Haemoglobi n	144		N	g/L	115 - 160	Final
White Cell Count	10.7		N	x 10^9/L	4.0 - 11.0	Final
Platelet Count	259		N	x 10^9/L	140 - 400	Final





# Health Provider Portal (Viewer)

- Have you signed up?
- Why Live Pathology, radiology, operation & medication records, discharge summaries, OPD appointments (OPD letters in MN "Event Summary")
- Register <a href="http://bit.ly/hppinfo">http://bit.ly/hppinfo</a>
- Name & 100 pts ID must be same as AHPRA registration
- Need HPI-I login to your AHPRA online
- Please check with patient before accessing information
- Difficulties registering <a href="mailto:connectingqld@health.qld.gov.au">connectingqld@health.qld.gov.au</a>



# **Queensland Health**

Public health & wellbeing

Clinical practice

Health system & governance

**Employment** 

Research & reports

**News & alerts** 

a

Home > Clinical practice > Links to databases and tools > Better connecting Queensland GPs and public hospitals > General Practitioners resources > Register for access to the Health Provider Portal

## General Practitioners resources

#### Register

Privacy and security

Training and support resources

Login to the Health Provider Portal

# Register for access to the Health Provider Portal

Many Queensland GPs have now registered for access to the Health Provider Portal. Please remember to logout when it's not in use. Technical assistance is available, if required, by calling 1300 478 439.

You will need to register for the HPP to gain read-only online access to your patients' Queensland Health (QH) records.

By registering for the HPP, you will be able to view a wide range of patient hospital information in one place. It's convenient, secure and accessible at any time.

# Prior to registering

You, or your practice manager, will need to ensure that details of your Medicare Provider Number and Healthcare Provider Identifier - Individual (HPI-I) are up-to-date and registered with QH's Secure Transfer Service (STS). This allows QH to communicate with you electronically.

- Medical Practice STS update form
- Individual GP STS update form

# Personal and professional ID required for registration

To register, Queensland GPs will require 100 points of personal identification which can include:

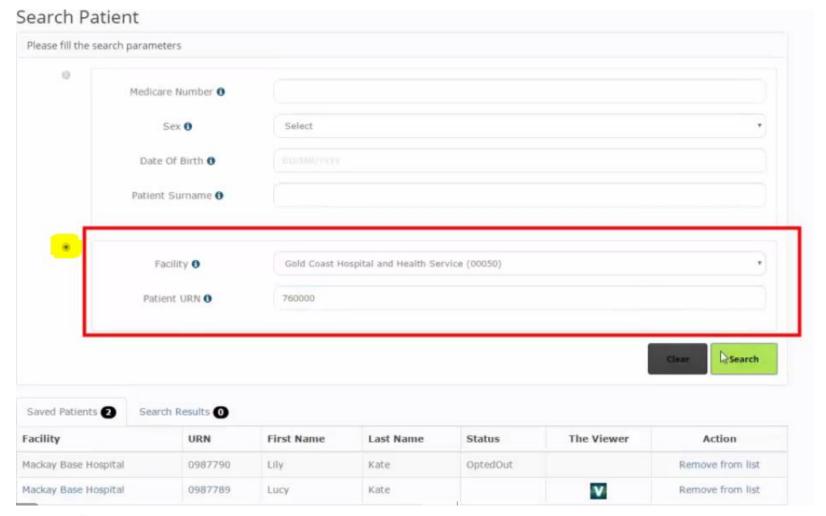
- Australian driver's license\*
- Australian passport\*
- Birth certificate\*
- Medicare Card

Three items of professional identification are also required including:

- current Australian Health Practitioner Regulation Agency (AHPRA) registration number indicating you are a Medical Practitioner
- Medicare Provider Number
- · HPI-I which identifies you as a 'Health Practitioner'.

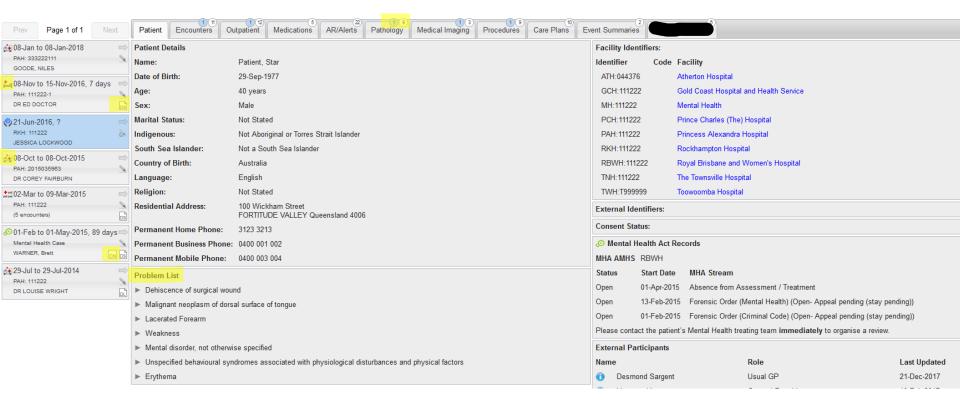


<sup>\*</sup> You must include at least one of these primary documents as part of your 100 points.













# My Health Record

Most patients have a My Health Record as of Jan 2019 In Brisbane North alone in May 2019:

- 150,000+ pathology results uploaded!
- Over 4000 discharge summaries

- Are you using My Health Record & uploading complex patients details on to it?
- Helps with communication if you have uploaded, tell your patients to tell hospital doctor to look



# Paediatric Services Directory Overview

North Brisbane and Moreton Bay region v1.0 - March 2017



















# North Brisbane and Moreton Bay mental health, suicide prevention and alcohol and other drug services magazine

Services commissioned by Brisbane North PHN 2017–2018













# Brisbane MIND Plus Service Map

# Access a greater range of mental health services with Brisbane MIND Plus

GPs now have access to an expanded range of PHN commissioned mental health and suicide prevention services to support their patients. All services below can be accessed using the Brisbane MIND Plus referral tool. Services are commissioned by Brisbane North PHN and there is no cost to the client. Please contact Redicase on 1800 783 336 for all technical enquiries relating to templates or installation.

Need	Mild  Life related distress or recent anxiety or depression			Mild/Moderate	Moderate People experiencing moderate mental health Issues and distress		Severe People with severe mental lilness		Mild-Severe	
Service	RFQ - New Access 07 3358 4424	Neami - Optimal Health Program 07 3205 6622	MDA - Problem Management Plus 07 3333 2100	Peach Tree Perinatal 0410 648 239	headspace Caboolture 07 5428 1599, Nundah 07 3370 3900, Redcliffe 07 3897 1897, Taringa 07 3157 1555	Brisbane MIND4KIDs 07 3630 7339	Brisbane MIND (Including suicide prevention program) 07 3630 7339	ASHA 07 3283 8769	Mental Health Nursing in Brisbane North 1300 522 822	IUIH Connect (Institute for Urban Indigenous Health) 1800 254 354
Description	Supports people tackle day to day pressures and set practical goals (face to face, phone or video conference)	Self- development program to build self- efficacy (8 week face to face group program)	For people Who Identify as culturally and linguistically diverse to help manage stress and adverse situations (Group, phone and face to face sessions)	Mothers of Infants aged between 0-12 months experiencing mild postnatal depression and/or anxiety symptoms (6 week face to face group program)	Provides early Intervention mental health services and assistance in promoting young peoples' wellbeing	Supports families and children who have or are at risk of developing emotional, behavioural or mental health conditions (up to 12 sessions face to face program)	Short-term psychological services for underserviced groups (up to 12 sessions face-to-face for general program and up to 16 face- to-face for suicide prevention program)	Provides mobile outreach support to the region's most vunerable young people (flexible outreach model in agreed locations)	Clinical care coordination for people with severe mental illness	Provides an integrated social health model, including primary mental health services, alcohol and other drug treatment services and suicide prevention services.
Referral information	Self referral, GP or other health provider referral	Self referral, GP or other health provider referral	Self referral, GP or other health provider referral	Self referral, GP or other health provider referral	Self or parent referral or via GP, hospital or emergency services	Referrals from GP, Psychiatrist or Paediatrician Young person with or at risk of developing a mental illness Healthcare/pension card required	Referrals from GP, Psychiatrist or Clinical Nurses Acute Care Team Requires a mental health care plan Healthcare/pension card required	Referrals from GP in Moreton Bay North, Redcliffe and North Lakes sub regions Young person with or at risk of developing a mental illness	Referrals from GP or community- based psychiatrist Requires a mental health care plan	Self referral, GP or other health provider referral.
	No GP referral limit applies			GP referral cap applies		cap applies	No GP referral limit applies		plles	
K10				K10: 10-29	N/A	K10 score: 30-50	K10 score: 25-50	K10 score: 25-50	N/A	
Age	18 years and older			12-25 years	0-11 years	12 years and older	12-25 years	18 years and older	All ages	



# MY MENTAL HEALTH

Home Services Resources News

# **GP Tools**

Linked below are useful tools for general practice working with people with mental health concerns:

A Manual of Mental Health Care in General Practice [National Mental Health Strategy]

e-Mental Health: A guide for GPs [RACGP]

Find a Course [RACGP]

Clinical practice guidelines [RANZCP]

Mental Health Skills Training (Primary Pathway) [CheckUP]

Pathways Program [Brisbane North PHN]

NDIS information for GP's and allied health professionals:

**GP Fact sheet** 

General Practice Toolkit - Understanding your role in the NDIS

A GP & Allied Health Professional's Guide to the NDIS (December 2017)

A GP & Allied Health Professional's Guide to the NDIS (May 2018)

Patient Information Booklet - Accessing the NDIS





Note: each GP guide has different and relevant information so it is recommended health professionals review all the above guides

Some useful specialised information GP's working with the physical health of people with



# Health Professional Resources

# Patient Information

Arthritis Queensland offers a range of patient information booklets and fact sheets which discuss a range of arthritic conditions, management strategies and treatment options.

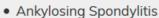
Patients can access these booklets free of charge through our website or infoline.

Health Professionals can request free sample packs of booklets, or bulk orders (\$3 - \$5 per booklet plus postage and handling) by calling the infoline on 1800 011 041.

### **Booklets**

- Taking Control of your Osteoarthritis
- Taking Control of your Rheumatoid Arthritis
- Taking Control of your Ankylosing Spondylitis
- Taking Control of your Psoriatic Arthritis
- 10 Steps to Living well with Arthritis
- Stepping Out: a guide for young adults with arthritis
- · At Home with Arthritis
- Caring and Arthritis
- Joint Replacement

### **Fact Sheets**



- Back Pain
- Exercise And RA
- Exercise And Fibromyalgia
- Feet And Arthritis

- Sjogrens Syndrome
- Spondyloarthritis
- Systemic Lupus Erythematosus
- · Osteoarthritis Of The Hip & Knee
- Management of specific types of arthritis
- Emotional health





# Royal Brisbane and Women's Hospital

**Specialist Outpatient** 

Emergency Care

Elective Surgery

Hospital Activity

Specialist Outpatient

Historical Graphs

Patient Experience

Many of our public hospitals provide a diverse network of specialist medical and surgical services that do not require a person to be admitted. These services include specialist outpatient clinics, provided free of charge to public patients who are eligible for Medicare. Not all patients who use hospital services and are not admitted need a referral, but patients who want to see a specialist require a current referral before being seen at a specialist outpatient clinic and are placed on a register, or waiting list, so that their condition can be prioritised for treatment. For further information about specialist outpatient clinics at Queensland public hospitals, visit Specialist Services or Outpatient Clinics.

Please read our Data Quality Statement.

Waiting

Seen

Patients waiting for an initial service event in a specialist outpatient clinic	Category 1	Category 2	Category 3	Total
Medical	1,148	4,604	5,949	11,701
Surgical	1,200	3,955	9,322	14,477
total	2,348	8,559	15,271	26,178

## Quarterly information for Specialist Outpatient at 01 April 2019

dalterly information for Specialist Outpatient at 01 April 2019					
% Patients waiting within the clinically recommended time	Category 1	Category 2	Category 3	Total	
Cardiac Surgery	100%	-	50%	62.5%	
Cardiology	96.3%	99.1%	99.4%	99.1%	
Dermatology	88.7%	56.5%	74.2%	67.8%	
Diabetes	50%	57.2%	94.7%	68.2%	
Ear Nose and Throat	77.1%	68.8%	88.3%	86.1%	
Endocrinology	77.8%	66.4%	94.2%	74.3%	
Gastroenterology	90.8%	84%	100%	86.6%	
General Medicine	50%	89.2%	100%	95.5%	
General Surgery	91.1%	43.5%	81.5%	68.6%	

100%

100%

100%



Geriatrics

# Monthly GP Bulletin

nfo@brisbanenorthphn.org.au>

# **Network Link GP** bulletin



Network Link PDF | MNHHS referral guidelines | HealthPathways | The Viewer



# Integrated suicide prevention initiatives aim to save lives

Minister for Indigenous Health, Hon Ken Wyatt AM, MP has thanked Brisbane North PHN and its partners for the launch of local initiatives under the National Suicide Prevention Trial targeting high-risk populations in the North Brisbane and Moreton Bay region.



In a video message played at the launch on 21 February 2019, Minister Wyatt said the initiatives implemented through the Brisbane North trial mark a major step forward.

"I am committed to supporting young people, families, communities, Elders, and service providers, and all levels government as we work together to reduce the loss of life through suicide," he said.

### News in brief

Newly released HealthPathways

- prediabetes
- osteoporosis

To submit feedback about HealthPathways, please contact administration.integration@ brisbanenorthphn.org.au.

Login via the HealthPathways website or phone 07 3630 7300 for login details.



# GP bulletin - June 2019

News from General Practice Liaison Officers at Brisbane North PHN and Metro North Hospital and Health Service.

Any feedback or suggestions please send to mngplo@health.qld.gov.au. Please share with your GP colleagues.

#### HealthPathways update

### Newly released HealthPathways:

- · diabetes-screening and diagnosis
- older adults weight and nutrition
- suicide risk
- · involuntary assessment

To submit feedback about HealthPathways, please contact administration.integration@ brisbanenorthphn.org.au.

Login at: brisbanenorth. community healthpathways.org or phone 07 3630 7300 for login details.

#### GP education

- · 8 June-Recognising. diagnosing and managing dementia in general practice -North Lakes Resort Golf Club
- 18 June—Common challenges in primary care: Respiratory -The Prince Charles Hospital
- 20 July—Cancer preceptorship for GPs - Royal Brisbane and Women's Hospital
- · 27 July-Rheumatology in primary care - Royal Brisbane and Women's Hospital
- 3 August—Maternity workshop - Royal Brisbane and Women's Hospital

Visit bit.lv/phnevents for upcoming education events.

Missed a GP education event? Slides from our recent GP education events are now available online at http://bit.ly/mngpedu.

#### ........ Residential aged care imaging services now available

Aged Care Imaging is now offering mobile x-ray services to residents of aged care facilities in the Brisbane North and Morton Bay region, Metro North Hospital and Health Service (MNHHS) is providing 15 subsidised bookings of this service each week. for further details contact the MNHHS RADAR Central Coordinator on 1300 072 327 or for more information on ordering a mobile x-ray contact Aged Care Imaging on 1300 025 601.

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#### Infectious diseases service

Infectious diseases services are provided at Redcliffe Hospital, Royal Brisbane and Women's Hospital and The Prince Charles Hospital in the Metro North Hospital and Health Service. Patients are allocated to a facility based on their postcode and the availability of particular services. For more information on how to refer to this service visit http://bit.lv/infectiousdiseases-service.

#### ..... Queensland Children's Hospital referral update

The Queensland Children's Hospital specialist referral forms have undergone a major update, as part of the implementation of paediatric statewide referral criteria. Updates are now available for the Best Practice, Medical Director and PDF versions of the template.

Templates can be downloaded to your medical practice software and transmitted electronically via Medical Objects, Health Link or other secure email networks; printed; faxed or mailed. Register to access downloadable templates: http://bit.ly/ CHQ-referralforms.

#### GPs invited to register for a mental health pilot for veterans

GPs who currently participate in the Coordinated Veterans' Care Program are encouraged to register for an innovative mental health pilot.

The pilot will test whether the use of a digital coaching app can assist veterans to manage mild to moderate mental health concerns, in conjunction with traditional treatment through a GP.

For more information or to register for the pilot call 1800 424 514 or email dvamhp@tunstallhealthcare.com.au. Registration closes on 30 June 2019.

#### \* Research on chlamydia management in general practice

Researchers at the University of Melbourne are seeking GPs, practice nurses and practice managers to participate in a telephone interview about chlamydia management in general practice.

For more information or to participate email mocca-info@unimelb.edu.au.

#### ............ Research on GPs views about long-term antidepressant use

Australia has one of the highest antidepressant prescribing rates in the world, with long-term use a growing concern. Because of this, we are interested in your experiences and opinions about discontinuing patients' long-term antidepressants.

For more information email the University of Queensland researchers at longtermad@uq.edu.au

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2018/19

An Australian Government Initiative

Brisbane North PHN delivers local programs and services and works with Metro North Hospital and Health Service (the HHS) to improve the integration of care.

### Your first point of contact

Our team of Primary Care Liaison Officers (PCLOs) are available to provide direct support to general practices across the region.





Caboolture Emylee Tickner t 0402 159 523



North Lakes/North west Donna Hayward t 0402 159 794



Joanne Dieudonne t 0402 159 530



Pine Rivers Leanne Planeda t 0402 162 780



Redcliffe/Brighton Jo-Lyn Harding t 0402 162 512



Leanne Giret t 0433 641 310



Michelle Casella t 0481 010 075





An Australian Government Initiative



**Quality Systems** Coordinator Stephanle Thompson



# Suggestions or Feedback

To get in touch with GP Liaison Officers Feedback, improvements, suggestions etc:
mngplo@health.qld.gov.au

- At public hospital sites Ask for Consumer Liaison Officer - issues with patient care or want to provide feedback
- Qs about OPD referrals Call Central Patient
   hn
   intake 1300 364 938