

# CLEAN IN OUT



CLEANING YOUR HANDS IS THE EASIEST AND MOST EFFECTIVE WAY TO KEEP YOU AND YOUR LOVED ONES SAFE FROM INFECTION WHEN YOU VISIT THE HOSPITAL.

Clean your hands on the way **in** to any patient encounter and clean your hands on the way **out**.



Wipe away dirt or visible contamination



Apply hand gel



Rub it in well



Make sure your hands are dry



Queensland  
Government