

**SMARTER  
SMILES**

## Year 10 Dental Drop-in Clinic

Metro North Oral Health Service is offering **free** dental treatment to students while they are still eligible.

### What is being offered

✓ **Free dental service during school hours and on-site at school**

Students are being offered a 10-minute timeslot for an oral health screening (limited check-up) to check for dental decay and other oral health issues. They will also receive a fluoride varnish application, oral hygiene education and a free toothbrush pack.

✓ **Access to free dental treatment at your nearest Queensland Health dental clinic**

If there is a need for urgent treatment that is observed during the screening, your child will be offered **free** dental treatment at their nearest public dental clinic. Regardless, a **free** comprehensive examination and clean is highly recommended.

### Complete these steps to participate

- Return the completed consent forms to your school or bring it on the day.
- Reserve a timeslot via this link <http://tiny.cc/nw5lkz>

## Free public dental care is available for all eligible students.



All students who are Queensland residents through to year 10, and years 11 and 12 students who are eligible for the Child Dental Benefits Schedule or those who hold a current Centrelink Card, Healthcare or Pension Card.

**If your child is currently experiencing a toothache or you have a concern that you would like addressed sooner, please call 1300 300 850 to make an appointment.**

## Frequently Asked Questions



### Do parents/guardians need to attend?

No, parents or guardians do not need to accompany their child to the year 10 Dental Drop-in Clinic.

If parents or guardians wish to, a free dental appointment can be made at the nearest school dental clinic. A parent or legal guardian must attend this appointment with their child. Make an appointment by calling 1300 300 850.

### What's the difference between a dental screening and a dental examination?

A dental screening is a limited dental examination designed to provide easier access to the service. Due to the availability of dental equipment onsite at the school, a comprehensive examination and clean cannot be completed.

### Who will provide the service?

The dental drop-in clinic will be led by a registered Dental Therapist or Oral Health Therapist. The team who screen and apply the fluoride to your child's teeth will be made up of Oral Health Therapists and Dental Therapists. Dental Assistants will teach your child the best tooth brushing technique.

### What is fluoride varnish and why apply it? \*\*

Fluoride varnish can help protect teeth and is effective in reducing decay. Adolescents can get cavities (holes) which may be painful and affect quality of life, including eating, studying, playing and sleeping.

It is a protective coating which is painted on the teeth to help stop cavities forming and slows down cavities which may have started. It is recommended for children and adolescents of all ages that are at risk of cavities. Fluoride varnish contains 22.6mg/ml fluoride ion suspending in an alcohol and resin base. The fluoride varnish lasts for several months.

Most studies show a 25-45% reduction in decay rate when Fluoride Varnish is applied every 6 months.

### Is fluoride varnish safe?

Yes, it has been used widely around the world. Only a very small amount is used. Application up to four times a year has not been linked to an increased risk of dental fluorosis.

### Why do we ask if your child has asthma?

In a very small number of cases fluoride varnish application may trigger an asthmatic reaction. However, the chance of this happening is very rare, and easily managed.

### How is it put on and what happens afterwards?

It is painted on by dental practitioners directly to dried teeth where it forms a waxy film that adheres to the teeth until it is worn off by chewing or brushing.

Fluoride varnish works best if it is not disturbed for a while. It is recommended to only eat soft foods for the rest of the day. The teeth should not be brushed or otherwise cleaned until the next morning.



\*\* Information provided by the Australian Research Centre for Population Oral Health



# YEAR 10 DENTAL DROP-IN CLINIC CONSENT FORM

Please return the completed form to your child's form teacher or to the school office. Please reserve a timeslot via <http://tiny.cc/nw5lkz>

This is a free dental service conducted at the school to screen your child for dental decay & other oral health issues. Your child will receive oral hygiene instruction, dietary advice & a fluoride varnish (5% sodium fluoride) application.

**The Oral Health Team will notify you if any follow up dental treatment is required.**

School Name:

Child's Name:

Date Of Birth: / /  Class: (e.g. 10B)  Male  Female

Medicare Card & Reference Number:  valid to:

Parent/Guardian Name:

Address:

Phone:   Tick if you **do not** want to be contacted by email

Email:

Does your child identify as Aboriginal or Torres Strait Islander or South Sea Islander origin?

Please tick one box:  Aboriginal  Torres Strait Islander  South Sea Islander  Neither

Birth country of this child:  Australia  Other country:

### Medical History: (Reported past/present medical conditions)

Does your child have ASTHMA? <input type="checkbox"/> yes <input type="checkbox"/> no
Does your child require Ventolin or a puffer? <input type="checkbox"/> yes <input type="checkbox"/> no. If YES, please ensure child has medication available.
<b>ALLERGIES</b> <input type="checkbox"/> yes <input type="checkbox"/> no. Please specify allergy and medication required, if any:
<b>ALL OTHER MEDICAL CONDITIONS &amp; MEDICATIONS:</b>

### Consent statement:

I, \_\_\_\_\_ give consent for \_\_\_\_\_  
(Parent/Guardian name – please print) (Child's name – please print)

to be enrolled in the Year 10 Dental Drop-In Clinic for fluoride varnish application and dental screening. I consent to Queensland Health contacting me by text message (SMS) about my child.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date

