



## General Practice Liaison Officer (GPLO) Program

Metro North Hospital and Health Service *Putting people first*

Healthcare Excellence and Innovation

# Children and adolescent mental health - Mythbusting and unravelling the mystery of local services and supports for GPs

Wednesday, 25 November 2020

Metro North HHS, Brisbane North PHN and Children's Health Queensland

Headspace, Stride, YourTown, ASHA, Brisbane MIND4KiDS

## Welcome to Country

I acknowledge the traditional custodians of the lands on which we all meet today. I would also like to pay my respects to Elders past and present.

# Housekeeping

**To ask questions: Go to [www.sli.do](http://www.sli.do) use code - bngpweb5**

- Questions will be answered at end with the panel discussion
- Zoom Chat is only for sharing resources to benefit others eg useful web resources etc.
- **Please remain on 'mute' & camera off** unless asked to speak as we are recording the event.

# Navigating Community Health Services at MNHHS Program

## **Welcome and GP Liaison Update**

Dr James Collins and Dr Matt Cadman, GP Liaison Officers, *Brisbane North PHN and Metro North HHS*  
Anita Krug, Program Development Officer, *Brisbane North PHN*

## **Community Child & Youth Mental Health Services in Brisbane North & Moreton Bay region**

Sam Kilby & Vanessa Clayworth, Nicole Gapes & Myfanwy Pitcher – *headspace Taringa, Nundah & Caboolture*

Ashleigh Hancock & Michelle Wallbank – *BrisbaneMIND4Kids*  
Kathryn Kenny– *Quality Manager, ASHA*

Dr Sundar Shanmugam, *CHQ CYMHS Medical Director Community & Fiona Cameron, Team Leader, CYMHS North West*

*Dr Sunanda Ghosh, Consultant Psychiatrist and Dr Shane Rebgetz, Team Leader, Redcliffe & Caboolture CYMHS Service*

## **Where does Child Development Service fit in?**

*Dr Honey Heussler & Anna Cooke, CHQ Childrens Development Service*

## **Mental Health Panel – Q&A with the specialists**

ASHA, Headspace, Brisbane MIND4Kids, CHQ and Redcab CYMHS leads, CHQ Child Development Service, Paediatrics (Dr Sue Hobbins), MNHHS, Brisbane North PHN, GP Liaison Officers

# Welcome and GP Liaison and Brisbane North PHN Update

Drs James Collins & Matt Cadman, GP Liaison Officers,  
Brisbane North PHN and Metro North HHS Email  
[mngplo@health.qld.gov.au](mailto:mngplo@health.qld.gov.au)

Anita Krug, Program Development Officer, Mental Health,  
Brisbane North PHN

# Useful Mental Health Resources







Dr Matt Cadman – Mental Health GPLO – 1 day a week –  
Opportunities in mental health

Anita Krug

## Mental Health Service Navigators

Provide information about mental health, suicide prevention and alcohol & other drug treatment services

- support health professionals, consumers & carers making a referral to PHN commissioned services.
- **Phone: 1800 752 235** (8.30 am – 4.30 pm, Monday to Friday)  
[www.brisbanenorthphn.org.au/our-programs/mental-health-services/my-mental-health-service-navigation](http://www.brisbanenorthphn.org.au/our-programs/mental-health-services/my-mental-health-service-navigation)
- Health Pathways - Eating disorders  
- Psychosis and more
- Brisbane North PHN commissioned services map eg BrisbaneMind4Kids

- Mental Health 
- Addictions 
- ADHD in Adults
- ADHD in Children and Youth 
- Anxiety in Adults 
- Bipolar Affective Disorder
- Child and Youth Mental Health 
- ADHD in Children and Youth 
- Anxiety in Children and Youth
- Depression in Children and Youth
- Eating Disorders in Children and Youth
- Infant Mental Health
- Psychosis in Children and Youth

## Brisbane North

# HEALTHPATHWAYS

### Latest News

12 March

#### 📌 COVID-19 guidance

See the [COVID-19 section](#) for the latest clinical guidance and check [latest public health updates](#) .

### Pathway Updates

*Updated – 16 November*  
[Headaches in Adults](#)

*Updated – 11 November*  
[Deep Vein Thrombosis \(DVT\)](#)

 HEALTH PROVIDER PORTAL

 METRO NORTH HHS

 PHN

NEED	Mild K10 score 10-24				Mild/moderate K10 score 10-30		Moderate K10 score 25-50	Severe K10 score 31-50	
SERVICE	<b>IUIH Connect (Institute for Urban Indigenous Health) 1800 254 354</b>								
	Provides an integrated social health model, including primary mental health services, alcohol and other drug treatment services and suicide prevention services.								
	<b>Neami - Optimal Health Program</b> 07 3493 6780	<b>Richmond Fellowship Queensland - New Access</b> 1300 159 795	<b>World Wellness Group - Problem Management Plus</b> 07 3333 2100	<b>Peach Tree Perinatal</b> 0410 648 239	<b>headspace</b> Caboolture 07 5428 1599 Nundah 07 3370 3900 Redcliffe 07 3897 1897 Taringa 07 3157 1555	<b>Change Futures: Psychology in Aged Care Wellbeing Program</b> 07 3857 0847	<b>Brisbane MIND</b> 1800 752 235 Healthcare/pension card required	<b>ASHA</b> 07 3283 8769	<b>Mental Health Hubs</b> <b>Community:</b> The Recovery and Discovery Centre, inner north Brisbane 07 3510 2777 <b>Neami:</b> The Living and Learning Centre, Strathpine 07 3493 6780 <b>Stride:</b> Floresco, Caboolture 07 4593 0500
AGE	16 years and older	18 years and older			12 - 25 years	65 years and older	All ages including children 0 - 11	12 - 25 years	18 years and older
DESCRIPTION	Self-development program to build self-efficacy (8 week face-to-face group program).	Supports people to tackle day-to-day pressures and set practical goals (6 session coaching programs designed by Beyond Blue).	For people who identify as culturally and linguistically diverse to help manage stress and adverse situations (Group, phone and face-to-face sessions).	Mothers of infants aged 0-12 months experiencing mild postnatal depression and/or anxiety symptoms (6-week group program).	Provides early intervention mental health services and assistance in promoting young peoples' wellbeing.	For residents of aged care facilities. Provides group and individual support to people over the age of 65.	Short term psychological therapy for those who cannot access the universal service <i>Better Access</i> . Eligible clients must identify in one of the following under serviced groups: <ul style="list-style-type: none"> <li>children 0-11 years</li> <li>culturally and linguistically diverse communities</li> <li>LGBTIQ+ communities</li> <li>people who have experienced trauma or abuse</li> <li>people at risk of suicide</li> <li>residents of Brisbane Island and Kilcoy.</li> </ul>	Provides mobile outreach support to vulnerable young people in the Moreton Bay north region. Please contact the service directly for referral pathways.	Delivering integrated clinical and non-clinical services for people with severe mental illness. Service types: <ul style="list-style-type: none"> <li>care coordination (including mental health nursing)</li> <li>psychological group therapy</li> <li>one-on-one psychosocial support.</li> </ul>



If interested in future GPLO or GP with special interest positions contact [mngplo@health.qld.gov.au](mailto:mngplo@health.qld.gov.au)

# Community Child & Youth Mental Health Services in Brisbane North & Moreton Bay Regions

- Headspace
- Brisbane Mind4Kids
- ASHA Program

# headspace

Sam Kilby (headspace Taringa & Redcliffe)

Vanessa Clayworth (headspace Nundah)

Nicole Gapes & Myf Pitcher (headspace Caboolture)

**Brisbane North PHN GP Education Session**

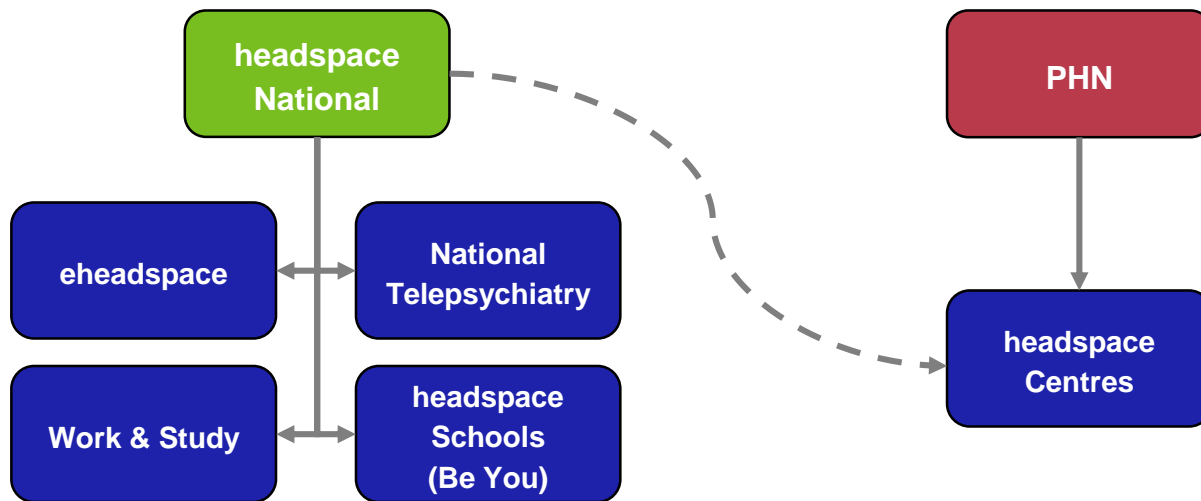
Child & Adolescent Mental Health

25 November 2020

# Overview



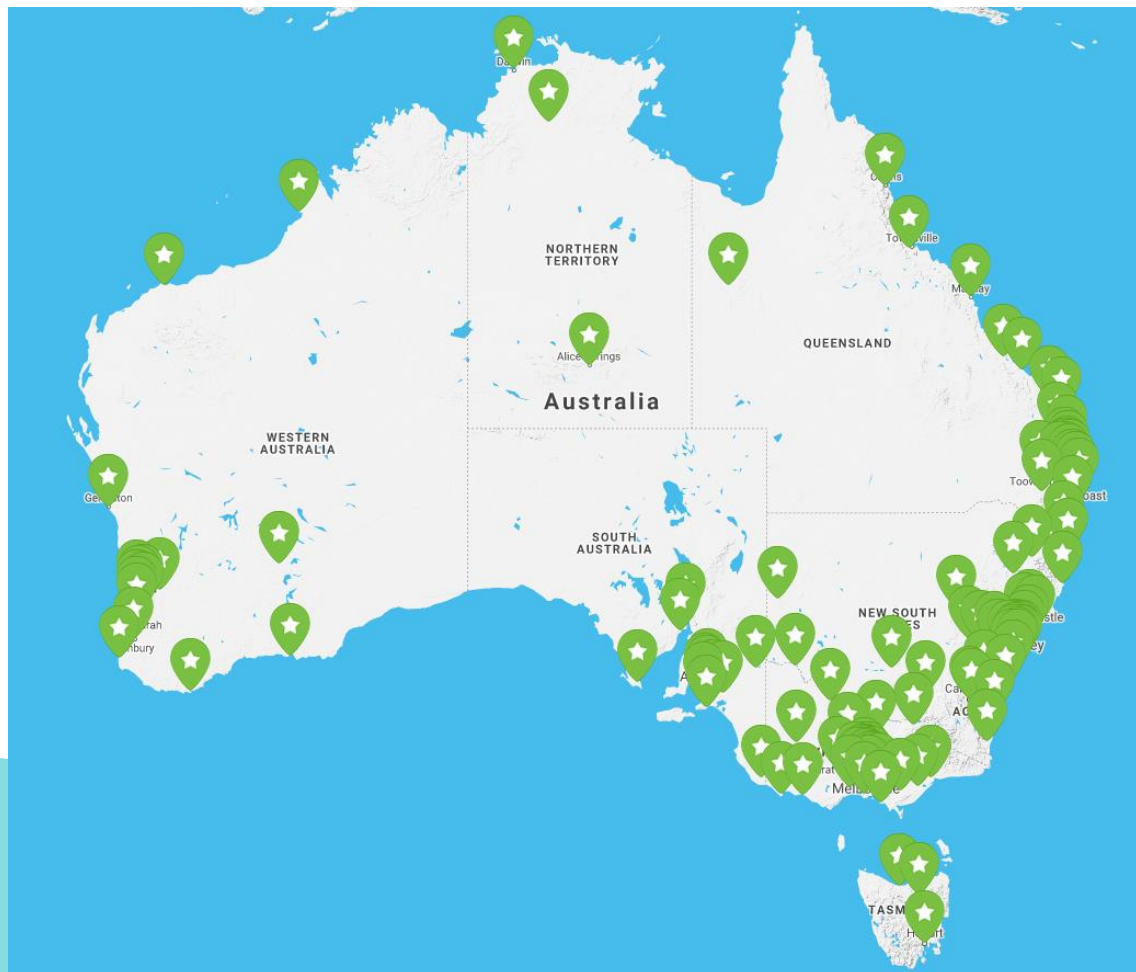
headspace provides services aimed at improving the mental health and wellbeing of young people in Australia aged 12 to 25 years.



# Centres



- Approximately 130 centres across Australia.
- 14 centres with Early Psychosis programs.



# What we do



- headspace centres provide **four core streams** of support:
  1. Mental health
  2. Physical health
  3. Alcohol and other drug
  4. Vocational & educational
- Each headspace centre may provide additional streams of support depending on staffing, resources, partnerships, additional funding sources and community need.
- **Tip:** look on the centre website under “Services” to see what is offered.  
e.g. [headspace.org.au/taringa](https://headspace.org.au/taringa)

# Accessing headspace



*Self-referral*

*Family/friend referral*

*Professional referral*

**Intake Assessment**

**Clinical Review**

**Mental Health**

**Physical Health**

**Alcohol &  
Other Drug**

**Vocational/  
Educational**

**Group  
Programs**

**Other  
Services**

**External  
Referral(s)**

# Example #1



## GP referral

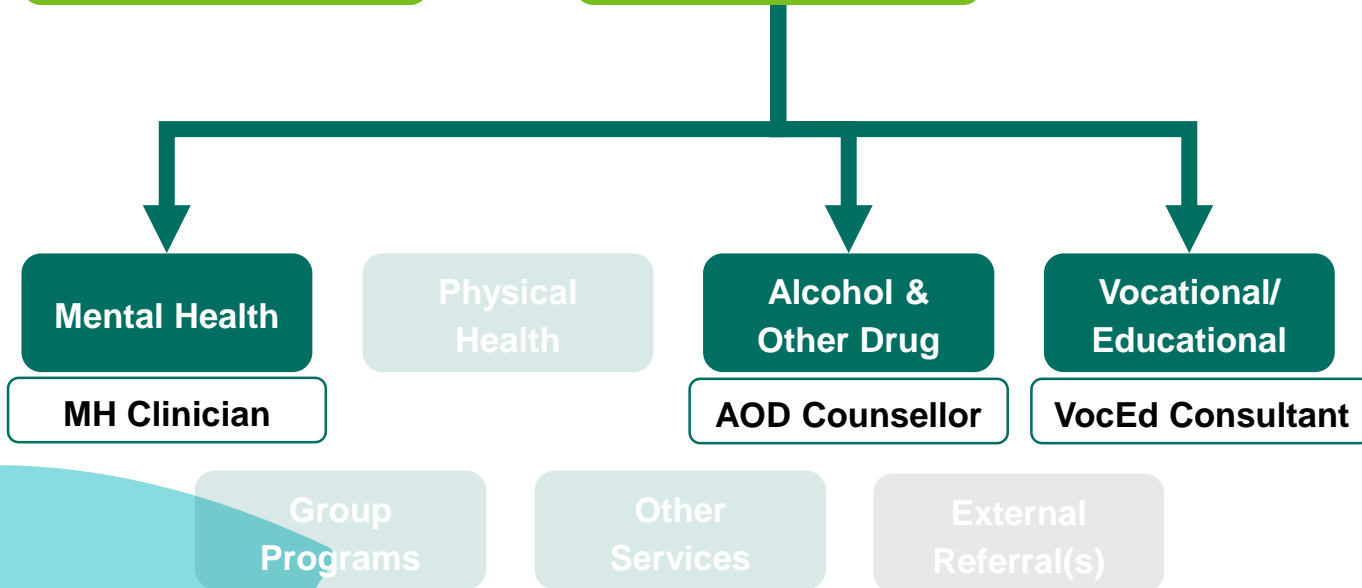
- 19 year old male
- Mixed depression/anxiety
- Problematic alcohol use
- Unemployed



Intake Assessment



Clinical Review



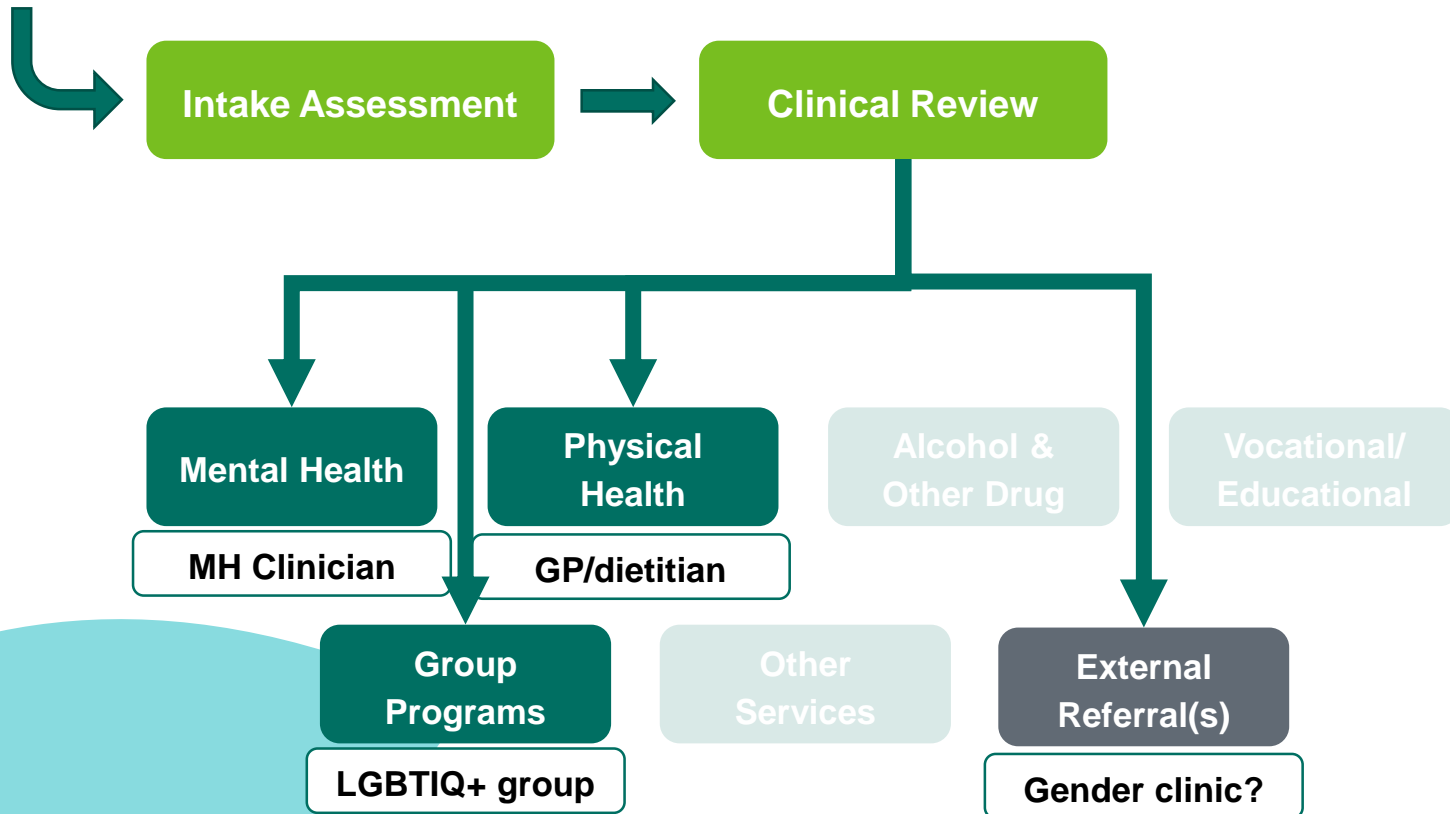


# Example #2



### Self-referral

- 15 year old transgender female
- Gender dysphoria
- Low mood, social isolation
- Eating issues



# Important points



- Free or low-cost services
- 12 to 25 years (inclusive)
- Generalist service aimed at mild-to-moderate mental health needs
- Many services rely on Medicare (e.g. Better Access)
- May be limit to sessions
- Not a drop-in/crisis service
- Capacity to provide specialist intervention or manage complex cases is limited and will depend on a centre's workforce and funding (e.g. eating disorders)
- Not a suitable service for cognitive, ASD or ADHD assessments
- “No wrong door” policy



# BRISBANE MIND4KIDS

Michelle Wallbank (yourtown)

Ashleigh Hancock (Stride Kids)

# Brisbane MIND4KiDS Program Introduction

- Mental health program funded by Brisbane North PHN
- Short-term psychological therapy
- Up to 12 sessions
  - Individual
  - Family therapy
  - Parenting skills
- Includes care coordination (wrap-around services)

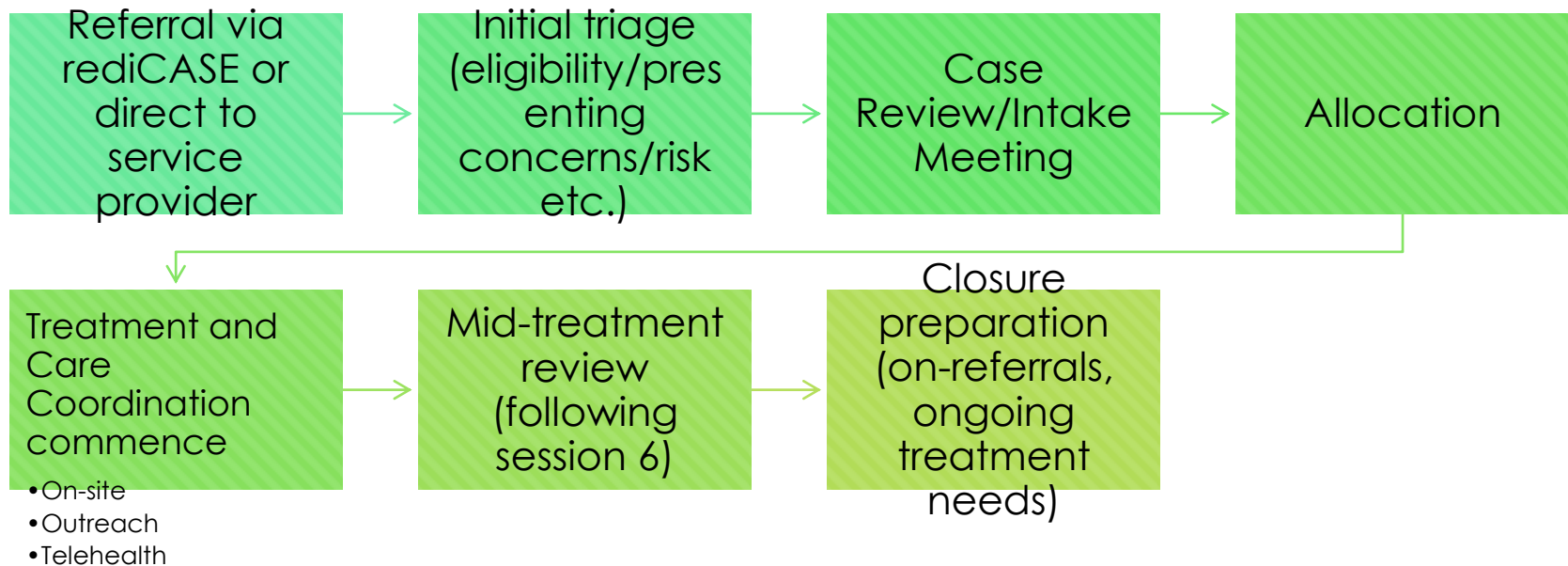
# Eligibility

- 0-11 years
- With a moderate mental health concern
- Likely to benefit from short-term intervention
- Residing in North Brisbane catchment areas:
  - Yourtown: Pine Rivers, Redcliffe – North Lakes and Moreton Bay North
  - Stride Kids: Inner City, Inner West and North Brisbane regions
- Parents/carers hold healthcare or pension card
- Has MHCP from GP

## Note:

- Intervention based service, not diagnostic
- Children with developmental and learning disorders not eligible for services

# Client Journey



# Case Study

- Referred by GP (Dr. X) following recommendation from school
- 8-year-old male
- Presenting concerns:
  - Anxiety symptoms (social and separation) and emotional dysregulation
  - School refusal
  - Occurring mostly within context of school attendance, progressively worsening over previous 12-months
- Background:
  - Currently under shared custody arrangement with Mother and Father (week on/week off)
  - Reported history of domestic and family violence between parents prior to separation, ongoing conflict between parents regarding treatment needs for their son
  - Parents have both reported a history of mental health diagnoses/concerns
  - Both parents struggling with presenting concerns and report being unable to manage

# Case Study cont.

- Treatment Plan:
  - Rapport building
  - Collaborative goal setting: reduce anxiety symptomology, increase school attendance, increase confidence and self-esteem and improve relationship with peers
  - Psychoeducation
  - Anxiety management strategies (e.g., CBT, ACT, play therapies)
    - Social settings
    - Separation
  - Relapse Prevention strategies
  - Liaise with GO and teacher at school
  - Parental support for concerns regarding conflict
- Care Coordination
  - Referral for mother regarding support for mental health concerns
  - Support with financial stress/budgeting support



# Case Study cont.

- Outcomes:
  - Reduce anxiety within school setting
  - Return to regular attendance with support from GO
  - Reported improvement with peers in school
  - Reduced concerns regarding separation at beginning of school day
  - Mother reports increased confidence in managing behavior

# On-Referral

If the Brisbane MIND4KiDS program is not a good fit (based on eligibility, presenting concerns etc.):

- Internal referral (to alternative program within organisation)
- External referral:
  - Alternative PHN funded programs
  - Health based services
  - Community based services
  - Private services

# Yourtown Internal Referral Options



yourtown

**Brisbane Mind4Kids  
& yourtown Services  
- Moreton Bay Region**

## INTERNAL REFERRALS

### Starfish Program

Starfish is an early-intervention, family mental health service that supports children and young people aged up to 18 years who may be experiencing emotional health and wellbeing challenges. Alongside supporting children, the program supports families and carers.

Funded by Australian Government Department of Social Services

### yourtown Expressive Therapy Program

A therapy service for children aged to 8 years; delivers a range of creative therapy modalities e.g. sand play, art therapy, etc.

Funded by yourtown

### KidzMatter 2

A service to support children and young people across the Moreton Bay Area who have experienced or witnessed domestic violence. Provides support, education and therapy to young people and their primary care giver through a multi-partner agency based in Deception Bay.

Funded by Centre Against Domestic Abuse

## ALL MORETON REGION SERVICES

### Glugor Young Parents Program

The Glugor Young Parents Program provides practical parenting support to help with life skills, health and wellbeing activities, and promote child development in safe, supportive environments.

T: 07 3888 0758

### yourtown Employment Services

yourtown offers a range of employment and training services for young people seeking to develop their personal and professional skills, improve their confidence and secure employment.

T: 07 3368 3399  
E: support@yourtown.com.au

### Kids Helpline

Kids Helpline is Australia's only free (even from a mobile), confidential 24/7 online and phone counselling service for young people aged 5 to 25. Qualified counsellors are available via WebChat, phone or email anytime and for any reason.

T: 1800 55 1800

### Parentline

Parentline offers confidential phone and WebChat counselling and support for parents and carers of children in Queensland and the Northern Territory. Our phones are open every day from 8AM-10PM, while WebChat is available every day from 8AM-9PM.

T: 1300 30 1300 (QLD & NT)

### BM4KS

(Brisbane Mind4Kids)  
T: 07 3387 8800

A free psychological service for children up to the age of 11 years experiencing moderate mental health issues (with a Mental Health Plan wherever possible) from families with, or eligible for, a Health Care Card or Pension Card. Priority given to referrals from: GPs, Health specialists (e.g. Paediatricians), Hospitals, Health Services.



**Questions?**

# ASHA Program – Redcliffe Youth Space

## Kathryn Kenny, Manager, ASHA

- Sees young people aged 12-25
- **moderate to severe** mental health concern (e.g. mood, trauma, eating, psychotic, personality & substance use disorders),
- in conjunction with moderate to severe psychosocial concerns (e.g. family functioning, social withdrawal, disengagement from vocation, involvement with care).
- multidisciplinary team - mental health clinicians who provide psychological therapy, & functional recovery managers who provide case management and therapeutic interventions

**More information - Call 3283 8769**

# Navigating Specialist Children & Adolescent Mental Health Services

- Children's Health Queensland (CHQ) – Child & Youth Mental Health Services (CYMHS)
- Redcliffe & Caboolture CYMHS
- CHQ Children's Development Service

# Children's Health Queensland

## Child and Youth Mental Health Service

**Ms Fiona Cameron**, Team Leader North West  
CYMHS and **Dr Meenakshi Sundaram**  
**Shanmugam** Medical Director, Community  
CYMHS

25/11/2020



# CYMHS

- Tertiary Level, multi-disciplinary
- 3000+ referrals each year
- 6 Community CYMHS Clinics in CHQ
- 5.6 FTE Child Psychiatrist
- Specialist teams with medical and allied health staff
- multi-disciplinary teams comprising of following disciplines →
  - Psychologists
  - Social Workers
  - Speech Pathologists
  - Occupational Therapists
  - Mental Health Nurses
  - Medical – Psychiatry
  - Indigenous Health Workers
  - Peer Workers
  - Consumer Carer Consultants
  - Exercise Physiologists
  - Dieticians





# Children's Health Queensland CYMHS

## Community CYMHS

Inala  
Mt Gravatt  
Yeronga  
North West (Keperra)  
Pine Rivers (Strathpine)  
Nundah

## Hospital Teams

QCH Inpatient Units (Child and Adolescent)  
Acute Response Team (ART) - ED  
Consultation Liaison

## Specialist Teams

Evolve (Out of home care)  
AMYOS  
Day Programs (South, JP)  
Eating Disorders Clinic  
0-4 CYMHS  
Gender Clinic  
Forensic (CYFOS)  
eCYMHS (Telepsychiatry)  
Programs and Partnerships (Ed-linq, COPMI, Dual Diagnosis, Multi-cultural workers)  
Sub-acute unit- Jacaranda Place (JP)

# Who does CYMHS target?

Children 0-18 years experiencing mental health problems that are:

- Severe and/or complex
- Severely compromising quality of life and developmentally appropriate functioning
- Requiring coordination/integration across multiple services
- Significantly elevated in risk



# What CYMHS are unable to provide

- Psychiatry assessments or medication review only.
- Assessments for the purpose of court reports.
- Interventions for developmental disorders such as ASD, Asperger's without co-morbid, serious mental health problems that are impacting significantly on functioning.
- Clients deemed low risk who could potentially be treated by other providers.



# Community CYMHS Referral Pathway

## **Referrals:**

- Secondary referrals through Guidance Officers, SBYHN's, GP's or other mental health professionals
- Youth can self-refer

## **What happens when I refer?**

- Intake will gather collateral (CIMHA; school; parent; referrer)
- Triage risk
- The family is offered an initial 'Choice' appointment



# Navigating CYMHS

- Can be confusing and unclear
- Call Local CYMHS Intake Teams (8.30 am to 4.30pm, Weekdays)
  - Nundah CYMHS: 3146 2438
  - North-West CYMHS: 3335 8888
  - Pine Rivers CYMHS: 3817 6380
- If patient is engaged with private psychologist or psychologist, it is helpful to first discuss if an escalation to CYMHS is recommended



# Choice (intake)appointment

## What happens at Choice?

- Identify family and child's mental health needs, expectations of family and referrer
- Assess risk
- Develop preliminary shared understanding of concerns
- Identify goals or issues needing to be addressed
- Discuss with young person and family on how goals & expectations can be met

## Outcome made at Multi- Disciplinary Team meeting

The decision may be that the 'Choice' appointment is enough; or

- That there is another service more appropriate; or
- CYMHS is the right service

Feedback to referrer (with family's consent)



# Tips for referrals

- Clear identification of mental health concerns and risk
- Consent from patient or family essential
- Avoid referrals to multiple service providers without clear intent and goals
- If patient already engaged with other MH services discuss referral with them first.
- Discuss CYMHS processes with YP & family first (ie. One off appointment first)



# Typical Presentation

- 14yo girl, previously in care at age 2-4 (mother unable to care for her; was left at home alone)
- Lives with mum who has bipolar disorder. Treated with medication; managing ok?
- Crying at school – for the past 2 weeks, stated to GO she doesn't want to live, friends and mother concerned.
- Records reveal a previous overdose 12 weeks ago (paracetamol; not admitted, re-connected to counsellor)
- Missing school; not like her usual self
- Fa died 1 year ago from cancer
- Sought counselling; ceased abruptly 1 month ago
- Describes to GO feeling sad, lonely and hopeless for 3 months; nothing helps except 'cutting' herself
- Mum and young person wanting help







Metro North Hospital and Health Service *Putting people first*

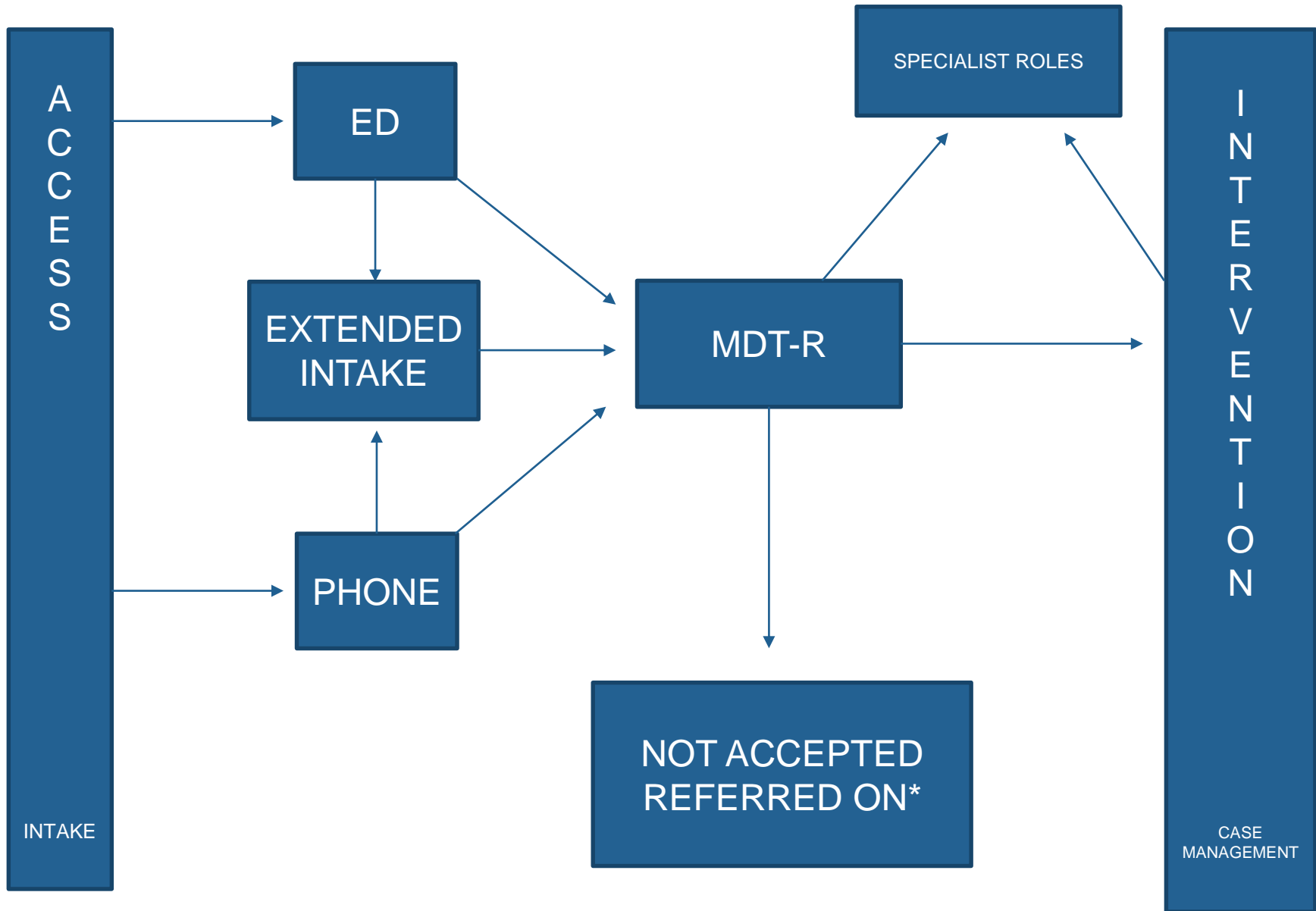
Mental Health

# Redcliffe-Caboolture Child & Youth Mental Health Service (RC-CYMHS)

Presented by: Dr Sunanda Ghosh (Consultant Psychiatrist) & Dr Shane Rebgetz (Team Leader)

Date: 25 November 2020

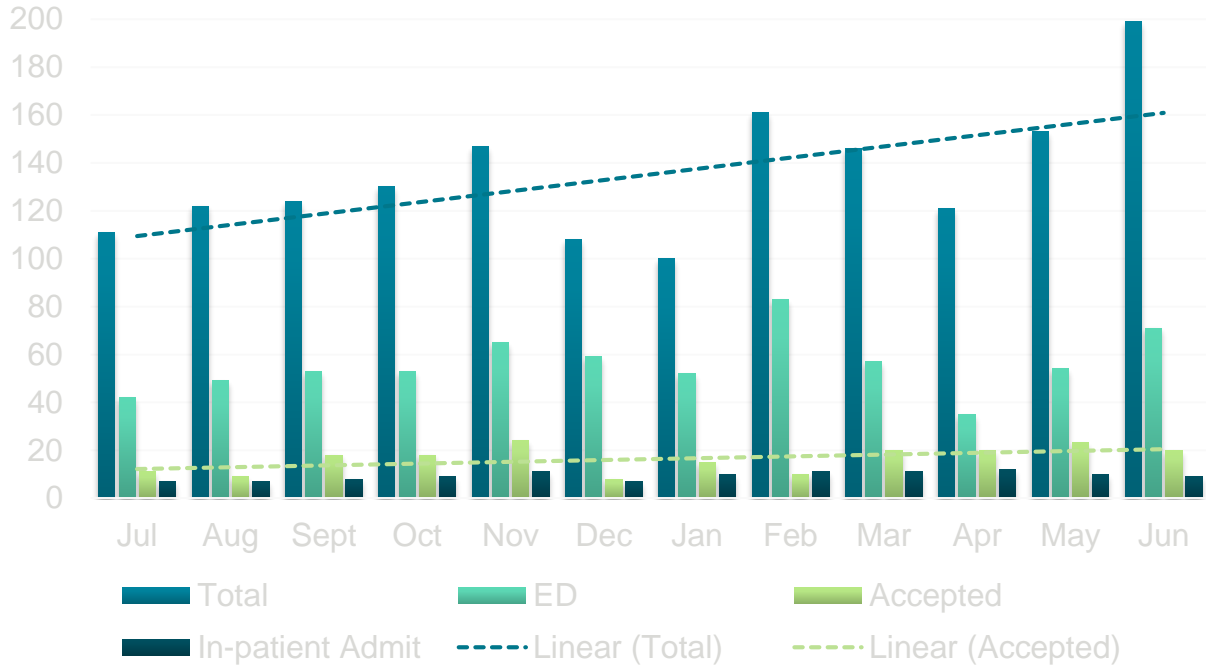
# RC-CYMHS Functions



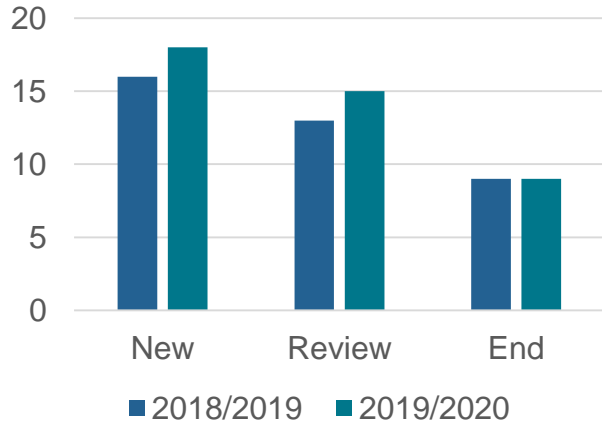
- Clinician Time taken per assessment
- Connecting Care to Recovery

# Activity

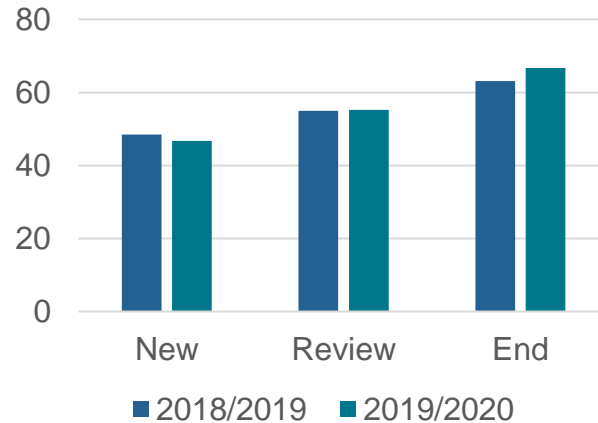
## CYMHS Referrals FY 2019-20



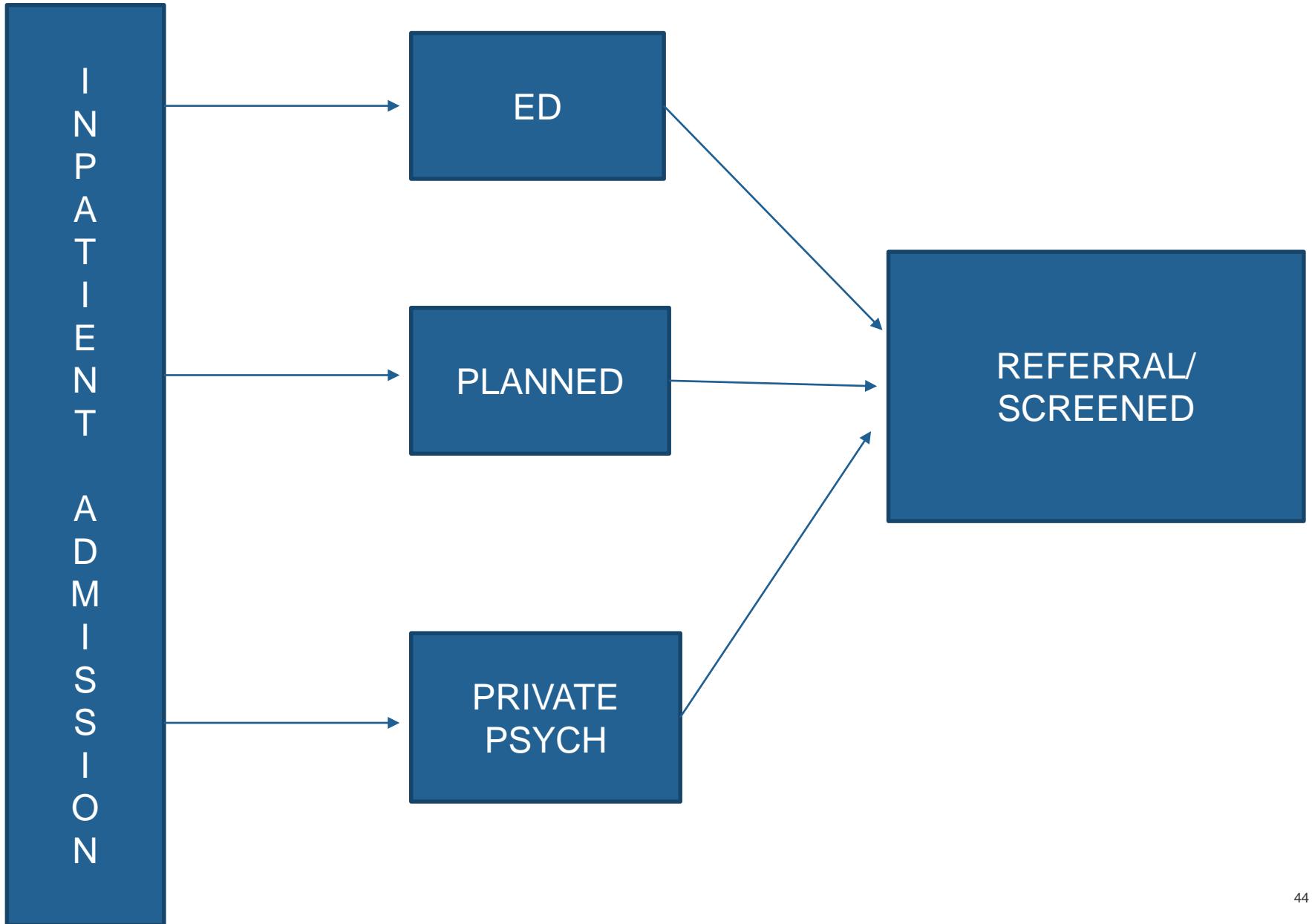
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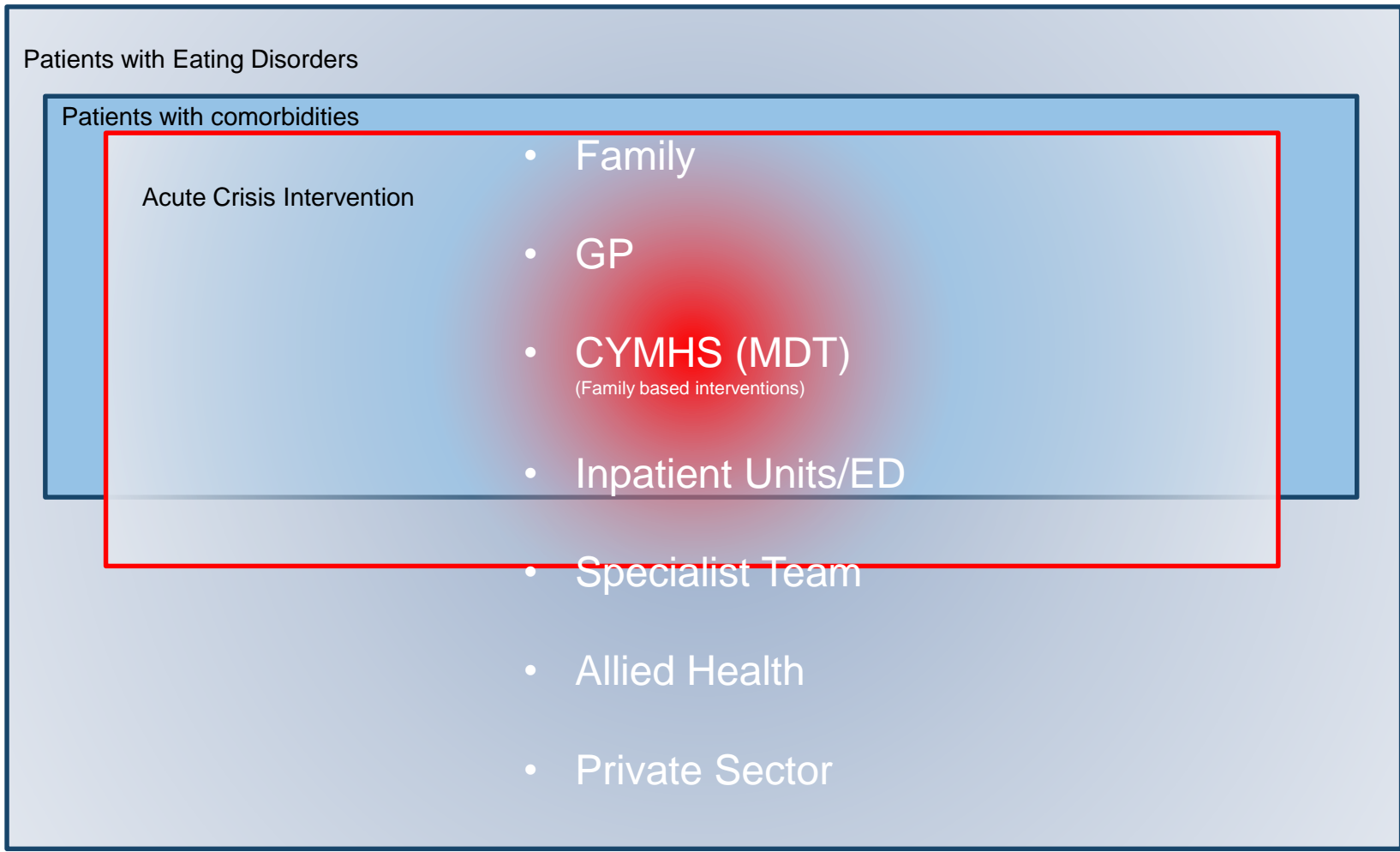


CGAS



# Child & Youth Mental Health In-Patient Admissions





Patient with Eating disorders from RC-CYMHS catchment area

Managed by CYMHS = 16

Managed by Specialist Eating disorder team = 2

Managed by other services = Not known



# Referral Information

- Minimum required information
  - Reason for request
    - \*N.B\* RC-CYMHS can not offer one off psychiatric assessment/opinion
  - Essential referral information (referral will be returned without this)
    - General referral information; relevant clinical information about the condition
    - Description of the mental health concerns
    - Description of risks
    - Legal guardian; any child safety history
    - Current and valid contact details
  - Additional referral information (highly desirable)
    - Brief comment on current education
    - Current & previous medications
    - Current & previous therapies; previous services accessed
    - Significant psychosocial risk factors
    - Family history
    - Developmental history
    - Any previous reports
  - Talk to a CYMHS clinician – Access team can be contacted to discuss potential referrals

# Other Local Referral Options

MHCP



family and child connect  
Connecting families  
to the right services at the right time  
stronger families



Pediatrician at Work



**LAUREL PLACE**

[www.laurelplace.com.au](http://www.laurelplace.com.au)

Counselling and support for survivors  
of recent or past sexual assault

## Where does Child Development Service fit in?

- A/Prof Honey Heussler  
Medical Director, CHQ Children Development Program (CDP) & Children & Youth Community Health Services
- Anna Hooke  
Clinical Intake Officer, Community Access & Bookings Service, CDP





# Child Development Program

A/Prof H Heussler

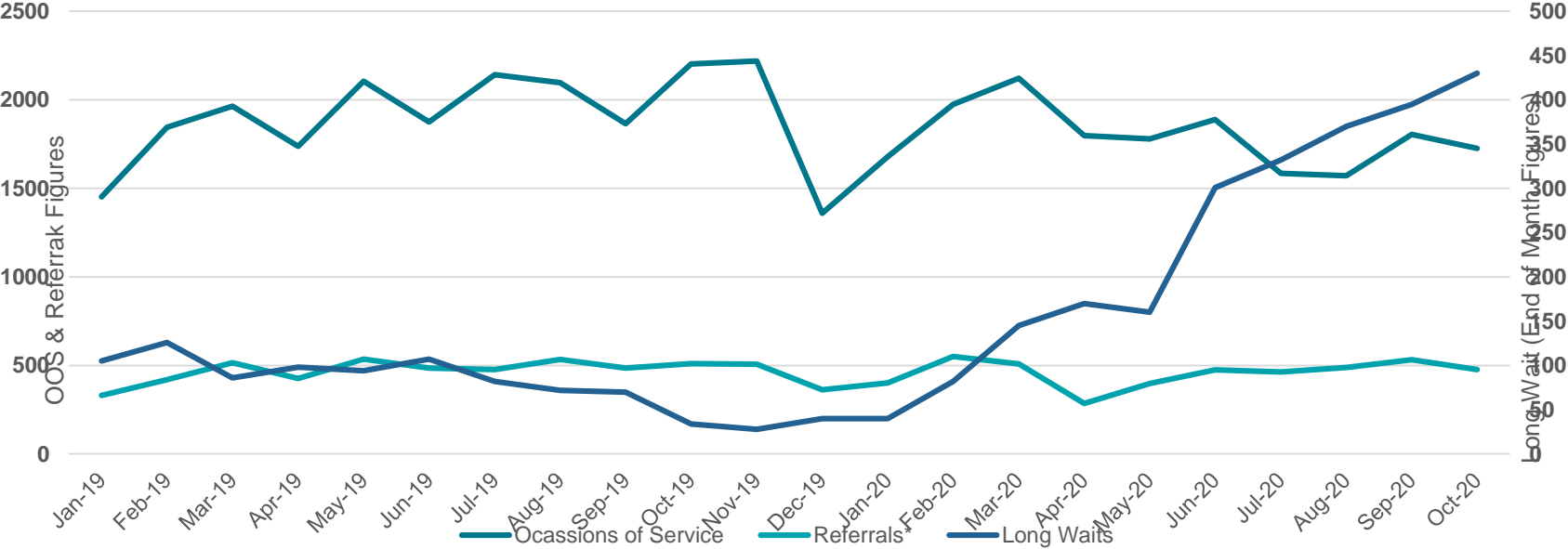
2020



# Referral data

- Average referrals/ month/week

## Child Development Activity



# Last 12-18 months

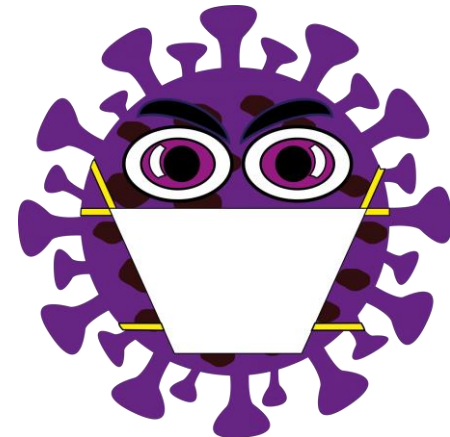
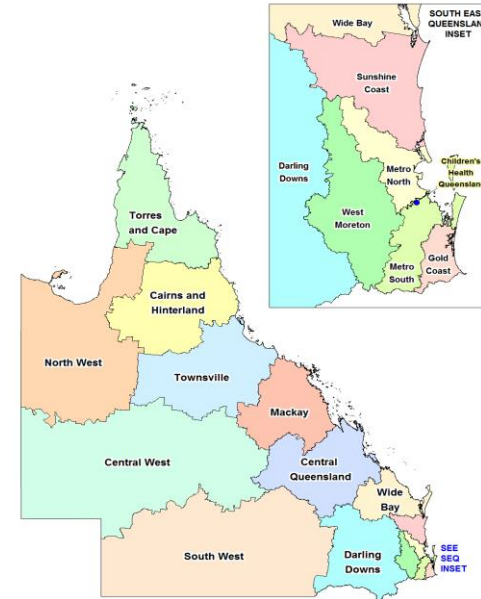
- Major project of workforce realignment
- Aligning with population growth in North and South

## Currently

- CDS North                    2.0 FTE +Fellow Medical
- CDS Central                2.0 FTE +Fellow Medical
- CDS South                 2.0 FTE +Fellow Medical
- QCH services -Level 6  
   1.3 FTE Specialised and inpatient services

Activity continued but largely online and telehealth

Challenges in doing assessments particularly those requiring ADOS or Cognitive testing- hence long wait explosion



## Who do we see?

Age 0-9 referral from GP

Age 9-18 referral from other eg paed or psychiatry

Children with a developmental problems

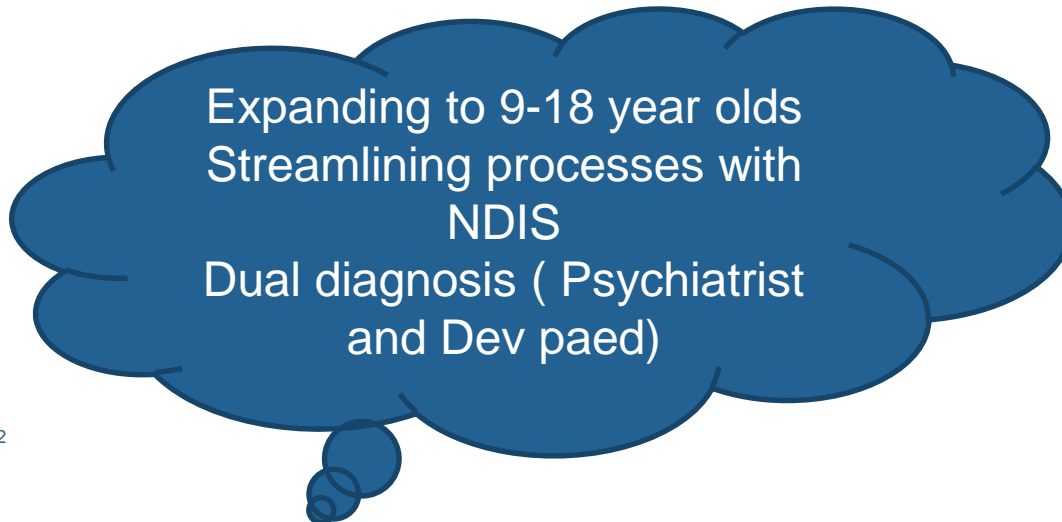
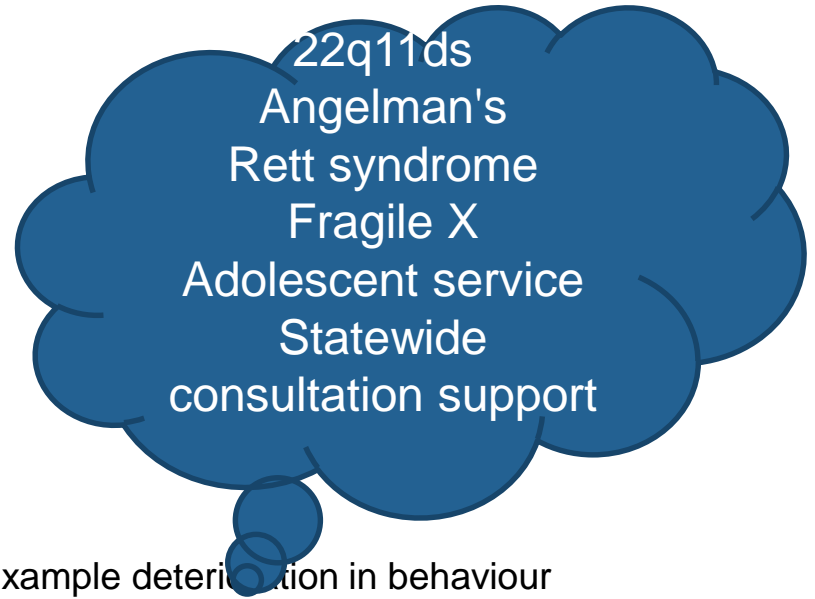
Complexity defined by concerns in 2 domains

### Questions for clarification

e.g understanding diagnostically or around presentation for example deterioration in behaviour

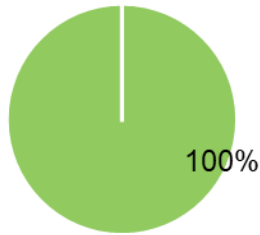
Assessment process primarily ( empowering families where possible to understand their child and navigate the community supports

Referred through for medical follow up only as required usually medication support ( shared care)



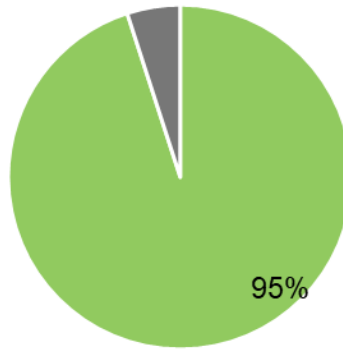
# Family Functioning (FAD)

Child Development



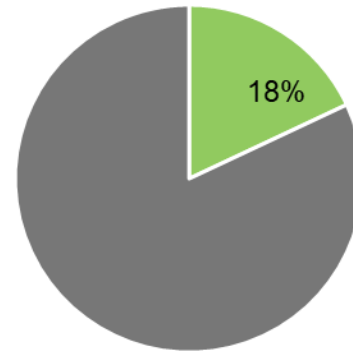
■ Unhealthy ■ Healthy

CYMHS



■ Unhealthy ■ Healthy

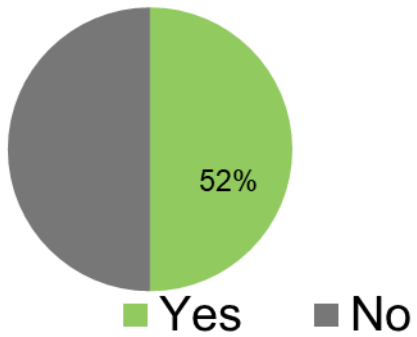
Population



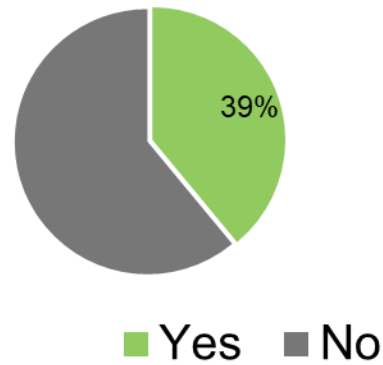
■ Unhealthy ■ Healthy

# Learning difficulties- Reported

## Child Development



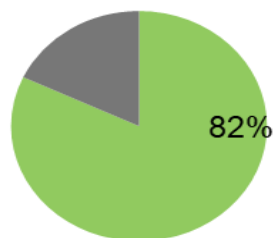
## CYMHS



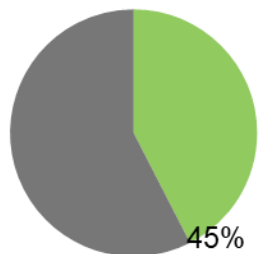
# Strengths and Difficulties Questionnaire

## Child Mental Health (Goodman)

### Child Development

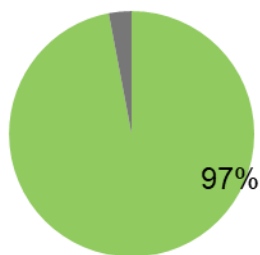


■ Above cutoff

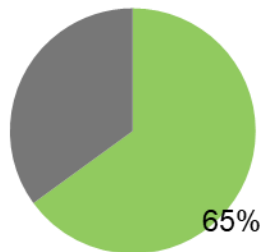


■ Severe >24

### CYMHS

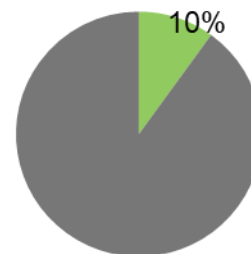


■ Above cutoff



■ Severe >24

### Population



■ Above cutoff

## What do we do?

- Community Allied Health services ( short term)
  - Speech and Language
  - Gross motor
- Complex Multidisciplinary assessment
  - Complex care level 5
  - Complex care level 6
  - Medical only follow up *where particularly issues of medication exist*
- Consultation liaison services
- Inpatient services
- Feeding services
- Level 6 Specialist Services
  - 22q clinic
  - Angelman's clinic/ Rett/ Fragile X/ Prader Willi/ Complex TSC
  - Dual diagnosis- developing
- Specialised hearing services
  - Infants
  - Older children

### System complexity-

Therapy usually through

- ECEI or NDIS- MDT
- GP management plan -- Team care arrangement
- Short term only CAHS
- Toileting services through local level 4 hospital AH services
- Early education

**You don't need  
a diagnosis to  
access NDIS or  
ECEI**



# Questions

Clinical Intake Officer Community Access and Bookings Service (CABS)  
Children's Health Queensland Hospital and Health Service

**T: 1300 366 039** (Option 2; Option 2) | **Fax: 3068 5126**

(please mark as "CDP – Additional Information")

Referrals via QCH referral hub: Fax: 1300 407 281 Att Dr

Heussler - Child Development Program

<https://www.childrens.health.qld.gov.au/chq/health-professionals/referring-patients/>

## Mental Health Q&A Panel - specialists

Go to [www.Sli.do](http://www.Sli.do) Use code **bngpweb5**

- ASHA
- Headspace
- Brisbane Mind for Kids
- CHQ CYMHS
- CHQ Child Development Service
- REDCAB CYMHS
- Prof Brett Emerson – Exec Director Mental Health Services, MNHHS
- Paediatrics – MNHHS Director of paediatrics Dr Sue Hobbins
- Brisbane North PHN
- Don't forget your evaluation forms for evening

**This presentation and resources will be available online under Maternity at:**

<https://metronorth.health.qld.gov.au/refer-your-patient-page/gp-events/education-resources>

# Thank you!