

GP DISCUSSION SERIES - MENTAL HEALTH

e-Mental health in practice - an emerging form of treatment

Thursday 4 November 2021, 6.30 pm - 7.30 pm, online webinar

Metro North Hospital and Health Service and Brisbane North PHN invite GPs to join the GP Liaison Team for the third in a series of mental health discussions.

The mental health series will offer short, discussion-based forums on aspects of mental health care relevant to GPs working in the North Brisbane and Moreton Bay region.

Since the start of the COVID-19 pandemic, there has been a significant increase in mental health presentations to GPs as well as increased demand on psychological and psychiatry services. Sometimes there can be a delay of weeks or months to get an appointment. What if during that wait time a patient can be engaged in meaningful psychological support through their phone or digital device.

e-Mental health platforms have evolved and expanded during this time and some can offer a timely intervention and therapeutic impact with a patient while they wait for more traditional interventions.

But which are the good ones? Which ones can I trust? Where does the format of care fit into my practice? How do I identify suitable patients and discuss the format?

We will explore this in a discussion around e-Mental health platforms and apps to assist GPs in finding other sources of help as we continue to provide care in these challenging and overwhelmingly difficult times.



Event details

Date: Thursday 4 November 2021

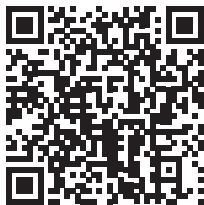
Time: 6.30 pm – 7.30 pm (AEST)

Venue: Online webinar - Zoom

Cost: No cost to attend

Register

Scan the QR Code



Register via Zoom at

https://us06web.zoom.us/meeting/register/tZAqfuqsqjooEt13bO_-FOvnbX-_IHU6i8Kt

For assistance or more information, please email the GP Liaison Program at mngplo@health.qld.gov.au

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