



Queensland
Government

Metro North Health

28 Jan 2022

Dear Doctor,

The RADAR team is here to support you care for your patients in residential aged care who are diagnosed with COVID-19. We have attached for your reference a guide to the **Clinical Management of COVID-19 in Residential Aged Care Settings**, that can now be found on our [RADAR website](#) on the MNHHS Refer Your Patient website which provides useful information and links to current guidelines.

Our “top tips” for supporting a patient with COVID-19 in RACF include:

- Early conversations about goals of care will help guide treatment decisions, and reassure families that appropriate medical treatment will be provided

- Many frail older people will only have a mild illness or remain asymptomatic

- Treatment options available in residential aged care include Budesonide, Dexamethasone, and Oxygen (see guidelines for indications and doses)

- There are a limited number of specific COVID-19 treatments available which require hospital admission. These may be considered in high-risk groups (e.g. unvaccinated or vaccinated who are severely immuno-suppressed) if appropriate, having considered their comorbidities (including dementia and frailty)

- End-of-life care in COVID-19 for frail elderly patients involves the same approach and medications as other palliative scenarios managed regularly in residential aged care

RADAR can assist you with clinical guidance and support, hospital access for residents if appropriate, complex goals of care conversations and specialist advice regarding delirium / dementia management or palliative care.

Please contact us on 1300 072 327 or via your local RADAR team on:

RADAR RBWH	3647 4627
RADAR TPCH	3139 6896
RADAR Redcliffe	3046 6868
RADAR Caboolture	5316 5444

Please ensure that you remain safe and well during this challenging period.

Best regards,

Metro North HHS RADAR Team