



Queensland Government

Metro North Health

# Rheumatology in Primary Care 2022

19 November 2022

General Practice Liaison Officer (GPLO) Program

## Acknowledgement

Metro North Hospital and Health Service and Brisbane North PHN respectfully acknowledge the Traditional Owners of the land on which our services and events are located. We pay our respects to all Elders past, present and future and acknowledge Aboriginal and Torres Strait Islander people across the State.

<b>08.30 - 08.40</b>	<b>Welcome, Introduction and Arthritis Queensland Update</b> <i>Dr James Martin / Jessica Neri, Health Promotion Manager, AQ</i>
<b>08.40 - 09.10</b>	<b>Giant Cell Arteritis - A headache for us all</b> <i>Dr Hashim Abdeen</i>
<b>09.10 - 09.40</b>	<b>Fibromyalgia – You <i>can</i> make a difference</b> <i>Dr Anna Kermond</i>
<b>09.40 - 10.10</b>	<b>Is it Really Rheumatology? Shoulder back and hand clinical pearls</b> <i>Dr Drew Yates</i>
<b>10.10 - 10.30</b>	<b>BREAK</b>
<b>10.30 - 11.00</b>	<b>Methotrexate - Busting the myths</b> <i>Dr Claire Barrett</i>
<b>11.00 - 11.30</b>	<b>The Rheumatology Quiz</b> <i>Dr Laurel Young</i>
<b>11.30 - 12.00</b>	<b>COVID 19 &amp; Rheumatology</b> <i>Dr Philip Robinson</i>
<b>12.00 - 12.30</b>	<b>Gout - How to fix it</b> <i>Dr Philip Robinson</i>
<b>12.30 - 13.00</b>	<b>GPLO Update and Rheumatology Panel</b>

# Housekeeping

## Webinar etiquette

- Check your mic. is muted and your video is off
- Questions are encouraged - please write them in the **Chat box**
- Ensure you stay on line for the whole event
  - *Evidence of participation is provided to your college for CPD allocation*
- Please complete the online evaluation – link provided in chat (or e-mail)
  - Feedback helps us to improve these events
  - Forms are uploaded to the college for recognition of event quality

# Arthritis

QUEENSLAND

Care + Cure

 Infoline 1800 011 041  [arthritis.org.au](http://arthritis.org.au)

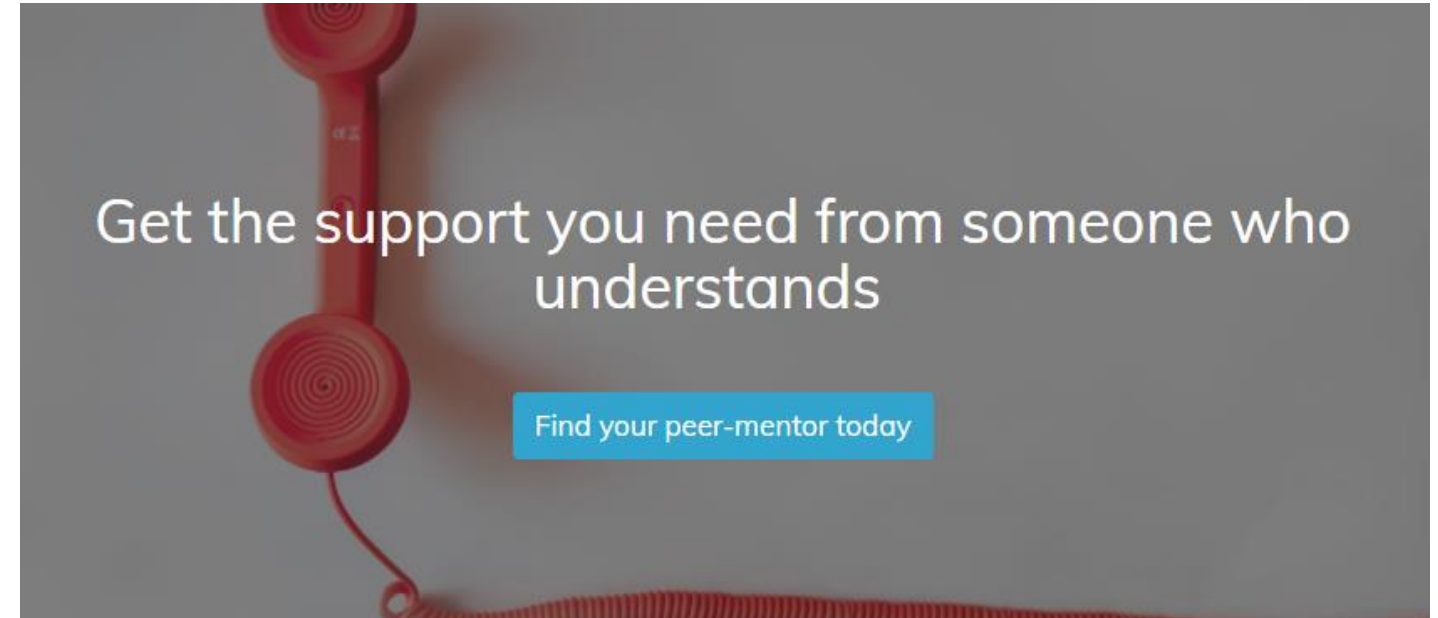
## Information Services

- Info Line and website chat
- Information Packs – online or posted
- Fortnightly E-News
- Webinars
- Website – arthritis articles



## Online Support Groups

- Swell Gals
- Men's support group
- Juvenile Arthritis - Parents and carers



## Arthritis Assist

- One to one, telephone-based support service
- Delivered by trained Peer-Mentor volunteers

“It was such a comfort to know what others have experienced and that I am not alone.”

## Arthritis Moves

- 12-week online exercise program
- Delivered by trained exercise professionals
- Open to all Queensland adults with arthritis
- Free to access!



“Arthritis Moves has proved to be an enormous help for me in accessing appropriate exercise and managing my arthritis”



# Giant Cell Arteritis – A headache for us all

Dr Hash Abdeen is a Rheumatology Advanced Trainee at Redcliffe Hospital in Queensland and is the immediate past Chair of the Federal AMA Council of Doctors in Training (CDT). He is currently the Chair of the Bi-national RACP College Trainees' Committee and a practitioner member on the Queensland Medical Board.

# Fibromyalgia – *You can make a difference*

Dr Anna Kermond graduated from Bond Medical School in 2016. She is a 1<sup>st</sup> year Rheumatology Advanced Trainee at Royal Brisbane Women's Hospital. She is interested in increasing rheumatology services in rural and regional areas after working in Rockhampton, Mackay and Dalby. Anna is still figuring out special interests within rheumatology field but has found gaining an understanding of fibromyalgia rewarding and very helpful.

# Is it Really Rheumatology? – Shoulder back and hand clinical pearls

Dr Drew Yates is a Rheumatologist working in group private practice at Brisbane Rheumatology in Spring Hill, and also publicly at The Prince Charles and Redcliffe Hospitals.



Restart 10.30

# Methotrexate– Busting the myths

Claire Barrett graduated in London in 1987 and has been in Australia since 1991. In 1996 she initiated a public specialist rheumatology service at Redcliffe Hospital which has now expanded to 4 rheumatologists, an advanced trainee, and a nurse. As well as working there, she runs 3 monthly outreach clinics to Longreach. In addition, Claire is a Director of Redcliffe and Northside Rheumatology with her long-time friend and colleague, Dr Laurel Young.

Claire's special interests include the optimal management of pregnancy in RA and addressing the disadvantages that Australian regional rheumatology patients suffer, including by the use of telehealth. She is a Senior Lecturer at University of Queensland with regular teaching commitments to undergraduates and is also current President of the Australian Rheumatology Association (ARA)

# The Rheumatology Quiz

Laurel Young is a Consultant Rheumatologist and Senior Lecturer at University of Queensland. She works privately and at the public hospital at Redcliffe. Laurel has an interest in pregnancy and rheumatological diseases, new therapies and musculoskeletal diseases, and she takes an active interest in specialist training and services in rural areas. She is currently Australian Rheumatology Association (ARA) of QLD President and on the board for the ARA.

# COVID19 and Rheumatology & Gout – how to fix it

Philip Robinson is a senior staff specialist at the Royal Brisbane and Women's Hospital, associate professor at the University of Queensland Faculty of Medicine and is also in private practice.

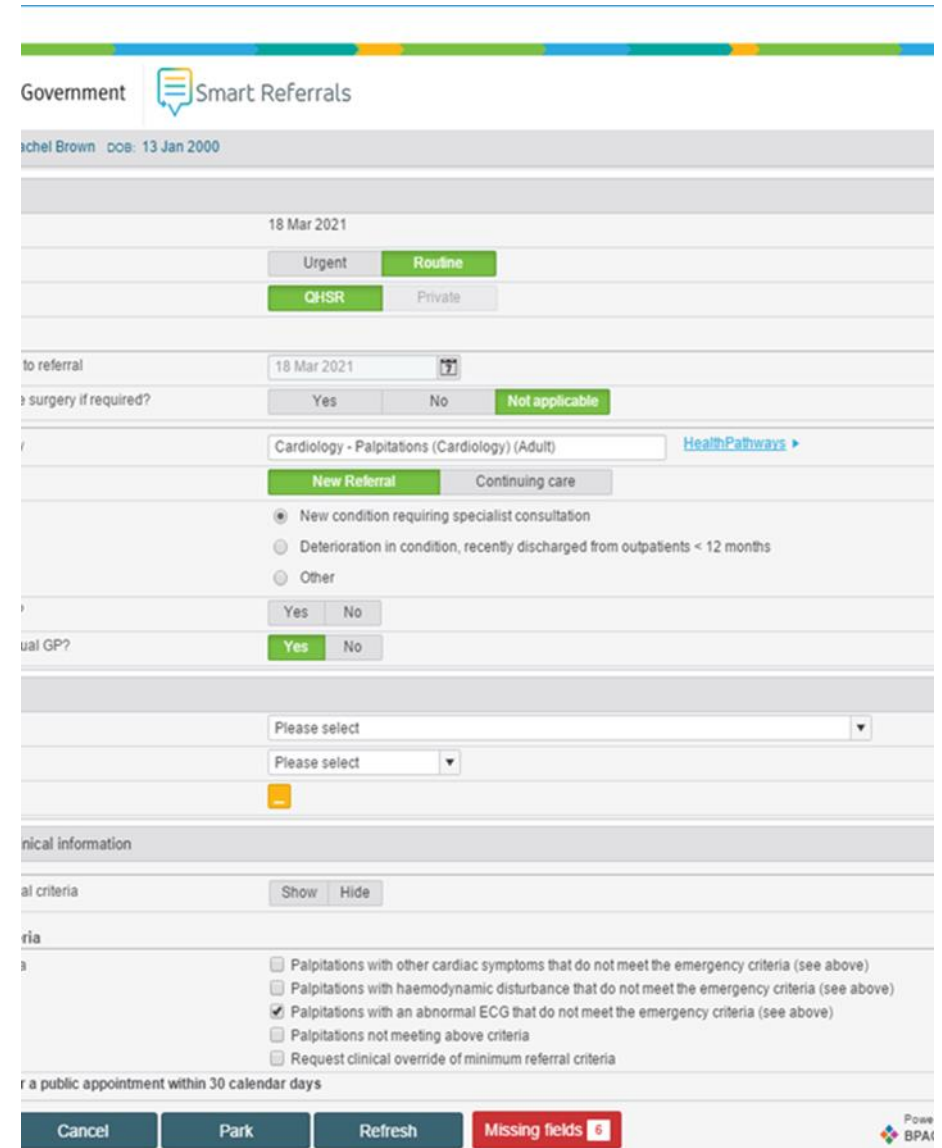
# GP Liaison Spot

(a few ways to make better medical practice a bit easier)



# GP Smart Referrals

- Condition specific templates  
(Altered bowel habit, palpitations...)
- Attach scanned documents  
(PDF, Images)
- Advice on expected wait times
- Track and amend referrals
- All public hospitals and Mater
- UNREJECTABLE!




The screenshot shows the 'Smart Referrals' web interface. At the top, it says 'Government Smart Referrals'. Below that, the patient's name 'Michelle Brown' and date of birth '13 Jan 2000' are displayed. The form is for a referral dated '18 Mar 2021'. There are buttons for 'Urgent', 'Routine', 'QHSR', and 'Private'. The 'Routine' and 'QHSR' buttons are highlighted in green. Below these, there are fields for 'Date of referral' (18 Mar 2021) and 'Surgery if required?' (Yes, No, Not applicable). The 'Not applicable' button is highlighted in green. The referral is for 'Cardiology - Palpitations (Cardiology) (Adult)'. There are buttons for 'New Referral' and 'Continuing care'. The 'New Referral' button is highlighted in green. Below these, there are radio button options: 'New condition requiring specialist consultation' (selected), 'Deterioration in condition, recently discharged from outpatients < 12 months', and 'Other'. There are also 'Yes' and 'No' buttons for several questions, including 'Is this a new condition?' and 'Is this a specialist GP?'. At the bottom, there are 'Cancel', 'Park', 'Refresh', and 'Missing fields 5' buttons. The 'Missing fields 5' button is highlighted in red.

# Health Pathways

☰ **Brisbane North**



🔍 Search HealthPathways

 **HealthPathways**

Brisbane North

- Home
- COVID-19
  - COVID-19 Information
  - COVID-19 Vaccination Information
  - COVID-19 Assessment and Management Pathways
  - COVID-19 Assessment and Management**
  - COVID-19 in Residential Aged Care Facilities
  - COVID-19 End-of-life Care
  - COVID-19 Mental Health
  - COVID-19 Requests and Local Processes
  - COVID-19 Support
  - COVID-19 Practice Management and Technology

🏠 / COVID-19 / COVID-19 Assessment and Management Pathways / COVID-19 Assessment and Management

## COVID-19 Assessment and Management

*Last updated: 17 March 2021*

**Clinical editor's note**


As of 16th March, all local government areas (LGAs) in Queensland are back in the low risk category for PPE recommendations for primary care settings.

For PPE recommendations based on risk category, see [Queensland Health – PPE in Community health services](#) (Table 1).


This pathway guides primary care management of COVID-19 in the State of Queensland. See also [COVID-19 Information](#).

### Background

[About COVID-19 assessment and management](#)



# Health Provider Portal


 Queensland Government  
**Queensland Health**

**Health Provider Portal (HPP)**


[Frequently asked questions](#) [Terms and conditions](#) [Professional Registration](#) [Welcome Cadman, Matthew](#) [Logout](#)


### Search Patient

Please fill the search parameters

Medicare Number 



OR


DVA Number 

Sex  

Date Of Birth

Patient Surname

Facility   

Patient URN 

# Rheumatology Shared Care Factsheets

[https://metronorth.health.qld.gov.au/specialist\\_service/refer-your-patient/rheumatology](https://metronorth.health.qld.gov.au/specialist_service/refer-your-patient/rheumatology)



Contact us About us News Events Get involved [Resize font](#) [Print](#)

Metro North Health

Search...

Home Refer your patient Hospitals & services Health professionals Research Careers **COVID-19 Information**

[Home](#) / [Refer your patient](#) / Rheumatology

## Rheumatology

### Conditions

- [Axial Spondyloarthritis - Ankylosing Spondylitis](#)
- [Connective Tissue Disease - SLE, Scleroderma, MCTD, Sjogren's Syndrome and undifferentiated or overlap CTDs](#)
- [Crystal arthritis - Gout and CPPD \(pseudogout\)](#)
- [Fibromyalgia](#)
- [Giant Cell Arteritis / Temporal Arteritis](#)
- [Myositis - Polymyositis, dermatomyositis, CTD associated myositis and undifferentiated inflammatory myositis](#)
- [Osteoarthritis](#)
- [Other rheumatology conditions](#)
- [Polymyalgia rheumatica](#)
- [Rheumatoid arthritis](#)
- [Spondyloarthritis- Psoriatic arthritis and Reactive arthritis](#)
- [Undifferentiated peripheral inflammatory arthritis](#)
- [Vasculitis \(non GCA/Temporal Arteritis\)](#)

Other conditions where specialist rheumatology input is sometimes sought:

- [Fatigue](#)
- [Osteoporosis](#)

For established rheumatological conditions requiring referral for ongoing specialist input, please ensure the following information is also included:

- Where and when diagnosed
- Rheumatological medication history / intolerances

### Send referral

**Hotline: 1300 364 938**

**Fax: 1300 364 952**

**Electronic: eReferral system**

**Mail:** Metro North Central Patient Intake  
Aspley Community Centre  
776 Zillmere Road  
ASPLEY QLD 4034

### Health pathways ?

Access to Health Pathways is free for clinicians in Metro North Brisbane.

For login details email: [healthpathways@brisbanenorthphn](mailto:healthpathways@brisbanenorthphn)

## Resources

[Guideline for the Management of Knee and Hip Osteoarthritis Second Edition \(PDF\)](#)

[Specialists list](#)

[Osteoarthritis of the Knee Clinical Care Standard](#)

[General referral criteria](#)

[eReferral template](#)

## Methotrexate

[Shared Care Fact Sheet - Low Dose Methotrexate. \(PDF\)](#)

[Notes for prescribers of low dose once weekly methotrexate \(PDF\)](#)

[Handling Low Dose Methotrexate \(PDF\)](#)

[Self injection of low dose MTX \(PDF\)](#)

## Other medications

[Shared Care Fact Sheet - Biologic and Targeted Synthetic DMARDs. \(PDF\)](#)

[Shared Care Fact Sheet - Leflunomide \(PDF\)](#)

[Shared Care Fact Sheet - Sulfasalazine \(PDF\)](#)

[Shared Care Fact Sheet - Hydroxychloroquine \(PDF\)](#)

[ARA Position Statement Medical Cannabis \(PDF\)](#)

[Prescribing Medications for Rheumatic Diseases in Pregnancy \(PDF\)](#)

# Metro North – Refer Your Patient

## Refer your patient

Does your patient reside in the Metro North Health catchment?

In most cases, referrals are only accepted from patients residing in the Metro North Health catchment.

Type your patient's suburb or postcode

### COVID advice and referrals to COVID Virtual Ward for GPs

Metro North Virtual ED can support GPs with clinical advice or assist with referrals to manage COVID-19 patients.

This service is for patients who live in the Metro North HHS catchment. [Find out more about this service >](#)

Specialist outpatient services

Referral guidelines:

or [search by condition](#)

**GP Referral Enquiry hotline: (Central Patient Intake)**

**1300 364 938**

**8.30am – 4.30pm  
Monday – Friday  
(Excluding public Holidays)**

Make sure you're familiar with the [latest criteria \(PDF\)](#) when referring patients.

Community Health Services


Select a service

**Enquiry hotline:**

**1300 658 252**

Fax: 3360 4822

Virtual Emergency Department

**METRO NORTH VIRTUAL ED** 

**1300 847 833**

Monday to Friday 8am-10pm,  
Weekends 8am-6pm

**If you are a patient, you cannot use this service. You may be eligible for our Patient Virtual ED.**

[Go to Virtual ED \(clinician service\) >](#)

- Specialists list
- Update GP practice details
- GP Liaison
- GP education & events
- Health Pathways
- Health Provider Portal



- Resources for GPs
- [Central Patient Intake Fact Sheet \(PDF\)](#)
  - [Central Patient Intake FAQ's \(PDF\)](#)
  - [GP education resources](#)
  - [Brisbane North HealthPathways – Information for Clinicians \(PDF\)](#)
  - [Health provider portal \(PDF\)](#)

Specialist Referral Guidelines  
(condition and specialty based)

GP Liaison page

GP education and events  
(previous events, presentations and resources)

Resources for GPs

# www.rheumatology.org.au



Members : Username  Password

ARA ▾

MEMBER ▾

PATIENT ▾

GP ▾

NEWS ▾

CONTACT US

## Australian Rheumatology Association



What  
We  
Do

The ARA supports and educates members and other practitioners in the musculoskeletal field to enable provision of best possible management for patients. It fosters excellence in the diagnosis and management of musculoskeletal and inflammatory conditions through training, professional development, research and advocacy.

# Panel Session

Dr Claire Barrett

Dr James Martin

Dr Philip Robinson

Dr Drew Yates

Dr Laurel Young

# Thank You!

For more information about GP resources, contact your local PHN support team

**Please remember to please complete the online evaluation form**

*This helps us to deliver better education events for you.*

Any questions? Find us at [MetroNorthGPLO@health.qld.gov.au](mailto:MetroNorthGPLO@health.qld.gov.au).