

Adult ADHD

Thursday, 7 December 2023

Webinar

Dr Caroline Clancy – GPLO, Metro North HHS and Brisbane North PHN



Program

Welcome & GPLO Update

Brief psychological interventions for GPs

Dr Ravi Sohal, Senior Staff Specialist, Adult Psychiatry, Metro North
Mental Health

Q&A


Acknowledgement

Metro North Hospital and Health Service and Brisbane North PHN respectfully acknowledge the Traditional Owners of the land on which our services and events are located.

We pay our respects to all Elders past, present and future and acknowledge Aboriginal and Torres Strait Islander people across the State.


Metro North Virtual ED

Virtual Emergency Department

 Open: 7 days
(8am-10pm Monday to Sunday)



Metro North Virtual ED offers alternative pathways that can help avoid waiting in an Emergency Department.



Patients


You can use this service if you:

- Live, are visiting or receive your treatment in Queensland
- Have a device that can enable a telehealth consultation (video, audio, internet)
- Can't make an urgent appointment with a General Practitioner


[Virtual ED \(patients\) >](#)

DO NOT use the Virtual ED for the following medical problems:

- Chest pain
- Breathing problems or turning blue
- Comatose or unconscious
- Sudden inability to move or speak, or sudden facial drooping
- The effects of a severe accident



**In an Emergency
DIAL 000**



GPs


The Virtual ED provides GPs and other primary healthcare clinicians with access to specialist emergency medicine assessment, by telephone or video conferencing.

It is a safe, fast and efficient way for you to consult with an emergency physician and use real-time technology to align treatment and ongoing services for your patient.

[Virtual ED \(clinicians\) >](#)

The Metro North Health Virtual ED Service is for Queensland GPs only.

This is a clinician only service. Patients can contact the Virtual ED direct via the [Patient Virtual ED service](#).



QAS

The Virtual ED provides QAS clinicians with access to specialist emergency medicine assessment, by telephone or video conferencing.

Virtual ED is focussed on working with clinicians to extend the options available to patients who access healthcare through the QAS but may not require assessment or admission at an emergency department.

[Virtual ED \(clinicians\) >](#)

This is a clinician only service. Patients can contact the Virtual ED direct via the [Patient Virtual ED service](#).

How to access Metro North Virtual ED:

Call 1800 847 833 (1300 VIRTED)

7 days: 0800 – 2200

Virtual ED is aware that your time is precious.

GP calls are prioritised.

You will be connected to an experienced emergency nurse and will speak with a FACEM. Please have the following information ready:

- Your name and phone number
- The patient's name, date of birth, hospital number (if available) and brief description of the problem
- The practice phone number

GP Psychiatry Support Line

The screenshot shows the top section of the website. At the top is a dark blue navigation bar with a white speech bubble icon, the text 'GP PSYCHIATRY SUPPORT LINE', and links for 'ABOUT', 'OUR PSYCHIATRISTS', 'ENQUIRY', 'FAQ', and 'WEBINARS'. A red 'REGISTER' button is on the right. Below this is a light blue banner with the title 'GP Psychiatry Support Line' in white. It features two cartoon characters: a female doctor on the left and a male doctor on the right, with a white speech bubble icon between them. The text 'Helping GPs manage the care of Mental Health Consumers' and the phone number '1800 16 17 18' are centered. At the bottom is a dark blue navigation bar with four colored buttons: 'ENQUIRY' (grey), 'FAQ' (dark blue), 'ABOUT' (red), and 'WEBINARS' (purple). Each button has a subtitle: 'Call or Book Session Online', 'Frequently Asked Questions', 'GP Psychiatry Support Line', and 'Educational Series' respectively.

GP PSYCHIATRY SUPPORT LINE ABOUT OUR PSYCHIATRISTS ENQUIRY FAQ WEBINARS REGISTER

GP Psychiatry Support Line

Helping GPs manage the care of
Mental Health Consumers

1800 16 17 18

ENQUIRY
Call or Book Session Online

FAQ
Frequently Asked Questions

ABOUT
GP Psychiatry Support Line

WEBINARS
Educational Series

ENQUIRIES

1800 16 17 18

Monday - Friday
Excluding public holidays

7am to 7pm (AEST)
Australian Eastern Standard Time

Advice is available regarding all age brackets of patients, including children and young adults

This is NOT a triage or referral service

This is NOT an emergency service
In case of emergency, please ring 000

This service is for GPs only

Email Enquiries:
admin@gpsupport.org.au

[BOOK A SESSION ONLINE](#)

Applying for approval to prescribe psychostimulants (QH)

Application for a prescribing approval for (Schedule 8) psychostimulants - Medicines and Poisons Act 2019 (health.qld.gov.au)



Queensland Health
Medicines and Poisons Act 2019

MPA-75,78,&82:PAMM
Version 2- 05/2023

Initial application, amendment or renewal for a prescribing approval for (Schedule 8) psychostimulants under the Medicines and Poisons Act 2019

Privacy statement – please read carefully

Personal information collected by Queensland Health is handled in accordance with the Information Privacy Act 2009. Queensland Health is collecting your personal information with your consent for the purpose of deciding an application under the Medicines and Poisons Act 2019, including by ensuring that health risks arising from the use of regulated substances, are appropriately managed. All personal information will be securely stored and only accessible by Queensland Health. Your personal information will not be disclosed to any other third parties without consent unless the disclosure is authorised or required by law. For information about how Queensland Health protects your personal information, or to learn about your right to access your own personal information, please see our website at www.health.qld.gov.au/global/privacy.

Application type			
Initial application for prescribing approval to treat a patient with Schedule 8 psychostimulant medicine			
Application to amend an approval to treat a patient with Schedule 8 psychostimulant medicine	Approval number		
Application to renew an approval to treat a patient with Schedule 8 psychostimulant medicine	Approval number		
Section 1 – Applicant details			
<i>Provide details of the person seeking the prescribing approval</i>			
Title	Surname		
Given name/s			
Occupation	AHPRA Registration No		
Practice address			
Town /Suburb	State	P/C	
Work phone	Mobile phone		
Work email address			
Do you have any restrictions on your professional registration (e.g. conditions or undertakings) that would prevent you from prescribing the medicines you are applying for a prescribing approval for?		Yes	No
If yes, provide further details of the restrictions on your professional registration:			
Section 2 – Patient details			
<i>Provide details of the patient this prescribing approval application relates to</i>			
Title	Surname		
Given name/s		Date of birth	
Gender	Male	Female	Other:
Street address			
Town /Suburb	State	P/C	



Queensland Government

Queensland Health
Medicines and Poisons Act 2019

MPA-75,78,&82:PAMM
Version 2- 05/2023

Initial application, amendment or renewal for a prescribing approval for (Schedule 8) psychostimulants under the Medicines and Poisons Act 2019

Section 3 – Diagnosis for treatment with Schedule 8 psychostimulant medicines			
Attention Deficit Disorder (ADD) Adult (≥18 years)			
ADD Child (< 4 years)			
Idiopathic hypersomnolence			
Binge eating disorder (lisdexamfetamine only)			
Treatment resistant depression			
Palliative care			
Other:		(Please provide supporting evidence of diagnosis, and clinical evidence in support of treatment.)	
Section 4 – S8 psychostimulant medicine proposed to be prescribed under this approval			
Dexamfetamine	Daily Dose:	mg/day	
Lisdexamfetamine	Daily Dose:	mg/day	
Methylphenidate	Daily Dose:	mg/day	
Section 5 – Supporting specialist – S8 psychostimulant treatment			
Please provide details of the relevant specialist that supported the diagnosis in Section 3 AND the treatment proposed in Section 4.			
Relevant specialists:			
<ul style="list-style-type: none"> for applications to treat an adult aged 18 years and over is a psychiatrist for applications to treat a child aged under 4 years of age is a paediatrician or psychiatrist 			
Title	Surname		
Given name/s			
Medical specialty	AHPRA Registration No		
Work phone	Work email address		
Name of location where specialist practices:		Date of last review by relevant specialist	
Street Address			
Town /Suburb	State	P/C	
I confirm that I am applying to prescribe the medicine(s) in Section 4 in accordance with a treatment plan for the patient named in the application, made by the specialist named above.			Yes



Queensland Government

Queensland Health
Medicines and Poisons Act 2019

MPA-75,78,&82:PAMM
Version 2- 05/2023

Initial application, amendment or renewal for a prescribing approval for (Schedule 8) psychostimulants under the Medicines and Poisons Act 2019

Section 6 – Duration of the prescribing approval (s.69 MPA)		
<i>Please specify the requested term for the prescribing approval. Applicants should note that prescribing approvals will not usually be granted for more than two (2) years.</i>		
Please specify the term for the prescribing approval being sought:		
2 years	Another term or end date, please specify:	
Section 7 – Additional information and attachments		
Provide any additional information to support your application (e.g. if applying to amend a prescribing approval, detail what you are seeking to have amended).		
Section 8 – Consent and Declaration		
By making this application:		
I consent to Queensland Health collecting, using and disclosing my personal information for the purpose of determining this application and any matters relevant to this prescribing approval		
I consent to Queensland Health making enquiries of, and exchanging information with, the authorities of any Australian state or territory, or of the Commonwealth, regarding any matters relevant to this application (which may include a criminal history check). If relevant information cannot be obtained from other entities, Queensland Health will determine the application on the information available.		
I declare that, to the best of my knowledge, all information provided in and with this application form is true and correct in every detail.		
I understand that if anything has been stated in this application form, or in an attachment provided with this application, that is false or misleading, any substance authority granted may be suspended or cancelled.		
Signature	Full name	Date

APPLICATIONS FOR ALL NON-QOTP PRESCRIBING APPROVALS CAN BE SUBMITTED TO:

The Chief Executive, Queensland Health
c/ o Healthcare Approvals and Regulation Unit
(HARU) medicines.applications@health.qld.gov.au

PLEASE CHECK QSCRIPT TO VIEW THE OUTCOME OF YOUR APPLICATION

Qld Health fact sheets on prescribing stimulants

[Factsheet - Prescribing amfetamines and methylphenidate \(psychostimulants\) \(health.qld.gov.au\)](https://www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-prescribing-approvals)

Associated guidance information

- Further information about prescribing approvals may be found here:
www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-prescribing-approvals
- Application form – prescribing approval (psychostimulants) – initial/amendment/renewal – available at www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-prescribing-approvals
- Factsheet - medical practitioners
<https://www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-poisons-act/supporting-documents>
- Factsheet – writing lawful prescriptions
<https://www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-poisons-act/supporting-documents>
- Factsheet – interstate prescribers
<https://www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-poisons-act/supporting-documents>
- QScript information
www.health.qld.gov.au/qscript
- Queensland Health Departmental Standard – Monitored medicines
<https://www.health.qld.gov.au/system-governance/licences/medicines-poisons/medicines-poisons-act/legislation-standards>

Further information

- For further information, contact the Healthcare Approvals and Regulation Unit by email:
HARU@health.qld.gov.au

Optimising care for patients with Adult ADHD – A Guide for GPs

Dr Ravi Sohal
Adult Psychiatrist

Thank you!

MetroNorthGPLO@health.qld.gov.au

- Feedback/evaluation forms
- Future topic suggestions