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METRO NORTH MENTAL HEALTH



Dr Kathryn Turner
Executive Director for Metro North Mental Health

2023 was a successful year for Metro North Mental Health with continued high-quality research and continuous improvement projects undertaken.

Key achievements for the Mental Health Directorate included over \$2,250,000 in research and strategic project funding awarded in 2023 and 61 publications or presentations with 38 of these from staff affiliated with the RBWH.

Notable successes with funding this year include a \$200,000 grant from The Common Good awarded to a multidisciplinary team from across Metro North Mental Health to evaluate a Short Stay Unit (SSU) in Caboolture for people presenting with acute mental health concerns and over \$900,000 awarded to Queensland Forensic Mental Health Service for two grants that aim to understand and respond to suicide crises and suicidality for veterans.

We were also very pleased to expand our Research Symposium in 2023 to a full day event (with the inclusion of masterclasses designed to broaden people's skills and confidence to undertake projects and build a research track record). The 2023 event celebrated the commitment of our service to move from "learning to impact", in order to improve the care we provide to people who use our services and their families and carers. Seventy-seven staff and people with Lived Experience attended the day to hear an excellent Keynote presentation from Professor Jane Shakespeare-Finch on Trauma, Resilience and Post Traumatic Growth in Frontline Personnel and Plenary lectures from Queensland Eating Disorder Service Social Worker, Dr Carmel Fleming and Dr Jeremy Hayllar from our Alcohol and Drug Service.

Finally, a particular highlight from 2023 was the excellent representation of our Mental Health Nursing workforce at the International Mental Health Nursing Conference. Ten members of our team attended the conference in Melbourne, presenting the findings of their work including topics on: building capacity for trauma informed care training across Queensland (Laura Freeburn & Jeannette Newell); Transitioning traditional learning to a digital platform (Bruce Collyer); Development of Staged Clinical Supervision Implementation Strategies (Cathy Boyle); The Development of a Group Clinical Supervision Video (Cathy Boyle & Kobie Hatch); and Clinical Partnerships: A novel model of care for mental health nursing (Daniel Schmidt).

Mental Health

Research highlights

Over the past year people from Metro North Mental Health have been very busy undertaking research and continuous improvement projects to great success:

- Key achievements include:
 - 82 research and 37 quality improvement projects underway across Metro North Mental Health. This is likely an underestimate of activity.
 - 61 publications or presentations.
 - Over \$2,250,000 in research and strategic project funding awarded in 2023.

We were also very pleased to expand our Research Symposium in 2023 to a full day event (and the inclusion of masterclasses designed to broaden people's skills and confidence to undertake projects and build a research track record). The 2023 event celebrated the commitment of our service to move from "learning to impact", in order to improve our services and the care we provide to people who use our services and their families and carers. Seventy-seven staff and people with Lived Experience attended the day to hear an excellent Keynote presentation Professor Jane Shakespeare-Finch on Trauma, Resilience and Post Traumatic Growth in Frontline Personnel and Plenary lectures from QuEDS Social Worker, Dr Carmel Fleming and Dr Jeremy Hayllar from our Alcohol and Drug Service. Check out the Plenary lectures and the 15 presentations given throughout the day on the Symposium page of our MNMH Research Intranet site (Research (health.qld.gov.au))

Finally, a particular highlight from 2023 was the excellent representation of our Mental Health Nursing workforce at the International Mental Health Nursing Conference. Ten members of our team attended the conference in Melbourne, presenting the findings of their work including topics on: building capacity for trauma informed care training across Queensland (Laura Freeburn & Jeannette Newell); Transitioning traditional learning to a digital platform (Bruce Collyer); Development of Staged Clinical Supervision Implementation Strategies (Cathy Boyle); The Development of a Group Clinical Supervision Video (Cathy Boyle & Kobie Hatch); and Clinical Partnerships: A novel model of care for mental health nursing (Daniel Schmidt).

Research Grants

Investigator Names (RBWH staff in bold)	RBWH Departments / Research Groups	Research Project Title	Granting Body	Total Awarded (whole all years)	Length of Awards in years and years active
Sally Mercier, Donna Bowman, Kylie Burke, Erika Giebels, Dr Vikas Moudgil, Dr Subramanian Purushothaman, Andrew Patrick, Joanna Townley, Lisa Jones	MNMH - RBWH	Working Differently – Phases of Care	MNMH - RBWH	\$5,000	1 year, 2023
Heffernan, E., Meurk, C., Wallace, D., Khoo, A., McKay, D., Lane, J., Waterson. E, Oltvolgyi, C	QFMHS	Understanding and improving responses to suicidality to DVA clients: proposed data linkage study	Department of Veterans Affairs	\$520,632	2 years, 2023-2025
Heffernan, E., Meurk, C., Wallace, D., Khoo, A., McKay, D., Lane, J., Dwyer, M., Crawford, D	QFMHS	Understanding and enhancing first responses to suicide crises involving current serving and ex- serving members of the Australian Defence Force (ADF)	Royal Commission into Military and Veteran Suicide	\$375,697	1 year, 2023-2024
Flaws, D., Parker, S., Burke, K	MNMH	Caboolture Short Stay Unit Evaluation	The Common Good	\$200,000	3 years, 2023-2026
Dr Senthil Muthuswamy, Michael Power, Catriona Harwood	MNMH - TPCH	Implementation of Restorative Practice in mental health services at TPCH (Stage 2)	TPCH Foundation	\$100,000	1 year, 2023-2024

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Collaborative Research Activity Involving RBWH Department / Research Group

Lead Investigator Name (RBWH staff in bold)	Other Study Investigators RBWH staff in bold)	Research Project Title	Number of RBWH Patients Recruited in 2023
Catrina Harwood, Michael Power, Kylie Burke		Restorative Practice in mental health services at The Prince Charles Hospital (Stage 2)	
Timothy Lowry, Leah Havighurt, Kerrin Petersen, Courtney Whitehead, Leanne Payne		Community Forensic Outreach Service. Program Evaluation (Quality Assurance Activity)	
Leanne Payne, Bruce Hamilton, Carrick Anderson, Mark Barnes, Isobel Wesdorp, Simon Burton		Court outcomes of consumers who received a medico-legal report from a mental health court liaison service	
Natalie Avery, Leanne Payne, Ed Heffenan, Susan Boyce		Community Forensic Outreach Service Therapy Service. Program Evaluation (Quality Assurance Activity)	

Research Activity With a Specific Focus on First Nations People

Lead Investigator Name (RBWH staff in bold)	Other Study Investigators (RBWH staff in bold)	Research Project Title	Number of RBWH Patients Recruited in 2023
Leanne Payne, Penny Dale, Mathew Anderson, Bruce Hamilton		Court Liaison Service – Aboriginal and Torres Strait Islander Mental Health Worker Pilot Project Evaluation (Quality Assurance Activity)	

Research Publications

Authors

Investigator	ORCID ID	Investigator	ORCID ID
Kylie Burke	https://orcid.org/0000-0003-4246-0120	Niall Higgins	https://orcid.org/0000-0002-3260-1711
Stephen Parker	https://orcid.org/0000-0003-2321-3204	Yoon Kwon Choi	https://orcid.org/0000-0003-1585-3594
Julie Blake	https://orcid.org/0000-0002-8062-4029	Michelle Taylor	https://orcid.org/0000-0002-5480-9783
Hoi Yan Li (Karen)	https://orcid.org/0000-0002-4702-9105	Edward Heffernan	https://orcid.org/0000-0002-7819-6264
Tracey Mackle	https://orcid.org/0000-0001-7882-1923	Penny Dale	https://orcid.org/0000-0002-7351-0189
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Subramanian Purushothaman	https://orcid.org/0000-0002-1431-6888	Morgan Sidari	https://orcid.org/0000-0001-5315-4546
James G Scott		Kathryn Turner	
Jeremy Hayllar		Gerard J Byrne	
Vikas Moudgil		Yekaterina Polyakova-Nelson	
Zorica Jokovic		Elissa Waterson	
Sue Patterson		Joshua Flavell	

Publications in 2023

Journal Articles (RBWH staff in bold)

- Bennetts, S. K., Howell, T., Crawford, S., Burgemeister, F., **Burke, K.,** & Nicholson, J. M. (2023). Family Bonds with Pets and Mental Health during COVID-19 in Australia: A Complex Picture. Int J Environ Res Public Health, 20(7). https://doi.org/10.3390/ijerph20075245
- **Burke, K.,** Huang, Y., Clague, D., Sanders, M., Morawska, A., & Baxter, J. (2023). Perceived Parenting Support: Relationship to Parenting, Parent Self-Regulation and Child Social, Emotional and Behavioural Problems. Life Course Centre Working Paper Series, 6
- Chainey, C., **Burke, K.,** & Haynes, M. (2023). Positive Development and Parenting in the Face of Adversity: A Survey of Emerging Adults. Adversity and Resilience Science, 4(1), 71-87
- Chainey, C., **Burke, K**., & Haynes, M. (2023). Relationships between Adverse Childhood Experiences and Demographic Characteristics in a National Australian Sample. Journal of Child and Family Studies, 32(12), 3960-3975
- McKeown, L., **Burke, K.,** Cobham, V. E., Kimball, H., Foxcroft, K., & Callaway, L. (2023). The Prevalence of PTSD of Mothers and Fathers of High-Risk Infants Admitted to NICU: A Systematic Review. Clin Child Fam Psychol Rev, 26(1), 33-49. https://doi.org/10.1007/s10567-022-00421-4
- Clark, S., Clancy, S., & **Li, H. K.** (2023). Preparing the workforce for working with people who have both mental health and alcohol and drug use presentations: Developing a capability framework for dual diagnosis. The Australian nursing journal, 28(1), 45-45
- Lana, J. D., Johnson, S., & Li, H. K. (2023). Finger Pointing and Calling (FPC): Nurses using visual and motor perception to reduce medication errors in opioid treatment clinics. The Australian nursing journal, 28(1), 55-55
- **Mackle, T.**, Colodro-Conde, L., de Dassel, T., Braun, A., Pope, A., Bennett, E., Kothari, A., Bruxner, G., Medland, S. E., & **Patterson, S.** (2023). "Echoes of a dark past" is a history of maternal childhood maltreatment a perinatal risk factor for pregnancy and postpartum trauma experiences? A longitudinal study. BMC Pregnancy Childbirth, 23(1), 397. https://doi.org/10.1186/s12884-023-05714-2
- Matthews-Rensch, K., Young, A., Cutmore, C., **Davis, A**., Jeffrey, S., & **Patterson, S.** (2023). Acceptability of using a nasogastric refeeding protocol with adult patients with medically unstable eating disorders. J Eval Clin Pract, 29(1), 49-58. https://doi.org/10.1111/jep.13718
- **McKeon, G.**, & **Scott, J. G.** (2023). Smoke and mirrors: Support from psychiatrists for nicotine e-cigarette availability in Australia. Aust N Z J Psychiatry, 57(2), 169-180. https://doi.org/10.1177/00048674221126458
- McKeown, L., **Burke, K.**, Cobham, V. E., Kimball, H., Foxcroft, K., & Callaway, L. (2023). The Prevalence of PTSD of Mothers and Fathers of High-Risk Infants Admitted to NICU: A Systematic Review. Clin Child Fam Psychol Rev, 26(1), 33-49. https://doi.org/10.1007/s10567-022-00421-4
- **Taylor**, **M.** (2023). Perfect sense: The case for sensationalising telephone interventions for people with alcohol and other drug issues. Drug Alcohol Rev, 42(6), 1406-1409. https://doi.org/10.1111/dar.13668
- **Turner, K.**, Pisani, A. R., Sveticic, J., O'Connor, N., Woerwag-Mehta, S., **Burke, K.**, & Stapelberg, N. J. C. (2023). Reply to Obegi, J.H. Distinguishing Prevention from Treatment in Suicide Prevention. Comment on "Turner et al. The Paradox of Suicide Prevention. Int. J. Environ. Res. Public Health 2022, 19, 14983". Int J Environ Res Public Health, 20(9). https://doi.org/10.3390/ijerph20095726
- Woods, A., Ballard, E., Kumar, S., **Mackle, T.**, Callaway, L., Kothari, A., De Jersey, S., Bennett, E., Foxcroft, K., Willis, M., Amoako, A., & Lehner, C. (2024). The impact of the COVID-19 pandemic on antenatal care provision and associated mental health, obstetric and neonatal outcomes. J Perinat Med, 52(2), 222-229. https://doi.org/10.1515/jpm-2023-0196
- Barakat, S., Burton, A. L., Cunich, M., Hay, P., Hazelton, J. L., Kim, M., Lymer, S., Madden, S., Maloney, D., Miskovic-Wheatley, J., Rogers, D., Russell, J., **Sidari, M.**, Touyz, S., & Maguire, S. (2023). A randomised controlled trial of clinician supported vs self-help delivery of online cognitive behaviour therapy for Bulimia Nervosa. Psychiatry Res, 329, 115534. https://doi.org/10.1016/j.psychres.2023.115534
- **Byrne, G. J.** (2023). Interventions for generalized anxiety disorder. Curr Opin Psychiatry, 36(2), 134-139. https://doi.org/10.1097/YCO.00000000000000840
- Clay, S., Treloar, C., Degenhardt, L., Grebely, J., Christmass, M., Gough, C., **Hayllar, J.,** McDonough, M., Henderson, C., Crawford, S., Farrell, M., & Marshall, A. (2023). 'I just thought that was the best thing for me to do at this point': Exploring patient experiences with depot buprenorphine and their motivations to discontinue. Int J Drug Policy, 115, 104002. https://doi.org/10.1016/j.drugpo.2023.104002
- Cohn, S. L., Mohan, A., Lappin, J. M., Curtis, J., & **Scott, J. G.** (2023). Anti-N-Methyl-d-Aspartate Receptor Antibody Testing in First-Episode Psychosis: Universal or Targeted Testing. J Neuropsychiatry Clin Neurosci, 35(1), 98-101. https://doi.org/10.1176/appi.neuropsych.21080214
- Conway, A., Marshall, A. D., Crawford, S., **Hayllar, J.**, Grebely, J., & Treloar, C. (2023). Deimplementation in the provision of opioid agonist treatment to achieve equity of care for people engaged in treatment: a qualitative study. Implement Sci, 18(1), 22. https://doi.org/10.1186/s13012-023-01281-4

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- Dissanayaka, N., Pourzinal, D., **Byrne, G. J.**, Yang, J., McMahon, K. L., Pontone, G. M., O'Sullivan, J. D., Adam, R., Littleford, R., Chatfield, M., Lehn, A., Mari, Z., & Bakker, A. (2023). Levetiracetam for the treatment of mild cognitive impairment in Parkinson's disease: a double-blind controlled proof-of-concept trial protocol. Pilot Feasibility Stud, 9(1), 189. https://doi.org/10.1186/s40814-023-01406-y
- Erskine, H. E., Enright, M. E., Blondell, S. J., Shadid, J., **Scott, J. G.**, & Whiteford, H. A. (2023). Core Principles of International Research: Lessons From the National Adolescent Mental Health Surveys. J Adolesc Health, 72(1S), S15-S17. https://doi.org/10.1016/j.jadohealth.2021.05.006
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- Gardner, L. S., Tan, Z., Brown, D., Gillis, D., **Scott, J. G.**, & Prentice, R. (2023). Mental health problems associated with idiopathic anaphylaxis. Allergy Asthma Clin Immunol, 19(1), 84. https://doi.org/10.1186/s13223-023-00824-0
- Gill, S., Hussain, S., **Purushothaman, S.**, Sarma, S., Weiss, A., Chamoli, S., Fasnacht, M., Gandhi, A., Fitzgerald, P. B., Simpson, B., & Loo, C. K. (2023). Prescribing electroconvulsive therapy for depression: Not as simple as it used to be. Aust N Z J Psychiatry, 57(9), 1202-1207. https://doi.org/10.1177/00048674231183368
- Hielscher, E., **Blake, J.**, Chang, I., Crandon, T., McGrath, M., & Scott, J. G. (2023). Sense of purpose interventions for depression and anxiety in youth: A scoping review and cross-cultural youth consultation. J Affect Disord, 339, 887-932. https://doi.org/10.1016/i.jad.2023.06.022
- Hossain, E., Rana, R., **Higgins, N.**, Soar, J., Barua, P. D., Pisani, A. R., & **Turner, K.** (2023). Natural Language Processing in Electronic Health Records in relation to healthcare decision-making: A systematic review. Comput Biol Med, 155, 106649. https://doi.org/10.1016/j.compbiomed.2023.106649
- Kisely, S., Siskind, D., **Scott, J. G.**, & Najman, J. M. (2023). Self-reported child maltreatment and cardiometabolic risk in 30-year-old adults. Intern Med J, 53(7), 1121-1130. https://doi.org/10.1111/imj.15824
- Lalley, N., Jones, D., Stedman, T., & **Parker, S.** (2023). Does fundamentally altering the staffing of clinical rehabilitation services impact their function? Australas Psychiatry, 31(5), 706-707. https://doi.org/10.1177/10398562231189427
- Lupke, K., Warren, N., Teodorczuk, A., Steele, S., Kolur, U., Wand, A., Robinson, G., & **Parker, S.** (2023). A systematic review of modified electroconvulsive therapy (ECT) to treat delirium. Acta Psychiatr Scand, 147(5), 403-419. https://doi.org/10.1111/acps.13492
- Meyer, D., Sumner, P. J., Tan, E. J., Neill, E., **Hielscher, E., Blake, J. A.**, **Scott, J. G.**, Phillipou, A., Toh, W. L., Van Rheenen, T. E., & Rossell, S. L. (2023). Comparing the impact of high versus low lockdown severity on the mental health of young people in Australia during the COVID-19 pandemic. Psychiatry Res, 322, 115121. https://doi.org/10.1016/j.psychres.2023.115121
- Mihalopoulos, C., Chen, G., **Scott, J. G.**, Bucholc, J., Allen, C., Coghill, D., Jenkins, P., Norman, R., Ratcliffe, J., Richardson, J., Stathis, S., & Viney, R. (2023). Assessing Outcomes for Cost-Utility Analysis in Children and Adolescents With Mental Health Problems: Are Multiattribute Utility Instruments Fit for Purpose? Value Health, 26(5), 733-741. https://doi.org/10.1016/j.jval.2022.12.007
- Mustonen, A., Alakokkare, A. E., **Scott, J. G.,** Halt, A. H., Vuori, M., Hurtig, T., Rodriguez, A., Miettunen, J., & Niemela, S. (2023). Association of ADHD symptoms in adolescence and mortality in Northern Finland Birth Cohort 1986. Nord J Psychiatry, 77(2), 165-171. https://doi.org/10.1080/08039488.2022.2073389
- Pacas Fronza, G., **Byrne, G.**, Appadurai, K., Pachana, N., & Dissanayaka, N. N. W. (2024). Anxiety Symptoms in Australian Memory Clinic Attendees with Cognitive Impairment: Differences Between Self-, Carer-, and Clinician-Report Measures. Clin Gerontol, 47(2), 215-223. https://doi.org/10.1080/07317115.2023.2231940
- Pourzinal, D., Yang, J., Sivakumaran, K., McMahon, K. L., Mitchell, L., O'Sullivan, J. D., **Byrne, G. J.,** & Dissanayaka, N. N. (2023). Longitudinal follow up of data-driven cognitive subtypes in Parkinson's disease. Brain Behav, 13(10), e3218. https://doi.org/10.1002/brb3.3218
- Vickers, M. L., Choi, Y. K., Eriksson, L., Polyakova-Nelson, Y., Jokovic, Z., Parker, S. D., Moudgil, V., Dean, J. A., Debattista, J., & Scott, J. G. (2023). Sexual and Reproductive Health in Adolescents and Young Adults With Psychotic Disorders: A Scoping Review. Schizophr Bull, 49(1), 108-135. https://doi.org/10.1093/schbul/sbac114
- Warren, N., Freier, K., Siskind, D., O'Gorman, C., Blum, S., Gillis, D., & **Scott, J. G.** (2023). Anti-glutamic acid decarboxylase antibody screening in first-episode psychosis. Aust N Z J Psychiatry, 57(4), 603-612. https://doi.org/10.1177/00048674221089560
- Yang, J., Pourzinal, D., **Byrne, G. J.**, McMahon, K. L., Copland, D. A., O'Sullivan, J. D., Mitchell, L., & Dissanayaka, N. N. (2023). Global assessment, cognitive profile, and characteristics of mild cognitive impairment in Parkinson's disease. Int J Geriatr Psychiatry, 38(6), e5955. https://doi.org/10.1002/gps.5955

Journal Articles (RBWH staff in bold)

Meurk, C., Roberts, S., Lam, M., Wittenhagen, L., Callaway, L., Moss, K., Lucke, J., Barker, R., **Waterson**, E., Rawlinson, C., Malmstrom, N., Weaver, E., Hoehn, E., Bosley, E., Watson, S., & **Heffernan**, E. (2023). Suicide crises among women and mothers during and around the time of pregnancy: Prevalence and timing of initial contact with first responders and health services. Aust N Z J Psychiatry, 57(2), 291-301. https://doi.org/10.1177/00048674221101517

Dale, P. R., Meurk, C., Williams, M., Watson, M., Steele, M. L., Wittenhagen, L., Harden, S., Stathis, S., Scott, J. G., Kinner, S., & **Heffernan, E.** (2023). Our Ways, Your Ways, Both Ways - a multi-disciplinary collaboration to develop, embed and evaluate a model of social and emotional wellbeing care for Aboriginal and Torres Strait Islander young people who experience detention - Phase 1. Front Psychiatry, 14, 1207103. https://doi.org/10.3389/fpsyt.2023.1207103

Flavell, J., Franklin, C., & Nestor, P. J. (2023). A Systematic Review of Fragile X-Associated Neuropsychiatric Disorders. J Neuropsychiatry Clin Neurosci, 35(2), 110-120. https://doi.org/10.1176/appi.neuropsych.21110282

Reilly, J., Meurk, C., **Heffernan, E.,** & Sara, G. (2023). Substance use disorder screening and brief intervention in routine clinical practice in specialist adult mental health services: A systematic review. Aust N Z J Psychiatry, 57(6), 793-810. https://doi.org/10.1177/00048674221148394

Keynote or Plenary Lectures given in 2023

Date	Title	
2023	The role of mental health services in supporting police negotiators. Queensland Police Service Negotiator Supervisor Validation Course, The University of Queensland, Gatton Campus (Invited Presentation)	Ed Heffernan
2023	Police and Mental Health: Collaborating on First Responses. Court Liaison Symposium, Brisbane, Queensland	Ed Heffernan
2023	Mental Health and Mental health Liaison Services, Police Negotiators Training Course, Gatton, The University of Queensland Gatton Campus, Queensland Police	Ed Heffernan
2023	Military and Veterans' Mental health Research Stream (QCMHR). UQ Defence Health Research Forum May 2023, The University of Queensland, St Lucia.	Ed Heffernan
2023	Suicidality amongst current and ex-serving ADF members in contact with Police. New Horizons, Connected Futures. RANZCP Congress 2023, Perth, Western Australia	Ed Heffernan
2023	Trauma and management of Trauma in the Criminal Justice System. Queensland Magistrates Conference, Brisbane (Invited Presentation)	Ed Heffernan
2023	The Need to Rethink Mental Health Care for Aboriginal and Torres Strait Islander Youth in Detention. New Horizons, Connected Futures. RANZCP Congress 2023, Perth, Western Australia	Ed Heffernan
2023	Suicidality amongst current and ex-serving ADF members in contact with Police. New Horizons, Connected Futures. RANZCP Congress 2023, Perth, Western Australia	Ed Heffernan