

# Telehealth Settings

## How to change camera or sound settings on a videocall

This is an Easy Read guide.

It is about using **telehealth**.

Telehealth is when you use video calling to get health care.

We explain how to

- check the settings on your video call
- use the microphone and camera.



### Handy Hint...

Use headphones or earphones to get clear sound.  
Connect your headphones before your appointment or test call.

## Step 1.

There are 3 dots on the screen.

They are at the bottom on the right.

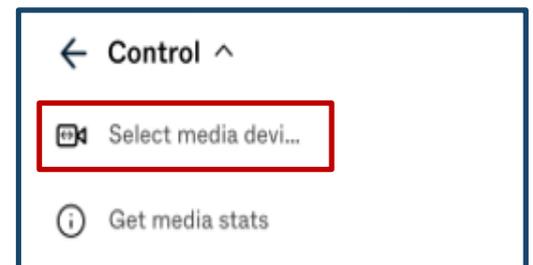
Move around on the screen until you see them.



## Step 2.

Tap or click on the 3 dots.

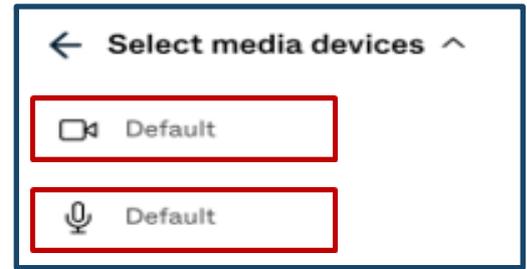
Choose 'Select media devices'.



### Step 3.

Tap on the camera icon to see the camera options.

Or tap the microphone icon to see microphone options.

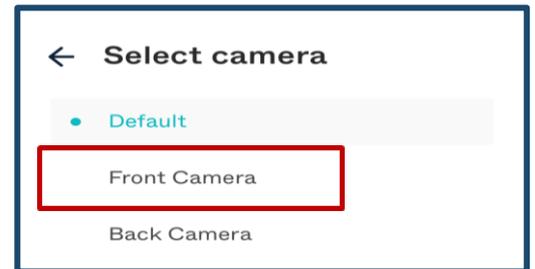


### Step 4. (Camera)

Tap on 'Front Camera' so the health worker can see you.

Tap 'Back Camera' if you want to show something like

- a wound
- medication
- or something else.



### Step 5. (Microphone)

Tap to choose the **microphone** you want to use.

Use the microphone so that other people can hear you speak.

