

Telehealth - Sharing Content

How to share a file or photo

This is an Easy Read guide.

It is about using **telehealth**.

Telehealth is when you use video calling to get health care.

In a videocall you can share information with your health professional.

We explain how to share

- a file
- a photo.

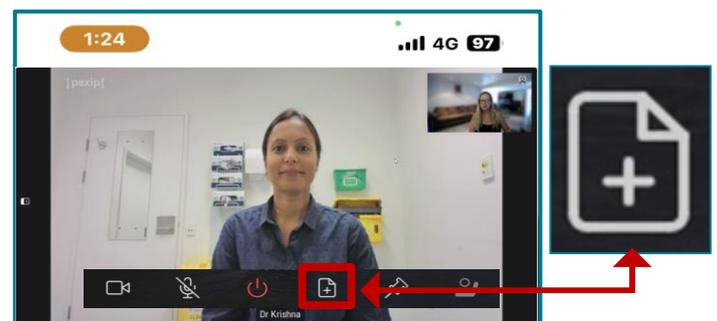
Step 1.

Look for the icon that looks like a piece of paper with a plus (+).

If you cannot see the icon

- move your mouse
- or tap the screen and the area will appear.

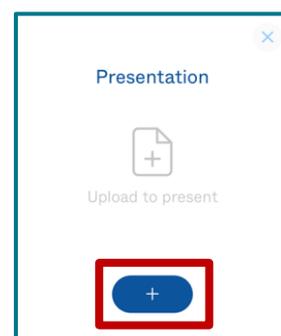
Tap or click on the + icon.



Step 2.

Look for the plus icon that appears on your screen

Tap or click on the + icon.



Step 3.

Choose the file or photo you want to share.

Then choose

- 'add'
- 'open'
- or 'done.'

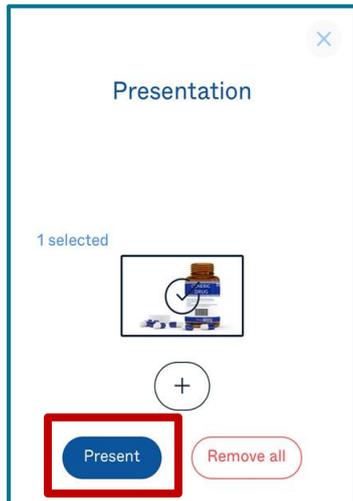
Step 4.

You will see a small version of your file.

Check it is the right file.

If it is the right one, choose 'present'.

This will share the file or photo with your health professional.



Step 5.

To stop sharing, tap or click on the same + icon.

If you cannot see it

- move your mouse or tap on the screen.

The area with the + icon will appear.

