Aboriginal and Torres Strait Islander

## Healthy Ageing Clinic (HAC)



The Aboriginal and Torres Strait Islander Healthy Ageing Clinic (HAC) provides specialist geriatrician services on Brisbane Northside for Aboriginal and Torres Strait Islander people over 50 years of age.

The clinics are delivered at Moreton Aboriginal and Torres Strait Islander Community Health Service (MATSICHS) in collaboration with Metro North Health.

HAC provides specialised care in a culturally safe environment for Aboriginal and Torres Strait Islander older persons with chronic or complex conditions relating to ageing, frailty, disability, and cognitive problems.

## This includes:

- Cognitive and functional assessment
- Restorative care assessment
- Comprehensive geriatric assessment
- Dementia diagnosis and management
- Falls risk assessment and management
- Polypharmacy















 Patients 50 years of age and older who identify as Aboriginal and/or Torres Strait Islander.

• Immediate family members (even if the immediate family member does not identify as Aboriginal and/or Torres Strait Islander) defined as spouse, partner, sibling, parent or child of someone of Aboriginal and/or Torres Strait Islander background.

## How to access this service

Access to HAC can be by a referral from your GP through to a Metro North Hospital and Health Geriatric Service.

HAC clinics available every Tuesday from 9am – 4.30pm.

For further information contact Caboolture Satellite Hospital on (07) 3049 9755.

## Clinic locations

Moreton Aboriginal and Torres Strait Islander Community Health Service (MATSICHS).

MATSICHS Caboolture 5 James Street, Caboolture Phone: (07) 5428 5855.

MATSICHS Strathpine 496-498 Gympie Rd, Strathpine Phone: (07) 3897 0500.