



OUR WORK TOWARDS HEALTH EQUITY

Metro North Health

Messages in a Coolamon

Metro North Health Equity Community Consultation

10th of April 2025

** Please note the messages in a coolamon are typed as written by the individual**

- The Ngarrama pregnancy story presented by Leesa was truly beautiful. It demonstrated how a co-designed model can be hugely successful.
- Well, done, Great Day.
- Happy with the day. We could do more sessions on these different areas of health.
- Was a great day.
- Powerful and thought provoking. Yarning circles were excellent!
- Community voice is great. I wonder how we can get Elders support to avoid single issue individuals hogging the voice.
- Always be respectful.
- Very great and exceptional. Should be more options.
- It's been another wonderful event. Fantastic hearing and listening and sharing stories from Elders and community.
- We will close the gap if we continue to listen and work together.
- Transparent and open. Truth telling and solution focused.
- Information gathering has been great for people without connection to culture.
- The power of words. Such as the Health Equity Movement! More language from a positive stand point.
- "You have to learn in our Ways!" – From Uncle in KPA 5
- We have to keep working on community trust.
- Our Mob always been here, See, Hear, Believe.
- Health journey beginning with coming together as a family, truth telling, honest conversations.
- Deadly, Thanks Metro North!
- Deadly Leadership Team. Keep supporting our mob to have the voice to determine best practice! Beautiful stories told around best practice.



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- Great Day! Loved having the key speakers, Thank you, also hot food please.

- Great Day. Great to see Executives in the yarns listening. Great space. Great community input. Murri needs hot food.
- Longer day. Allow participants to attend more than one yarning circle during the day.
- Thank you for an informative day. Perhaps more involvement from community and longer yarns would have been useful.
- Great representation from community would be good. Elder presentation or yarn.
- Elders are a very important part of the process. Great to see so many Elders here today. Thank you.
- Deadly Day! Loved hearing from mob.
- As an ally it was an honour and privilege to be invited. So much depth, knowledge and hope was expresses today, I hope we can turn it into meaningful change!
- Listening is key, but actions are power!!
- Need to make VCCAR mandatory training.
- Great Work! More breakout sessions for the KPAs.
- Great event. Great info. Great networking opportunity.
- Keep the strength Strong!
- Thank you keep supporting each other,
- A very good first health equity event experience.
- So wonderful, great to see so many people.
- Acknowledge and respect for everyone. Systematic – more cultural awareness.
- Everything I heard today – too systematic.
- I love these days as an ally, I learn so much,
- Nice to share stories. Needs sweets for cuppas. Wasn't happy that the birth services got cut off. Yarning circles need better control for timing.
- Enlighten. Hopeful. Collaboration.
- Thought provoking experiences.
- More support in community for mental health.
- Always enjoy coming to these events, seeing so many community is wonderful. Keep up the great work!
- Lots of talk about needing more black staff, where is the funding to do this?
- Approach to First Nations health care and models of care need to change.
- When will we close the gap?



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- Really good bit I only got to 2 yarning circle sessions, would like to go to more, very informative.
- Need more staff on the ground.
- Longer consults for listening, processing then questions, Culture takes time to come forward and be expressed.
- Layla always knows what to say, I watch her connect with everyone, relationships and trust are everything, Layla is strong connected and we trust her.
- Get back to cultural ways, to non-Indigenous systems today.
- Productive.
- Love, respect, learning and listening.
- Aboriginal and Torres Strait Islander Health Equity Community Consultation Day was deadly! Thank you.
- Rachel, wow, hard story to share but so powerful, you are brave and strong, Great connection between Rachel and Layla.
- Senior staff need to know and understand what workload the IHLO have and to assist to improve and acknowledge their workload.
- Lovely.
- Inspiring.
- It is an honour to partnership with Metro North Health to improve health equity – QAS.
- Please allow more time for the yarning circles. Valuable conversations which were often cut short.
- Deadly Day, Brilliant consultation with Elders, community, and stakeholders. Would love to hear or present statistics of where we initiated the concept to now.
- Thank you. Each meeting I learn so much more.
- We need to have culturally safe mindset from the moment the end-user arrives at the door.
- I am so thankful for the opportunity to be invited and to be a part of this journey. Thank you for the Aboriginal and Torres Strait Islander Elders, leaders, and performers. I always learn so much more here.
- We need to get better at bringing community support into the Healthcare system to walk alongside Aboriginal and Torres Strait Islander patients.
- I found this meeting very good, understanding and I learnt a lot. The staff were caring, and the meals was delicious.
- Was good day. Very informative. And recognises gaps we can work towards fixing.
- Aboriginal and Torres Strait Islander people coming together gives us strength to make a difference and be a part of creating change.



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- More employment for Indigenous Staff as well as extra training.
- Well, done! Excellent program, keep up the good work.
- Great sessions as usual. However, it would have been ideal to capture what has worked, what has not worked and overview of new actions for each KPA.
- Good to meet colleagues and hear amazing stories.
- Love, understanding, joy, sympathy, peace, mindfulness, self-control.



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