



Supporting others in their grief

FREE WORKSHOP

Are you supporting someone who is grieving the death of someone important to them?

Not sure how you can help them?

Looking for tips on what to say and what to do?

If you answered yes, this workshop is for you.
We will answer these questions and more.



When: 2/9/2026

Time: 0900-1200

Where: Brighton Wellness Hub
(Cnr Nineteenth Ave, Brighton 4017)

Scan QR code to register or click [here](#)

Places are limited to 32 people so get in quick!

The workshop will be facilitated by Kylie Whyte, Grief and Bereavement Co-Ordinator. We will also be joined by someone who is grieving. They will share what support has helped them.

For more information call 3049 5733.